A RICH STOREHOVSE, OR Treasurie for the Diseased.

WHERIN, ARE MANY APPROued Medicines for diuers and sundry Diseases, which haue bin long hidden, and not come to light before this time.

FIRST SET FOORTH FOR THE great Benefit and Comfort of the poorer sort of People that are not of abilitie to go to the Phisitions, by A. T.

And now newly Corrected, augmented and inlarged, by G. W. Practicioner in Phisicke and Chirurgerie.

¶ AT LONDON,
Printed by Ralph Blower, and are to be solde by VVilliam Barley at his shop in Gratious Streete. 1601.

To the Right Honorable, Sir William Rider Knight, Lorde Maior of the Citty of LONDON.

IT hath bin, and is (right Honorable) a lawdable Custome in this Cittie, that at the entring of any Lord Mayor into his office, not onely his familliar ffriendes & acquaintance, but also of euery Fraternitie, some selected Men should present his Lp. with one Guiste or other: Whereby they do not onely Congratulate with him, his late increase of Honor; but also those Presents are as tokens, or earnest pence of their yeelding duty and obedience vnto his Lordeship during his Office. In like sort, I my selfe (though one of the poorest, yet a Cittizen, and none of the least in humble Obedience, & dutiful good meaning towards your Honor) being not furnished with any good thing worthie presenting at your Honors first entrance, am now imboldened towardes the expiration of your yeere, to present your Lordeship with this

booke, intituled, *A Rich ſtorehouſe, or Treaſory for the Diſeaſed*, A Booke (Right Honorable) very neceſſary, and conuenient to be vſed of the poorer ſort of people (for the preſeruatiõ of their health) that are not of abilitie to go to the Phiſitions, & I aſſuring my ſelfe, that your Lordſhip both hath and wil vouchſafe to be a protector of the poore peoples profit and good, both in health & welth (the ſame comming by chaunce into my handes) haue thought it good to publiſh it vnder your H. name, whoſe Authority beſt may countenance the ſame, and whoſe curteous admittance ſhal be a ſufficient guerdon of my dutiful good meaning herein; If my Worth were beter, my Duty would ſhew greater: in the meane time, as it is, it is bounde to your Lordſhip, to whom I wiſh long life, ſtil lengthened with all Happines.

Your Lordſhips in all duty,

RALPH BLOVVER.

DIVERS & SVNDRY GOOD INstructions and Rules of Knowledge, very meet and conuenient to be obserued and known of al such as are the true Practisers of Phisick and Chirurgerie: & also concerning the vse of Bloud-letting and Purging, and of the Commoditie and discommoditie, that oftentimes springeth and commeth thereof.

FORASMVCH as Health is profitable and pleasant to all men, since that al men do cõtinually wish and pray, either for the restitution, or continuance of the same: and how that it is the propertie of Nature, onely to fight and striue against all Diseases, and also how that the Phisition is but the Minister and Seruant of Nature, eyther to apply such thinges toher, as may be vsed to destroy the disease withall: or else by taking away the greatest part of ỹ same matter, which causeth and maintaineth the Sickues: and therefore it is very meet and necessarie for euery Phisition, that before such time as he do minister any thing at al to the Sick Person, Diligently to learne, and perfectly to search out, both the Originall & principall cause of the Disease: in which if he be ignorant, then is it more by good fortune, then by any Cunning or Skil, that he do euer cure any maner of disease at all. For how is it possible to help Nature with that thing which she hath nede of, except it be first of all known what she needeth: which none can perfectly know, except the chiefe cause of the disease be first manifestly known vnto him, insomuch that he may minister things directly, contrary to the cause of the same Disease. And therefore I do greatly lament the ignorance of the Common sort of People, who for the most part are perswaded, that one Medicine is sufficient for one

diſeaſe, and not regarding, that one diſeaſe may come of ſundrie cauſes: and therefore it doth neceſſarilie require diuers medicines, as for example. Weaknes of the ſtomack, (that it cannot digeſt wel, or that it hath no good appetite) is a diſeaſe which may come a dozen ſeueral waies at the leaſt: therfore the Cure of it cannot be alwaies with one medicine. As alſo, if that weaknes of the ſtomack do come of a weake diſtẽperature of it ſelfe onely, then it muſt of neceſſitie be made hote by ſome meanes: but if ỹ heate be the cauſe of weaknes, then it muſt nedes be coled with ſome colde medicine that is met for it. So that you muſt be ſure alwaies, to moiſten drynes, and dry moiſture. But if weaknes do come of ſome ſuperfluous humor that doth aboũd, which hath flowed into the ſtomack, or hath bin there engendred: then muſt that ill humor of neceſſitie be purged out, eyther by a Vomit, or elſe a Purgation with a meete medicine for it: and if that it be Flegme, then it muſt be holpen with a medicine that expelleth Flegme. But if Choller be abounding there, then muſt be vſed ſuch a medicine as doth purge Choller. And likewiſe for Melancholie, a meet purgation muſt be vſed to expel the humor: but if the imbecilitie of the ſtomacke be cauſed by a Diſtillation, and Rheume that falleth out of the heade into it, then is the cure to be remedied in the head, and not in the ſtomack. Likewiſe if ỹ diſtẽperature of ỹ Liuer or Spleene, do weaken ỹ ſtomack: then the Cure thereof conſiſteth onely in the healing of thoſe Members, and not in miniſtring any thing for the ſtomack.

Therefore let no man think it ſufficient for the Phiſition, if he perfectly know that a man hath ſuch a Diſeaſe: as the Ague, the Collick, the Flix, or ſuch other like &c. that then he may preſently (if he be Skilfull) miniſter a medicine meet for it: No not ſo, but he muſt firſt ſearch out by all meanes poſſible he may, the very cauſe it ſelf of the diſeaſe, the which many ignorant people do perſwade them ſelues, that a ſkilfull Phiſition may do in all diſeaſes, by the ſight of the Vrin onely. But alas, they are altogether deceiued: and as for to come to the knowledg of the cauſe of ſome inward diſeaſes of the body, the Vrin profiteth nothing at all: for in moſt inwarde Diſeaſes of the body, there ought as great a regarde to be taken of the Pulſes, and of the diſpoſitions

and

and state of the Braine of him that is sick, as there should be had of the Vrin it selfe.

Also the Egestions, Sweat, Spettle, and other Excrements, are not to be neglected, insomuch that at some times they do declare the cause of the disease, and the state therof, when the Vrin doth not shew any thing at all.

Likewise for Example, In a Pluriſie, or an inflamation of the Lungs, or in a Squinancie, or such like, there is much more to be known, by Spettle then there is by Vrin.

Moreouer, in a Lask, or in a bloudy Flix, or in a Collick, or Ilake, there is more certaintie of iudgment to be giuen by Egestion or Ordure, then there is by Vrin: which things, those that are not altogether addicted to their owne fantasies, may easily by good reason be perswaded to credit: for Vrin is nothing elſe, but the Materie and Washie part of the Bloude, for it is separated from bloud in the Liuer, and sucked from thence into the Reines, from whence it distilleth down into the Bladder, and so passeth forth. Seeing therefore that Vrin is the excrement that is sepe rated from the Bloud: there is good cause why it should shewe the state of the Liuer, and also of the bloud in all parts of the body, and it can likewise declare the sal state of al the members which it passeth by: as of the Reines, the Bladder, and such like.

But certainly in other diseases that be out of the Reines, & be distant from the places by which the Vrin passeth. There is no certaine iudgment to be giuen by the Vrin, vnlesse the vehemencie of the Disease haue infected eyther the Bloude or the Liuer after some sort: Yet neuertheles, such is the ignorance of many people, that they think him worthy of no Estimation in Phisick, which cannot at the first sight of the Vrin, (although it hath bin carried twentie miles) tel whether it be the water of a man or a woman, and how the disease greeueth the patiēt better then himselfe, and whether he shal liue or die, what Disease soeuer it be, which things vndoubtedly in diuers diseases are impossible to be known by the onely sight and inspection of the Vrin.

Therefore it is very necessary for them that wil take vppon them to minister phisick, duely and rightfully (amongst other things) to obserue wel these foure rules following. Viz.

1 To see the sick Person, & to conferre with him or her which

soeuer it be, for there is none that can so well declare any griefe (whatsoeuer it be) as he can that is troubled therewith.

2 To view and feele the Pulles, and to obserue wel the state of them.

3. To view verie deligently all the excrements, not onely the vrine, but also the Spettle, Sweat, and Ordure.

4 And last of all, to haue a respect to the place where the griefe is, and to consider well the accidents that do arise thereof, not omitting to know the former diet and course of life, which the sicke person hath vsed.

These things then being deligently and seuerally marked, the Phisition may more certainly learne the chiefest cause of the disease, the strength thereof, and to what end it will come vnto, then by seeing the Vrine onely, and also by what means he may minister a meete medecine for it, whereby the sicke person may soone finde ease, and he purchase vnto himself exceeding great fame.

Thus haue I partly declared, what things ought to be known of euerie Phisition, that thereby he might withdraw and take away the fond and foolish opinion, that a great number of people do deeme to be true, that is, that the sight of the Vrine is sufficient inough, for a cunning Phisition, perfectly to know the disease of the sicke, and the true cause thereof, and to minister apt medecines for it. And now I cease to speake any more hereof, but I will as briefly as I may, entreate somewhat of the vse and benefit that doth arise and come, of Bloud-letting and Purging, and I would wish all those that do practise the same, to be carefull thereof.

The vse of Bloud-letting, and of the commodities thereof.

FIRST it is to be noted, that if the bodie of a man do abound with humours, which are readie to oppresse nature, then whether there be any sicknes in the bodie present, by meanes of them, or if there be but danger of sicknesse, those humors must

must be euacuated out of the bodie, either by Bloud-letting, Purging, Vomit, Sweating, Bathes, or else by some other kinde of euacation. But I will speake here onely of euacuation by Bloudletting and Purging, and first of all of Bloud-letting.

There bee diuers things to bee considered of, before Bloudletting, as the age of the patient, the complexion, the time of the yeare, the region, the custome, the strength, and the vehemencie of the disease.

1. The age must bee considered, because children vnder 14. yeares of age, and olde folke may not be let bloud, vnlesse great necessitie require it.

2. The complexion is to be noted, because a hote complexion hath large veines, and aboundeth with much bloud, and they may therefore forbeare a good quantitie of bloud: But cold complexions haue narrow veines and little bloud, and therfore their euacation must be small.

3. The time of the yeare must be verie well marked, that the weather bee not too hotte nor too colde, and therefore the spring time, is the most apte time for Bloud-letting, because that then it is temperate.

4. The region and countrie is to be spoken of, because it is to be noted, that if the region be verie hote, or else verie colde, it is not good to let bloud, but a temperate Region is most meete of all for it.

5. Custome is not to bee neglected, for therby we may know that they that haue been accustomed to bleed, may better suffer Bloud-letting, then those that were neuer letten bloude at any time before.

6. The strength of the person must be regarded, for if there be great weakenesse, then is it verie daungerous to let blonde at all, except great necessitie compelleth.

7. Also the vehemencie of the disease is worthie to bee marked: for if it be a vehement disease, then you must let bloud forthwith, if the former circumstances will permit it.

These things being considered, if they will permit Bloudletting, and if it be in a needfull cause, then it shall bee verie necessarie to knowe what signe the Mone is in, for you must take

heede that she be not in the signe that gouerneth that member, wherein you intend to open the Veine, and also to foresee that she be in such a signe, as is good to let bloud in.

For the vses and commodities of Bloudletting, are against these diseases that are here expressed.

1. This is a generall rule, that Bloudletting is a very good remedie for all diseases that be engendred of aboundance, flowing or eruption of Bloud, as bee chiefly the Feuers, called Sinochy.

2. Also the Phrensie, Squinancie, Plurisie, Peripneumony, Opthalmie, and against all inflamations, and impostumations, engendred of bloud in the Liuer, the Spleene, the Reynes, the Wombe, the Share, the Arme-holes, the Armes, the Legges: and to conclude, in all inward and outward partes, whersoeuer the inflamation be: Bloudletting is good for it, whether it bee nowe present, or that there be any daunger, that it will shortly engender.

3. Also Bloudletting is good in Feuers, whether they be continuall or intermittent, insomuch that the obstructions and stoppinges of the Veines, bee caused of immoderate repletion of the humours.

Note also, that Bloudletting doth emptie, and euacuate from the bodie, all humours alike, as well the good as the bad.

And therefore it is chiefly to be vsed, when there is too greate an aboundance of bloud in the bodie and other humours, which do straine the Veynes, and that there is great danger & ieopardie in breaking of some Veines, or the bursing out of some flure of blood, or of choking, and to extinguish naturall heat. And therefore in such cases, you must let blood with all speed, although the sickneese be not alreadie present.

For by letting of bloud in due season, the superfluous fulneese of the Veines, is brought into a meane state againe, and the paines that came of the fulneese and stretching of the vessels, bee eased: and the heauines that was felt in the bodie, is cleane taken away, and the bodie is lightened, and made more quicke and nimble, to do all such actions as nature hath ordained it to do.

Also

Also it causeth nature to haue a larger scope, and a free passage by opening and emptying of the straight waies and passages of the Veines and Arteries.

Last of all, if it be done in time, it preuenteth diuers and sundrie diseases, into which the bodie was both apt and readie to haue fallen.

Many more commodities might here be rehearsed as concerning Bloudletting, which is done when necessitie requireth, and as it ought to be done: but to conclude (omitting all other) Note this for a generall rule, that Bloudletting is very good against all kinde of diseases, which be caused and engendred of bloud, and not onely, when the diseases are present, but also it is good letting of bloud, to preuent any such diseases, if they be foreseene or feared, alwaies regarding that there be none of these impediments aforesaide, which do prohibit and forbid Bloudletting, except it be in great necessitie and extremitie, for then as the common prouerbe is, Necessitas non habet legem, that is: Necessitie hath no lawe.

Here would I leaue off to speake of Bloudletting, but that there commeth into my minde, the common opinion of the ignorant people, which do certainly beleeue, that if any person be let bloud one yeare, that he must likewise be let bloude euery yeare againe, or else he is in (I cannot tell) how great daunger: which fond opinion of theirs (whencesoeuer it sprung at the first) is no more like to be true, then I should say, when a man hath a great wound by chance, in any part of his bodie, whereby hee loseth much bloud, and that after it is healed, he must of necessitie haue the like wound againe the next yeare, to auoyde as much bloud, or else he is in daunger of great sickenesse or of death. Which opinion, if I my selfe did affirme it to be true, (although it be most false) yet I might vse the like reason and authoritie to defend it, that the common people do vse for theirs: for they can say nothing, if they be asked why they doe thinke so, but that they haue heard many say so. Therefore I woulde wish that no man should credite any longer this fond and foolish opinion, being most false, vnlesse he could shew good reason for it, which I am very well assured of, no man can do.

Many

marie this I thinke, that like as Bloudletting is not good against all diseases, so also it is not good in all persons, but only in those that will be content to vse afterward a moderate and conuenient diet.

Those therefore that do abound in blood, and will be let bloud to preserue themselues from the danger of any disease, which is like shortly to ensue and molest them: They must for a long time after, be content to vse a moderate and conuenient diet. For those that be vntemperate and gluttons in meates, or are great drunkerds, and wine-bibbers, they do not onely receiue no commoditie at all by Bloud-letting: but also often times they catch more hurt by it, then they should haue had without it, for in three or foure daies space after, they fill and stuffe themselues with more raw iuyces and humours, (by meanes of immeasurable diet) then they had before, and oftentimes they doo die through conuulsion.

And therefore note that there is such force and vertue in a moderate diet, to eschue and decline diseases, that without the due obseruation of it, Bloud-letting is of no purpose at all. And therefore if the common saying of the people be true in any bodie, that they must of necessitie be let bloud often, it is verie true, but it is in such as keepe an immoderate diet, presently after Bloud-letting, and therefore I doo aduertise all men, to beware of excesse in eating and drinking after Bloud-letting.

Note also, that after Bloudletting none ought to walke very fast, or to runne, or to vse any vehement exercise, but let him be quiet and rest himselfe, vntill such time as his spirits shall be well refreshed and quieted againe.

Note also, that no person being let bloud, ought to sleep immediately after Bloud-letting, but let him keepe himselfe both quiet and waking, and auoyding all contention and exercise of bodie and minde, and about two houres after letting of bloud, there may a little food be taken, but let it be such as will make good iuyce and nourish apace, and within foure or fiue houres after Bloudletting, or somewhat afore, the patient may be permitted to sleepe, so that it be prouided for, and taken heed of, that hee do not turne himselfe vpon that arme, where the veyne was ope-

ned

ned, and let him also take good heede that hee do not loosen the band, and so let the blood flow out againe, & let him afterwards vse a sparing diet, daily encreasing it by little and little, vntill such time as he be come to his accustomed ordinarie diet againe.

And note also, that the morning is the most méetest time of all for bloud letting, when euerie digestion is perfectly finished, and the superfluities and excrements of each of them fully auoyded out, which things of necessitie must be foreséene, that they be so, Or at the least in a time of great extremitie, the next apt time to let bloud in, is when the stomache is somewhat emptie, and that is about fiue or eight houres after meate.

Thus much I haue entreated of as concerning Bloudletting, and now I am purposly minded to speake somewhat of the vse and commodities that come of Purging.

The vse of Purging, and the benefit that oftentimes commeth thereof,

FOr as much as it is verie necessarie to be vnderstoode of all persons, that euerie kind of Purgation, hath that secret vertue and propertie in itselfe, that when it is receiued into a mans bodie, and prouoked to exercise the vertue that it hath by naturall heate labouring to digest it, then doth it drawe vnto it all such humours, as it hath vertue and power to purge.

And therefore a Purgation is an euacuation of vicious and corrupt humours, which do oftentimes trouble and molest the body, but not of all corrupt and bad humours alike.

For euerie Purging medecine, doth drawe vnto it selfe one peculiar and proper humour (that is) either Flegme or Choller, or else melancholie or watrie humours.

And therefore these persons that be perfectly in health, ought not to take a Purgation, since they do do not abound with corrupt humours, wherefore in those, when the medecine findeth no such superfluous humors as it hath vertue to drawe, it consumeth and

waſteth the bloud & the fleſh: and for y cauſe, whole folkis are not to be purged by Purgatiõs, but rather cõfounded & waſted: for it is manifeſt hereby, that Purgations be verie daungerous to them that are in perfect health, which thing is teſtified alſo of Hypocrates in the 37. Aphoriſme, of his ſecond booke, where hee ſaith after this ſort, Qui corpore bene ſe habent hos purgare periculoſum eſt, (that is) it is daungerous purging of thoſe that be in perfect health.

Alſo becauſe euerie purging medicine hath vertue to drawe one peculiar humour, there is good heed & care to be taken, that ſuch a medicine be miniſtred as hath vertue to drawe out the humour abounding, and none other, or elſe in ſtead of much good, that of it ſelfe it would do, if it were conuenientlie miniſtred: it may contrariwiſe do exceeding great hurt, and worke many inconueniences to the bodie. And according to the ſaying of Hypocrates in the laſt Aphoriſme of his firſt booke, in this manner. Si qualia oportet purgari purgentur, confert, & facile ferunt, difficulter, that is, if ſuch things be purged as ought to be, it profiteth, and may eaſily be ſuffered, but if it be contrariwiſe, it hurteth and may ſtarcely be borne.

Therefore there ought deligent care and heed to be taken in the receiuing of a Purgation, that it be miniſtred by a ſkilful Phiſition, that hath certainly found out what humour it is that aboundeth.

But alas the greateſt number of the common ſort of people, do hold an opinion that if they may haue a medicine for a little money, which will prouoke them often to the ſtoole, what humor ſo euer it be, and purgeth out, they perſuade themſelues that they are ſafe inough: howbeit I would with them hereafter alwaies to haue in minde this ſaying of the moſt excellent Phiſitiõ Hypocrates in the xxvii. Aphoriſme of the firſt booke, Dejectiones non multitudine ſunt eſtimandæ, ſed ſi talia deijciantur, qualia conueniunt, that is: Egeſtions are not to be eſteamed for their great quantitie, but if ſuch bad humours be purged out as they ought to be (that is) ſuch vicious & corrupt humours as do abound, and be ſuperfluous in mans bodie, then is the bodie quieted for a long time after, if it be dieted as afore ſaid.

There-

There be diuers things chiefly to be considered of by euerie Phisition, before such time as he do minister any Purgation to the sicke person: as the qualitie and quantitie of the humour, the strength of him or her that is sick, the age, the time of the yeare, and lastly the disease.

1. The qualitie of the humour is greatly to be considered also, that thereby he may perfectly know what kinde of humour is to be euacuted and purged out, for it must be onely that which troubleth the bodie, with superfluous aboundance thereof.

2. As if great aboundance of flegme do molest and trouble the bodie, then he must of necessitie minister a medicine which purgeth flegme, and so likewise for all other humours whatsoeuer, abounding in any part of the bodie,

3. Also he that doth vndertake the ministring of any medicine, ought to haue great respect to the strength of the sicke or diseased person; for if he be verie weake and feeble, there ought no Purgation at all to be ministred vnto him, because all manner of Purgations do both weaken nature and diminish strength, and the stronger the sicke person is, the more he is weakened thereby.

4. Let all men therefore beware of vehement and strong purgations, least they put their liues in hazard and daunger. Therefore by the age of the Patient, the Phisition is put in mind, that children and old men ought not to receiue any purgation, except maruellous great necessitie do require it.

5 The time of the yeare is not to be neglected, for there be some times of the yeare wherein purgations ought not to bee ministred, as in Sommer, and especially during the time of the Dog-daies, as they are most commonly called, and also during all the time that the Sunne is in Leo, for then is nature burnt vp, and made so weake withall, that she is not able to suffer the force and violence of a purgation, but the Spring time is the most meetest and principallest time in all the yeare, for the taking of purgations, because it is then temperate. Last of all, the Phisition ought diligently to behold and contemplate the disease, that he knowing certainly what kinde of disease it is, he may the more better find out of what humor it is caused, As for example.

If the Phisition do perceiue the disease to be a tertian Feuer, straightway he knoweth that it is caused of great aboundance of choller, and therefore hee must of necessitie minister a meete medecine to purge choller withall, and so likewise in all other diseases.

Note likewise, that if there be none of the impediments aboue named, a Purgation is good to be ministred to al such as haue abundance of euill iuyce or corrupt humours in the bodie, for it draweth out all the bad humours that do molest the bodie, and therby doth restore it to his owne estate againe.

But if a Purgation be ministred eyther to one that needeth it not, or at an inconuenient time, or that it be such a medicine, as draweth not out the humours which then aboundeth, for if the medicine be vehement and verie strong, it will surely put the Patient in great daunger of his life.

These things therefore ought to be well taken heede of by all men, least they catch great hurt, when they hope for some great profit.

But if a Purgation be discretly ministred to him that hath néede of it in due time, and by an apt and meet medecine, which is of that force and abilitie, to drawe out the abounding humors in sufficient quantitie. then doth the medicine purchase most singular great commodities to the bodie, for it euacuateth and emptieth out all the chiefest causes of the diseases and sickuesses, eyther present or else to come, being engendred of any superfluous or corrupt humour, as are most commonly Feuers Tertian quartaines, quotidians, or Fluxes, and are caused of raw humours or sharpe choller, Dropsies, Goutes, Palsies, Litargies, and diuers other &c.

Note also, that before a Purgation be ministred, there ought a medicine to be taken, which should prepare the bodie, and make it apt to purge, and therefore it is called a preparatiue, it is giuen for two causes, either to diuide, extenuat, and make them grosse and clammie humours, that they may be readie to flowe out, when the medicine draweth them, or else it is giuen to open and vnstoppe the conduits and vessels of the bodie, by which the Purgation must drawe the superfluous humour to it.

And

And this is that which Hipocrates doth counſaile in the firſt Aphoriſme of his ſeconde booke, where he ſaith, Corpora cum quiſque purgare voluerit, opportet fluuia facere, that is, when any man will purge the bodie, he muſt make it flowing, by opening and vnopening of the veſſels.

The moſt meeteſt time of all to receiue a Purgation is in the morning, for then are all the digeſtions perfectly finiſhed, and the ſtomacke is without meate. There is alſo great heed to bee taken in what ſigne the Mone is in, before ſuch time as any Purgation be miniſtred, for ſome ſignes are very good for it, and other ſome are euill. Therefore I would wiſh all ſuch as doe take vpon them the miniſtring of any Purgation, to haue great regard before they do miniſter it, of the ſicke perſon, the time, and the place greeued, and alſo to marke well all ſuch things as are before rehearſed, leaſt that they doe more hurt thereby in one day to that ſicke perſon, then they are able to do him good in a whole yeare, and yet they may doe it of meere ſimplicitie, not knowing themſelues what they haue done, neyther are they able to cure the ſame wound which they themſelues haue made.

A Purgation muſt be taken hotte, for ſo it offendeth the ſtomacke leaſt, and it will worke the ſoner.

Alſo thoſe that are apt to vomit, and are not able to endure the ſmell of the Purgation, let them ſtoppe their noſethzilles, or elſe let them ſmell to ſome odoziferous thing, when they are about to take it, and aſſone as it is taken, it is good for the Patient, to ſmell to a toſte of browne bread dipped in Vineger, and to applie warme Clothes to the ſtommack, & to waſh the mouth preſently after that it is taken, with ſome odoziferous Wine, or elſe to chew ſome ſweet and pleaſant thing to take away the bitter taſt or ſmell of the Medicine, and ſo by this meanes Womiting ſhall be eſchewed.

Note alſo, that for the ſpace of one houre after that any Purgation is miniſtred to any ſick perſon: let the patient ſit ſtille be quiet, and (in any caſe) let him abſtaine from ſleepe, for foure or fiue houres after, whereby the ſtrength of the medicine may the better paſſe into all partes of his body: but if the Purgation

do worke but slowlie, then let him walke vp and down for a good space after, if he can, & when it worketh perfectly, then let there be great care of sleep taken, (as afore said) for thereby the Operation of the Medicine would be some stopped, and the Patient brought into grea' daunger.

Likewise, in the time of purging, immoderat heat & Colde are to be eschued: and therefore a great fire is necessarie, inasmuch as the colde and open ayre are both hurtfull: for the Body must be kept in a temperat heate.

Moreouer, after that the Purgation hath done working, the patient must be nourished with a meane quātitie of warme broth, that will breede good iuice, and be easily digested: & afterwards by little and little, returne to his accustomed diet againe.

Thus haue I (as briefly as I could) here expressed and declared the commodities and discomodities that do arise and growe aswel by the Ministring of such meete medicines as are necessarie to be vsed, both for the recouery and preseruation of mans bodely health, as also for the commoditie and discomoditie that ensueth of Bloud-letting and Puiging, (being all wel and Rightly ministred and vsed) and contrary-wise of the great danger and hurt that doth come there of, if at any time they be mis-vsed: and therefore, I would wish all men (as they doe tender both their Healthy and Liues,) to beware of those ignorant and vn-skilfull persons, who (most cōmonly) vse to open but one kinde of Veine for all maner of diseases, and do also vse but one kinde of Purgation against all humours, not Regarding, nor Considering with themselues any thing at all, eyther of the strength or age of the Patient, the time of the yeare, nor ỹ first originall cause of the comming of the Disease, what disease soeuer it be, nor of any other the circumstances [in this small treatise] heretofore spoken of: but let them that are grieued with any maner of Disease, alwaies seeke for the Counsel and help of such as are known to be both learned and skilfull in Phisick and Chirurgerie, and are also circumspect (as it is most needefull they should be) in al their Actions: And who for the most part, will duely & rightly consider, before they minister any medicine to the sicke person, what neede he hath, and what is most meet to be ministred vnto him

for

for his diſeaſe. But now (Godwilling) I will heere ceaſe to intreate any more of theeſe things, doubting not, but that all ſuch Perſons as will take vppon them to miniſter any Medicine at all to any ſick or diſeaſed perſon, or will take vppon them to let bloude, will haue a ſpecial regarde to all the Circumſtances afore ſpoken of, & not to atempt any ſuch matter, vntill they haue perfectly attained ſufficiēt knowledg for the accompliſhing of all ſuch matters as they ſhall take vppon them to performe, without doing any preiudice or hurt to the ſick perſon. And now I will heere (according to my ſimple ſkill) ſpeake ſomewhat of the moſt part of all ſuch Diſeaſes as are incident to mannes body, aſwell inwardly as outwardly: and alſo of all ſuch Medicines (being duely and rightly miniſtred) as are moſt meet and conuenient to be vſed for the Cure of the ſame diſeaſe whatſoeuer it be.

(.˙.)

DIVERS AND SVNDRIE APproued medicines hereafter expreſsed, for moſt ſort of diſeaſes remaining in mans bodie, and firſt of all for Aches.

CHAP. 1.

¶ A maruellous good and approued medicine for an Ach.

TAke a quart of the pureſt Malmeſey that may be gotten, and fiue great Onions ſliſed and pilled, then take a good quantitie of groſe beaten Pepper, and and let them all ſeeth together vntill the Onions are become ſo tender, that they may be ſtrained, and then ſtraine them through a fine cloath, then take a cloath and wet it in the ſame liquor ſtrained, & lay it to the place greeued, and in two or three times dreſſing, it will helps. This hath bin proued by E. C.

CHAP. 2.

¶ An other approued medicine for an ach or ſwelling.

TAke Time, Lauender-Cotten, Knottie Strawberies, of each of them one handfull, then cut them and beate them in a morter, and when you haue ſo done, then take foure or fiue Swallowes out of a neſt, being ripe, and beate them in the Morter with the Hearbes, vntill you cannot perceiue the feathers, and then take halfe a pound of freſh Butter vnſalted, and mingle them together, and let them ſtand for the ſpace of foure & twentie houres; then ſeeth and ſtraine them into a gally pot, or elſe into ſome earthen veſſell. And ſo vſe it twice a day, in anoynting of the place where the griefe is, and in fiue or ſixe daies it will bee whole. This hath bin often proued.

CHAP. 3.

¶ Another for the same.

TAke of Sage, and Rue, otherwise called Hearb-grace, of each of them on pounde, and halfe a pound Wormwood, and half a pound of Bay-leaues, beate them altogether in a Morter: then take three pound of Sheepes suet, and cut it very smale, and put it to the hearbes, then put it into the Morter, and beate it with the hearbes, vntill the suet cannot be perceiued: then take it out, and put thereto a pottle of Sallet oyle, and so worke them altogether with your hands, vntil such time as they be very wel steeped in the Oyle, then keepe it close in an earthen pot, for the space of eight or ten dayes, then seethe it in a brasse pot, with a soft fire, vntill the strength of the hearbes be gone (to try it, take a spoonefull of it and put it into a linnen cloth and so straine it, and if there be any iuice left in it, then is it not boyled to his perfection, but if ye finde none therein, then is it well boyled: And thus you proue all good oyntments made with hearbes) then straine it and anoint the place agrieued, often therewith.

CHAP. 4.

¶ A present remedie for an olde Ache.

TAke very strong Aquauitæ, and two spoonefuls of the water of Arsmart, and anoint the place where the Ache is, euery day two or three times, and it will spedily heale it.

CHAP. 5.

¶ Another for the same.

TAke Aqua composita and the oyle of Netes feet luke warme, and anoint the Patient vpon the place of the griefe, laying warme clothes thereon and it helpeth. For this hath bene truely prooued.

CHAP. 6.

¶ A medicine for an Ache, or shrinking of any Sinewes.

TAke the tenderings of Rosemary and Marsh mallowes, of eyther of them as euen portions as you can gesse, and gather your hearbes when they be dry, from any raine and dewe: beate them in a morter very small, then take May butter well clarified, and put it to the hearbes, and mingle it in a vessel and then let it stand foure dayes, then set it ouer the fire and let it seeth till all the

the strength of the hearbes be gone, then take a little of it in a spone, and let it drop vpon your naile, and if it be greene as the Emerauld it is perfect, and then put it into an earthen pot, and when you will vse it, you must warme it.

CHAP. 7.

¶ A perfect medicine for an Ache or Sciatica.

TAke Oyle of Netes feet and Aquacomposita, and mingle them both together, and let the patient anoint the place where the paine is: then let them take Wooll which is newely plucked from the Sheepes backe, and let him lay it thereupon, and let him wrappe it well with warme clothes, and this will helpe him.

CHAP. 8.

¶ A present remedy for all maner of aches, and bruses in the bones.

TAke a good quantitie of Wall-woort, and a certaine quantitie of Balme, and Smallege, and stampe them all together, then take a pound of May butter, and temper them very well together, then make them into round balles, and let them lye for the space of eight dayes after, and then stampe them againe as you did before, then take it and fry it, and straine it, and put it into an earthen pot, and so vse it, and this will helpe the bruse if it be neuer so blacke. Probatum est.

CHAP. 9.

¶ An approued Medicine for an Ache, or Swelling.

TAke the flowers of Camamil, and Rose-leaues, of each of them a like quantitie, and seethe them in Whitewine, and make a plaister thereof, and let it be layde as hote as may be suffered to the place grieued, and this will both ease the paine, and asswage the swelling. D. Barlet.

CHAP. 10.

¶ Another for the same.

TAke a small quantitie of Oyle de Bay, and Aquauitæ, and mingle them both together, and let the patient anoint the place which is grieued and it helpeth him.

CHAP. 11.

¶ A ſoueraigne Medicine for an ache in the ſhoulder or elſe where.

TAke Reiſons of the ſunne and Figges, of each of them a like quantitie, and halfe as much Muſtard-ſeede, and beate them very ſmal, then take it and grind it in a Muſtard querne, with the beſt Wine vineger that may be had, then take it and ſpread it vpon a lambes ſkinne, and lay it to the place grieued, and this will by gods grace helpe you, Probatum eſt.

CHAP. 12.

¶ A precious Ointemēt or Oyle for al maner of Aches or ſwellings in the Armes, Knees, Legges, or Feete being taken with colde.

TAke a gallon of Sallet Oyle and of Sage, Lauender, Southernwood, Wormewood, and Camamill, each of them a like quantitie, then cut the hearbes very ſmall, and put them into the Oyle, and ſtirre it well together, and let them ſtand in a baſon of Latten, or elſe ſome other like thing, for the ſpace of a full moneth (but you muſt be ſure to put as many Hearbes into the Oyle, as will make it very thicke) and ſo let it ſtand vntil the hearbes be rotten, then make a fire of coales, and ſet the baſon thereon, and ſo let it boyle for the ſpace of three houres or ſomewhat more, then take it from the fire, and let it coole ſomewhat, and when you ſee that it is but milke warme or ſomewhat better, then take a bag made of ſtrong Tanues, and with a ſtaffe, ſtraine out all the ſubſtance, as cleane as you may, and then put it into a glaſſe or gallypot, or elſe in ſome earthen veſſel, and ſtop it very cloſe, and it will continue in his vertue very long. This is good for any wound or olde bruſe, and alſo for the ſhrinking of any Sinewes, and all maner of ſores, for it hath beene truely prooued.

CHAP. 13.

¶ An Excellent good and approued Oyntment, for all maner of Aches, Agues, Bruſes, Goutes, Cankers, Lameneſſe, Stitches, or hardnes of the Spleen, & for al maner of paine in the head and eares.

TAke Sage and Rue, of each of them one pound, Wormewoode and Bay leaues, of each of them halfe a pound, of Sheepes ſuet cleane picked from the ſkinne, the quantitie of three pound, and a pottle of Oyle oliffe, and choppe the hearbes very ſmal, and then

shred the Suet verie fine, and put them altogether, and then stampe the hearbs and the suet, vntill such time as the suet cannot be perceiued, then take it foorth, and put it into a faire pan, and put the Oyle therein, and couer it close, and so let it stande for the space of twelue dates: then take it foorth and breake it with your hands into a brasse pan, and set it vpon a soft fier, and you must be alwaies stirring of it, vntill such time as the hearbs be crackling, then take it off and straine it through a cannes cloth, into an earthen pot, and so keepe it. For those vehement Aches, when you shall lay any of this same oyntment vpon the place greeued, you must take woole that groweth betweene the sheepes legges, or else of the longest of the woole, and let it bee carded in broad flakes, and batted vpon a linnen cloath, and so keep that alwaies to it.

Chap. 14.

¶ An approued Medecine for an ach in any of the Huckle Bones, Thighes, Armes, Shoulders, &c. which commeth by taking of colde or &c.

TAke a ketle of faire running Water, and boyle three or foure wodden Dishes therein, (which Pottage are vsually eaten in) and let them boyle for a good space ouer the fire, then take one of the Dishes, and with a linnen cloth wipe of the water which is within, and vpon the side of it, then take the same dish & whelue it vpon the Joynt, Sinew, or place greeued, as hote as it may possibly be suffered, and so keepe it thereon vntil it be cold, then take an other of the dishes and do as aforesaid, and so the third or fourth, and let the partie greeued vse this for a certaine space both morning and euening. And this without all doubt will helpe him, for this hath helpen many that their sinewes were shronke vp, but the partie greeued must apply hote Woollen clothes or else some Lambs-skin, or the skin of a Hare, or Conny, to keepe in the heat when he taketh away the Dishes from it.

Chap. 15.

¶ A medicine for an ach.

TAke Persly and Wormewod of each of them one handfull, and seeth them in a quart of Ale, with swete Butter,

and wash the place well therewith that akes, and also binde the hearbes to the place as hote as it may be suffered.

CHAP. 16.

¶ An other medecine for an ach.

TAke Sowthistle, Chickweed, Elderleaues, Groundsell, and Cleauers, of each of them a handfull, drie all these together, betweene two tiles, then lay these hearbs to the place where the griefe is, but let the hearbes be washed before they be dried, and this helpeth.

CHAP. 17.

¶ For aches and swellings in the knees.

TAke a quart of Malmsey and a handfull of Time, boyle them together a good space, and when it is halfe boyled, put into it a good peece of new fresh Butter, and let them boyle togither from a quart to a pint, and when you go to bed, bath your knees therewith, and wet a cloth three or foure times double therein, and lay it to your knees as hote as possible you can suffer it, and so let it continue all night, and in this sort let him vse this sixe or seuen times, and doubtlesse it will helpe you. This hath beene well proued.

CHAP. 18.

¶ A verie good medecine for any manner of aching sores.

TAke the iuyce of Smallage, of Sorrell, of Waybred, of each of them like much: take Hunny, and the white of a newe laide Egge, of either of them a like quantitie also, & mingle all these together till they thicken, let it come neere no fire, but all rawe and colde, lay it on the sore.

CHAP. 19.

¶ A plaister for an ach.

TAke stone Pitch, to the quantitie of a tennis ball, a spoonefull of Tarre, a pennie worth of Treacle, the quantitie of a tennis ball of Rosin, and a spoonefull of Hunnie, boyle it ouer the fire in a kettle, and stirre it well togither, vntill it be well melted, then take a sheepsskinne that is new killed, and make holes in it with a bodkin, and spread the fleshie side of the skinne, and lay it to the ach as hote as you may suffer it, for it hath been proued.

CHAP.

Chap. 20.

¶ An excellent good oyle for all manner of aches, bruſes and ſtrainings of the ſinewes.

TAke a pottle of Neates foote oyle, and a quarte of an Vre gal, a pinte of Aqua vitæ a pinte of Roſe water, Bay leaues Roſemarie ſtripped from the ſtokes, Strawberie leaues, rots and ſtringes, Lauander cotten, of euerie of theſe a handfull, beate them ſmall, and put them into the foreſaid ſtuffe, and ſeeth it ouer a fire of coales, in a pan of two gallons, and at your owne perrill, let not the flame touch the ſtuffe, let it ſeeth veris well, and then take it off, and let it ſtand vntill it be almoſt cold, then ſtraine it through a courſe linuen cloth, (but not the bottome of the ſaid liquor) then put it into a glaſſe, and ſo kæp it, and when you are pained, annoint your place where your griefe commonly vſeth.

Chap. 21.

¶ A ſoueraigne ointment for any manner of ache or ſwelling.

TAke two pound of Boares greaſe, one pound of freſh Butter, and a god quantitie of Smallage, and Mallowes, and a god quantity of oyle of Neates feete, then take them and ſtampe thē very well altogether, then fry them, and ſtraine them in a earthen veſſell that is cleane, and when the Patient will vſe it, let him annoint himſelfe therewith before a good fire, and let him take hēde that he do not take cold vpon it.

Chap. 22.

An ointment for all manner of aches.

TAke a god quantity of Smalage, and put thereto ſome Aqua vitæ, then ſtraine it, and put thereto a good quantity of Boares greaſe, and temper them very well together, and let the patient bee anoynted therewith both morning and euening before the fire, for the ſpace of 5. or 6. daies together, if the paine do continue ſo long. This hath beene well prooued.

Agues.

Chap. 23.

¶ For an Ague.

TAke of red ſage, ſmalage, ground Iuie, Bay ſalt, Plantine leaues, and greene Glaſſe, of each of them a good handfull, and put therein a little roſe Vineger, for to make it moiſt, and with a linnen cloath binde it ſomewhat hard to both the wriſtes of the Patient, and ſo let it remaine for the ſpace of two dayes and two nights togither: and then applie an other in the ſame ſort, and ſo let it be done for the ſpace of 5. dayes togither, and [by Gods grace] it will ſpedely help him: For this hath beene truely proued.

Chap. 24.

¶ Another for the ſame.

TAke the greaſe or fatte that is vnder the manes of horſes, and melt the ſame in a new earthen pot, and ſtraine it into a gallypot or ſome ſuch thing, and when the patient feleth the Ague comming, let the Chine of his backe be annointed therewith, & within nine daies he ſhalbe hole, keeping in the meane ſpace a reaſonable diet.

Chap. 25.

¶ Another for the ſame.

TAke the yolke of an Egge, and put thereto a quantity of groſſe beaten Pepper, and two ſpoonefuls of Aqua-vitæ, and drinke it cold, and after you haue taken this drinke, walke for the ſpace of an houre, and forbeare other drinke as much as poſſible you may.

Chap. 26.

¶ A very good medicine for an Ague.

TAke a handfull of Harts-horne that groweth in the field, and a handfull of Bay ſalt, and beat them both together in a morter, and lay this to both your wriſtes, and this will helpe you.

Chap. 27.

¶ Another

¶ Another for the ſame.

TAke a good quantity of the leaues of ſtocke Gilliflowers, and ſalt Peter, and bruſe them well together, and apply them to the poulſes of the Patient, and it will do him much good.

CHAP. 28.

¶ Another for the ſame.

TAke Bay Salt, Smalage, white Frankencenſe and Plantine leaues, of each of them a handfull, beate them in a Morter vntill they be very ſmal, then take them and deuide them into ſower pates, & then lay two parts thereof vnto your breaſts, and the other two partes to the bought of your armes: and an hour before your fitte doth come, then take a pinte of good ſtale ale, and ſeeth it from a quarte, to a pinte, and continually as any froth doth ariſe, ſkom it of, then put into it a cruſt of whit bred. and let it ſeeth in Ale, and when you perceiue your fit coming, drink it warme, and eate the cruſt, you muſt vſe this drinke during all ỹ time of your ſicknes for it is very holeſome and good.

CHAP. 29

¶ another for the ſame.

TAke three pintes of ale, Bay leaues, and Red ſage, of each of them one ounce, fine Suger three ounces, and a ſponefull of Peper: ſeeth all theſe togither in the Ale from the quantitie aforeſaid till it come to a pinte, then take it and ſtraine it through a fine cloath, & let the Patient drinke a good draught of it as hote as he may abide to drinke it, a little before his fit commeth.

CHAP. 30 another for the ſame.

TAke a Pinte of Malmſey and a handful of Mayweede, bruiſe the May weede, and put the iuyce thereof into the Malmſey and let the Patient drinke thereof as often as he ſhall thinke good, and this will helpe him. This is alſo good againſt the Plague, and good to comfort nature, being drunk as aforeſaid.

CHAP. 31

¶ an other for the ſame.

TAke a good quantitie of the blades of Daffadilies, and bruiſe them, and ſeeth them in a pinte of Ale, or Wine, and put into it a ſpoonfull of Graines bruiſed, and let the Patient drinke

thereof, halfe an houre before his fit doth come, and this will helpe him.

Chap 32.

¶ a verie good drinke for an ague.

TAke Bay leaues and Sage leaues, of each of them a like quantitie, then take Bay-berries and bruse them very grosly, and mingle these all togither, & put them into a quart of white Wine, and seeth them for a good space, thē straine it through a fine cloth, and a little before the fit commeth let the patient drinke thereof.

Chap. 33.

¶ an approued medicine for an ague.

TAke three quarts of faire Running water, and put it into an earthen pot, and put thereto a good handfull of Violet leaues and flowers, boyle them for the space of a quarter of an houre togither, then take it off the fire, and put thereto a sawcerfull of Wheaten Branne, and couer the pot a good while, then straine it through a fine linnen cloth, and when it is colde, put thereto a good quantitie of fine Sugar, then let the partie greeued drinke thereof, both morning and euening fasting: also let him before he eate any meate in the morning, eate fiue or seuen Damasins, and at night let him eate rosted apples with Sugar, and at dinner let him drink Whitewine, with the water aboue said mixed. This hath bin much proued.

Chap. 34.

¶ an other for the same.

TAke a quart of new Milke, as new as you can get it from the Cowe, and seeth it, & when it doth seeth, put into it a good lumpe of Roch allum, and stirre it vntill it haue a good Curd on it, and when it is verie well curded, scumme of the curde cleane, and when you haue so done, then take the same drinke and drink it, as often as you thinke conuenient, and as hote as it may possibly be suffered, but put away the curde, for it is not good.

Chap. 35.

¶ an excellent medicine for an ague.

TAke Burre rootes, and red Nettle crops, and seeth them in stale Ale, and clarifie it, and giue the licke thereof to drinke, about such time as the colde fit beginneth to come, and after the heate be past, when you see that he beginneth to sweat, giue him

to

to drinke Posset-ale made with Marigold and Fennel, but see that the Posset-ale be well clarified: vse this medecine, for it will take away the Ague within three or foure fits at the vttermost.

CHAP. 36.

¶ Another for the same.

TAke Nettles, Cobwebs, and Salt, and beate them togither in a wooden dish, and lay it to the left arme of the sicke, and it will take away the heate of the Ague.

CHAP. 37.

¶ Another for the same.

TAke a tosse of bread, and spread it ouer with Treacle, and let the Patient eate it before the fit commeth, at the least three seuerall times, for the space of three daies, Probatum est. Per Guilielmum Lenthel, Oxon Armig.

CHAP. 38.

¶ An other present remedie for an Ague.

TAke two ounces of bay salt, two ounces of Frankensence, a handfull of Smalage, beate them altogither, and lay them to your wrists of both your hands, and to the bowes of your arms, let this be done two houres before the fit doth come, this hath bin prooued.

CHAP. 39.

¶ Another for the same.

TAke two or three Cloues of Garlike bruse them, & a penniworth of Aquavitæ, halfe a pinte of Ale, and seeth them altogither, and drinke it as hote as you may suffer to drinke it a little before the fit commeth.

CHAP. 40.

¶ An other for the same.

TAke Soote, yolkes of Egges, Bay-salt & Pepper, and mingle them togither, and lay it to the wrists of the Patient, do this twice a day for the space of three or foure daies, and it will take away the Ague. For this hath bin often proued.

CHAP. 41.

¶ An approued medecine for a burning Ague.

TAke an handfull of Strawberrie leaues, and a handfull of Violet leaues, fiue handfuls of Bourage leaues, a handfull of

Sorrell leaues, and so stampe them and drinke them in Posset ale, as hotte as you may suffer it when your fit is vpon you. This hath bin truly prooued to helpe many.

CHAP. 42.

¶ An other for the same.

TAke the quantitie of a quarte of Running water, and halfe a dozen of Orenges, and then pill away both the vpper rinde and the white skin and picke out the kernels of them, then take and stirre them well, and seeth them in the said water vntill the water be consumed halfe away, then take the quantitie of foure ounces of Sugar, and boyle it a little space therein, and when you perceiue that it is sodden inough, then straine it and when it is colde, drinke it, and so vse it for the space of three daies, and if need require vse it oftner, but if your burning be vehement, when your stomacke will serue, stampe some Sorrell and eate the iuyce thereof with your meate, this doe and it will helpe you.

CHAP. 43.

¶ Another for the same.

TAke Smalage, Shepheards-purse, and Liuerwort, of euerie of them a like quantitie, Bay-salt and Frankencence as much as you shall thinke needefull, beat all these together, and lay it vpon a linnen cloth and binde it to the inside of the wriste of your left arme, vse this for the space of 9 dayes together, and it will helpe this disease, for it hath beene often proued.

CHAP. 44.

¶ An excellent remedie for a quotidian Ague,

TAke a quart of stale Ale, a handfull or somewhat more of red Sage, a peny worth of fine beaten Pepper, take and boyle these altogether, from a quart to a pint, and when it is sodden clarifie and straine it, and halfe an houre before the fit commeth drinke a good draught thereof, and walke thereon, and it will presently help you. This hath beene often proued.

CHAP. 45.

¶ An other for the same.

TAke Fetherfewe and Smallege, of eyther of them to the quantitie of a good handefull, stampe them both togethe

in a Mozter vntill such time as they are beaten very smale, & straine thē: then take halfe as much as the iuice of the same is of smale Ale, and mingle them together, and then let the Patient drinke the same warme, a litle before such time as his fit doeth come(that is to say) when he perceiueth any grudging vppon him. This must be vsed thꝛée or fower seuerall times at the least, and let the Patient goe to bedde, and haue as many clothes layde vppon him, as he is able to beare or suffer, and soe let him bee continually kept, vntill his fitte be ouer-past, and thus in thꝛée or fower times doing, he shall be holpen by gods help: This hath bin diuers and sundrie times well proued.

CHAP. 46.

¶ A very good Drinke to be vsed for any maner of Ague.

TAke a quarte of Ale that is not ouer-strong, and boyle theirein a good quantitie of Centorie, and let the Patient drinke it luke warme.

CHAP. 47.

¶ An approned Medicine for a tercian ague.

TAke of Dragon Water, and Aqua composita, to the quantitie of a quarter of a pinte, of eyther of them, and put thereto a peny worth of leane Triacle, and halfe a quarter of an ounce of groce beaten Pepper, warme all these together, and be still stirring it with a knife or els with some other Instrument, and giue it to the Patient to drinke, as hote as he may possible suffer to take it, a litle before the fitt commeth, and let him lye in his bedde and sweate very well. This hath holpen many,

CHAP. 48 a.

¶ An other for the same.

TAke Nine leaues of white stocke Gillieflowers, and fiue or sixe croppes of Rosemarie, and stampe them altogether, and take the iuice thereof and drink it in Ale luke warme, a litle before such time as the fitte doth come.

CHAP. 48 b.

¶ An Excellent Remedie for a Quartane Ague.

TAke an Oxe Gall, and as much Aqua composita, and put thereto a quarter of an ounce of Pepper, bruſed but a very litle. and two peny worth of Trieacle, and annointe the hands ſtomake and wriſtes, with the aforeſaide thinges, being al mingled together, halfe an hour before the fitte cometh, but let it be laide to, as hote as the Patient may ſuffer it, and let him ſweate well vpon it, and this will ſpedely helpe him, Probatum eſt.

CAHP. 49

¶ Another for the ſame.

TAKE Snailes which be in ſhells, to the quantitie of two handefulls, Bay ſalte, and Mallowes, of eche one of them a handefull, beat all theſe together, and lay it to the Soles or bottomes of your feete. before the fitt commeth.

CHAP. 50.

¶ An other preſent remedie for a Quartaine Ague, and for the dronght that cnmmeth thereof.

TAKE Redde wine and new Milke, of a Cowe that is all of one collour, of eche of them a pottle, then take three or fower handfulls of Mouſe-eare, well picked and waſhed, ſtrippe it into the Wine and Milke, and temper them altogether, and let them ſtande ſoe, for the ſpace of one nighte, and then put them into a faire Still, and ſoe diſtill them with a ſoft fier, then take the water and put it into a Glaſſe, and let it where it may ſtand in the Sunne, for the ſpace of fiue daies and let the Patient when he is drye in his Ague, drinke thereof three or fower times, and he ſhall be rid of his Ague, and this drinke will quench his thirſt if he be neuer ſo drye.

CHAP. 51

¶ A very good Medicine for an Agne,

TAKE a ſpoonefull of græne Glaſſe beaten to powder, and 3 ſpoonefulls of Stone honny, a handfull of red Sage, mingle theſe with a head of Garlicke, and put thereto, as many Cob-Webbes as will temper the ſame: and let it be in bigneſſe: to the quantitie of an egg ſhell in all, and then take the aforeſaide things and bind them about both the wriſts of the Patient and this will helpe him. Probatum eſt.

Chap.

CHAP. 52

¶ A Remedie to take away the drought in an Ague.

TAKE Sorell and Burrage, of each of them a like quãtitie, and a certaine quantitie of Strawberie leaues, and Violet leaues, boyle them alltogether in a pottle of very faire Running Water, vntill it be consumed from a pottle to a quart, then take the Hearbes and straine them, and then take halfe a pound of good Almondes, and blaunch them, and beat and strain them with the saide water, and put suger therein, and drinke it warme, doe this for the space of fiue or sixe daies, and it will helpe him.

CHAP. 53

¶ An excellent Rule to be obserued in the making of Drinke and Pottage, for them that are infected with an ague.

TAKE Bugloſſe, Burrage, Endiue, Fennell Rootes, red sage, Lettice, Pruines, Parsly-rootes, great Reisons, Sinckefoile, Sorrell, and Succorie, of each of them a like quantitie, and put all these into his pottage, and likewise in Posset ale, and almon Milke and this is very good.

CHAP. 54

¶ A very good remedie against corrupt ayres wherein the agues are first engendred and gotten.

TAKE Bettony Centory and Egremony, of each of them one handfull, then take them and stampe them and straine them with ale, and with a Liquorice sticke bruſed, and then boile it, and clarifie it very wel, and make it plesant with Suger, and drinke thereof, every morning luke warme 3. spoonfulls, for the space of 3. or 4 daies, and it will preserue one from all corrupt aires and infection.

CHAP. 55

¶ An Excelent good Remedie for a hot burning Feuer.

TAKE a good handfull of Bay-leaues, a handfull and more of red Sage, and seeth them both together, in a potle of stale Ale, & let it boyle vntill such time as the one halfe be consumed away, then straine it. and let the Patient being in bed, drinke a good draught thereof, (the same being warme) and a

little

litle Suger put therin to make it swete, and let the Patient take it an houre before such time as his fitt doth come. Probatum est.

Chap. 56

¶ An other Medicine against an horre burning fever.

TAKE a pottle of stale Ale, and the bottome or lower crust of a stale white lofe, and an handful of Sinkfoile, a handful of Camamill, of Treackle and Vineger, ech of them a spoonefull, a few whole Maces, suger-Candie, as much as you shall thinke good, and seeth these all together, vntill such time as the one halfe be consumed: then straine it from the hearbes, & giue it the Partie greened to drinke, and let hime drinke none other drinke during his heate, and giue vnto him as much thereof, as he will, and it helpeth him. This hath bene proued.

Chap. 57

¶ A Medicine for the colde in a feuer.

TAKE Camamile and wormewod, of ech of them a like quantity, seeth them in a quarte of Ale, and let it seeth vntill it be halfe consumed: then straine it, and giue it to the Patient to drinke first and last and this helpeth: for it hath beene proued.

Chap. 58

¶ an excelent good medicine for an ague.

TAke the iuyce of Tansie, and mingle it with the oyle of Roses, and a litle before the fitt commeth let the patient be anointed there with and it will quite expell the ague. Probatum est,

Chap. 59 ¶ another for the same.

TAke Liuerwort and stampe it, and let the Patient take of the iuyce thereof, and drinke it in some pottet ale, and it will both rid him of the ague and also cole ỹ inflamation of the liuer, and it is also good against all hott feuers.

Also the strop of violets is good against all inflamations of ỹ longs and brest, and against the pluriſie and drought, and also against all agues and feuers and especialy in yong children.

Chap. 60

¶ An other for the same.

TAke a good quantitie of smal daysies, and boyle them in a litle faire running Water, and straine them and let the Patient drinke

drink the ioyce thereof and it will both cole the heate of ỹ liuer, and cure him of his Ague.

chap. 61

¶ an other for the same.

Take the ioyce of Barbaries and drinke it with pollet ale and it helpeth.

chap. 62.

¶ an other for the same.

TAke hurtle beries (otherwise called blackberies) and eate them with suger. and this will take away the inward heat or drought in an ague: also the iuice of Lemons is good to cole the heat in an ague.

Likewise the ioyce of a Poungranat is good to cole the heat in an ague.

chap. 63.

¶ an other good medicine to cure a burning fever.

Take the greene leaues of Barberies, and make a sauce thereof (as if it were with sorell) and let the patient eat it with his meate, and this will helpe him Probatum est.

chap. 64.

¶ an other for the same.

Take a few of the Roots of Pelecory of Spaine and grate them, and put the powder thereof into a little white Wine, and let the patient drinke it and this will help him.

chap. 65.

¶ a very good water for an ague.

Take Southistle and distill it and halfe an houre before that the fitt cometh, let the patient drinke the quantitie of halfe a pint thereof, and this will presently expell the ague, and take away the drought, and let him vse this 3 or 4 times and it will helpe him for it hath holpen many, after that other medicines haue bin experienced, and failed in the helping of them. Probatum est Per. M. B.

Back.

CHAP. 66.

¶ An approued medicine to coole the extreme heate in the back: and also to cure the disease called *Gomorra Pascio*.

TAKE Watercressets and Colombins, of each of them a good quantitie, and seeth them in Cow-Milke, and if it be for a man, then let it be the Female-Cresset, and if it be for a woman, then take the Male-Cresset, and when the hearbs are well boyled in the Milke, then take it from the fire, and let the Patient eate therof, with a litle white Bread therin, and let him drinke it also both Morning and euening, for a certaine space, and by gods grace it will helpe him. Probatum est.

CHAP. 67.

¶ A Soueraigne Medicine for the weaknes of the backe.

TAKE Daisie rootes, plantine, Bursa pastoris, Centummodie, troppes of Acornes, of ech of them a handfull, and as much Bole arommacke, and the powder of a Harts horne, then take a Buck Cony that is fat, and boyle all these in white Wine & Water, and let the water and wine be of equall porcions, and then let them boyle vntill the flesh of the Conny be seperated from the bones: then take the Cony and the other stuffe out of the broath, and straine the broath into a cleane vessel, & let it stand vntill it be turned to a Jelly, and when you are in your bedde, cause your Backe to be annoynted there-with, by a Chafing dish of Coales, for the space of three Nightes together, and lay a linnen cloth warme thereon, (but in any wise take heed that you chafe not your back ouer-much) and this wil help you. Probatum est.

CHAP. 68.

¶ An other for the same.

Take

TAKE fower or five Cape Dates, and picke them very cleane and let them be stamped small in a morter, and put to them the yolke of a new laid Egge, and the quantitie of a quarter of a pinte of Muskadine, and let the patient drinke thereof, both morning and Euening, and it will helpe him.

CHAP. 69.

¶ A present remedie for a heate and paine in the Backe.

TAke Rose-leaues and Rose-water, of each of them a like quantitie, and put therto as much Saunders, as you shall thinke good, and let them be steeped in your Rosewater, for the space of 24. houres, then wash your Backe as often as you can conuenientlie euery day, for the space of five or seauen daies, and this will both asswage the paine, and take away the heate, and much comforte the Raines.

CHAP. 70.

¶ an other medicine for the paine in the Backe.

TAke Sage, Rose-mary, Camamill, and Maudlyn, of each of these a handful, then stamp them altogether in a morter, or other stone vessell, and let it be fryed with May Butter, and anoint your backe with it warme, but in any case beware of taking cold thereon.

CHAP. 71.

¶ A medicine to cleanse the backe and purge the reines.

TAKE 2 Parsley rootes, and picke out the pithes of them, and a Fennell roote: and put to it Pelitorie of the wall, and wash them cleane, and boyle them in Posset-ale, and drinke thereof when you goe to bed, and as often as you shall thinke good, & euery night doe the like.

CHAP. 72.

¶ A good medicine for the reines of the backe.

TAke halfe an ounce of Venice Turpentine, and let it be very well washed in Plantine water, or in Rose-water, and then unto it, with fine white Sugar, and make thereof 4. or five balles, of the which you must eate three in a morning fasting, and daily drinke a little white wine, or rennish wine immediatly after.

CHAP. 73.

¶ An excelent good medicine for the weakenes in the Backe, and also to restore nature.

TAke a quart of Sacke, a top of Rosemary, Sucory, Penyroyall, of each a like quantitie, Ginger, and Nutmegges, as much

as much as will burne the wine, then take 2 newe laid Egges, yolkes & all, & temper them with 3 or 4 spoonefulls of Red rose Water, and put thereto a good peece of fine Sugar, then take the burnt sacke, and burne it againe with the eggs, and put into it a little Mace, and it will be in maner of a caudle, then put to it some salet oyle, and mixe it with the burnt sacke, and let the patient drinke this thrise a day, (that is to say) in the morning fasting, after dinner, and when he goeth to bed, and this will help him in a short space, for it hath beene proued.

CHAP. 174.

¶ A very good Medicine to strengthen the backe.

TAKE a quarte of ale, and three or fower whole Maces, and as many Dates the stones picked out, and the pith also, then take a good handefull of the toppes of Rosemarie, and let all these be boyled together, vntill it be consumed from a quart to a pinte, then take the Oyle of two or three new laid Eggs, and take of the rinde that is about the yolkes, and then put the yolkes into the Ale, & boile them wel togither, and stirre them, & so let the patient drinke thereof, both morning and Euening for the space of v. or vj. dayes togither, and this wil strengthen his back very much. Probatum est.

CHAP. 75.

¶ a good medicine for the heate of the back.

TAke the Vnguentum frigidum Galeni, ʒ iij & spread it vppon a fine linnen cloath, (but you must first dip it in Rosewater) and warme it against the fire, & lay it vppon the kidneyes, and when it wareth hote, take it of, & lay it to an other place, and thus shift it often.

¶ CHAP. 76.

¶ Another for the same.

Take the water of Plantine distilled, or elle the iuice thereof, & put to the leaues, & the leaues of Red roses distilled, and also of the water of Red Roses, and the water of red Rose vinegar; then put all these togither into an earthen pot, & put a fine linen cloth into the water to steepe, & when it is wel steped, take yt forth againe, and then with a few leaues of a Red rose Cake, lay it to the back of the patient, & when it wareth hot, vse an other cloth dipped therein, (as afore saide) and it wil help him.

This

This hath bin often vsed by M. D. H.

CHAP. 77.

¶ A very good medicine for one that hath a weake backe.

Take v. or vj. croppes of Red Neep, & 2. spoonefuls of Archãgel flowers, & shred them very fine: then take ij, or iij. new laide Egges, & temper them all togither; then take a litle sweet Butter, that is but little salted, and make 3. or 4. fritters, & let them be fryed in some little earthen pan, and let the Patient eate them without eyther bread or salt, but onely with a little fine Suger strawed vppon them. probatum est.

CHAP. 78.

¶ A very good plaister to ease a paine or crick in the backe.

TAKE white Archangel flowers & leaues a good quantity, and of Cumfrey leaues and rootes, 1 ounce, of Plantine and Bursa pastoris 1 ounce, beate them all togither very fine, & put vnto them, a spoonefull of Honny, and then frie them in a Frying pan, and deuide it into 4. partes, & make of euery part thereof a plaister, & so lay one of them to the back of ẏ Patient euery night when he goeth to bed, and by Gods grace it will speedely help him. CHAP. 79.

¶ A Maruellous good Oyntment for the backe.

TAKE 4. ounces of Vnguentum frigidum Galeni, & 1. ounce of the iuice of Housleeke, 2, drams of Mirtle, and as much of burnde Leade, & 1. dram of Camphire, halfe a dram of Red rose leaues, & as much Red Currall: then according to arte, make all these into an Oyntment in a morter of Lead or Stone, and let the Patient haue his back anointed therewith, and he shall finde much comfort thereby. CHAP. 80.

¶ An excellent good restoratiue for the backe.

TAKE a quart of stale ale, halfe a handful of Germaũder, a handful of Clarie, a handful of vnset Hisop, a handful of vnset Time, a braunch of Rosemarie, a good quãtitie of english Saffron. a dish of sweet Butter. & a good peece of Suger: then boyle al these togither, vntil the one halfe be consumed, then straine it, and let the Patient take it both Morning & Euening, and it wil help him. prob. est. CHAP. 81.

¶ An other for the same.

TAKE new Milke & let it on the fire, and when it is ready to seeth, take the quãtitie of a Nut of Roch allum & stamp it small, & put it into the Milke & stirre it with a spoone & couer yt close, & when ỳ Curd doth rise: take it of, & let ỳ Patiẽt drinke thereof first & last for .v. or .vj. dayes togither & it wil do him very much good. CHAP. 82.

TAKE a quart of Goates Milke if it may be gotten, if not, then take a quart of Cow milke that is new, & a handful of Otemeale, & a good deale of ỳ Pith of an Orback, & stamp them togither & seeth them wel: & whẽ it is sodden, straine it through a fine linnen cloath: and let ỳ patient drinke it first & last, & yt wil help him. prob. est. This is also good against a Consumption. CHAP. 83.

¶ A good Medicine for the Raines of the Backe.

TAKE Aquauitæ & put therein a little Hemp-seede finely beaten & let it soke in the aquauitæ 7. or 8. dayes togither, then straine it, & let the patient drinke it and it wil help him.

If you cannot get aquauitæ: then take good white Wine, or else stale ale, any of these wil serue. CHAP. 84.

¶ A good medicine for weakenes of the backe.

TAKE a pinte of Claret wine, & put therein a good quãtity of fine Suger, & Red-rose Water, Bugloss water, & Burrage water, of euery of them a good quãtitie, mingle them togither, and let the patient drink 2 or 3 good draughtes thereof & a little Diasaturion. This is a very comfortable drinke to cole ỳ stomacke & the Raines, and it wil strengthen the backe wonderfull much. CHAP. 85.

¶ A medicine for the heare of the Raines, & to auoide blistring in the mouth.

TAKE Liuerwort, Sorel, Balme & Succorie, of eth of them one ounce, & seeth them in a quart of Whay, (the same hauing bin wel clarified) and let the patient drinke halfe a pinte thereof at the least euery morning. probatum est.

CHAP. 86.

¶ a good medicine for the Reines of the backe.

TAKE Cassia Fistula, and drinke it in white wine fasting, for the space of Nine dayes togither, and this will do him

ceeding much good that shall take it for it hath bin proued.

Also, the same being drunke with white wine & the iuice of Parslie rootes, is a singuler good preseruatiue against the stone.

Chap. 87.

¶ A present remedie to stay the running of the Reines.

TAke a good quantitie of Otemeale, & beate it very smal, and put it into a quart of new Milke, & seeth it, & put therein a a good quantitie of suger, & when it is wel boyled, straine it, & giue it to the patient to eate & it wil help him, Probatum est.

Chap. 88.

¶ An other for the same.

TAke Venice Turpentine, and wash it cleane in these waters following, Viz. in plantine water, in Red Rose water, & in water of Liquorice, & when you haue washt it very wel: then take the Turpentine and seeth it with as much white Mastick, & when it is sodden inough, it wil breake to pouder: (it is enough perceiued vpon a knifes poynt) then take di. an ounce of Nutmegs beaten to pouder, & put to it the like quantitie of ỹ pouder of Venice Turpentine, & di. an ounce of white suger, & mingle them togither: then let the Patient eat of the same pouder with an Egge or two, (reare rosted that they may be supped of) & let him eate nothing for the space of an houre after: But if he eat 2. or 3. of these Egs euery morning so dreft, it wil be ỹ better, vntill he be hole, and also let him drink di. an ounce of Red-rose Water, & di. an ounce of plantine water, after such time as he hath eaten his last Egge.

Note that he must vse to eat 2. of these Egges aforesaid, in his bed before he rise in the morning, & the 3 one houre after ỹ he is risen vp, & after the space of one houre more, he must in like sort drink ỹ water abouesaid, & then walke a good while after it.

Chap. 89.

¶ Another for the same.

TAk ℈ a quantitie of the stones & of the rootes of Stockflours, (Viz.) Diasaturion, & the Rootes ỹ lie like Beades in barren groundes, & preserue them as you do Cherries or other things: then make a Candle of Muscadine, & boyle ỹ same roots therein, with a Nutmegge grated, & a little white Mastick: then let the

partie

partie grieued eate of the rootes, & also drinke of the Caudle aforesaid, and this will presently help him.

CHAP. 90

¶ another for the same.

TAke two new laide Egges, & put away the whites of the as cleane as may be, & set them in the fire vntill they be blond warme: then take halfe a Nutmeg, & a good peece of Suger Candie, & a prettie quantitie of Currall finely beaten to pouder: then take a little Cinamon & Amber, of ech of them a like quãtitie, and mix them all togither, and put them into the Eg, and let ỳ Patient sup it of, or else let him tosse a peece or 2 of fine white bread, & poure ỳ yolks of ỳ Egges thereon, & then straw ỳ aforesaid pouder vppon it, and so eat it, & this wil spedely help him. Prob. est. CHAP. 91

¶ Another excellent good remedie for ỳ running of ỳ raines.

TAke 3. Kernels of Pistia, which are not olde, a dr̃ of cleere Mastick, a dram of Mirre, & 3. scruples of Camphire, of the cups of Acorns & yellow Amber, of ech of them a like quantity, then take a prettie quãtitie of Venice Turpentine, and wash it cleane in Plantine water, & temper it w̃ the aforesaid thinges, and w̃ the yolk of an Egge that is reare rosted: and so let ỳ Patient eat it fasting. (But if the cause be hot, then take 3 drams of Bole armoniack, and put thereto.) Prob. est.

CHAP. 92

¶ Another for the same.

TAke May weede, Plantine, Neepe, Clarie, Balme, & Dayse rootes, of ech of them a good handfull, & boyle them all in a quart of pure Malmsey, & boyle it until ỳ one halfe be consumed, then straine it, and let ỳ Patient drink thereof both Morning & Euening, and this wil stay ỳ running of ỳ raines, although the Patient hath bin long troubled therewith. This hath bin often proued. D. L.

CHAP. 93

¶ Another for the same.

TAke a good quantitie of Venice Turpentine, & a Nutmeg, or 2. beaten smal, & a good quãtitie of Cinamon ground to pouder: then take 5. or 6. Date stones & grinde them vntill they become to a fine pouder, & then mix them all togither, & make the into bullets, (pellet like) & wrap it in white Suger, and let the Pa-

Patient swallow down 3 or 4 of these Pellets euery morning fasting, for the space of 8 or 9 daies togither, and let him walke di. an houre (after he hath taken it) before he do eat or drinke, & this will speadely help him. Probatum est.

CHAP. 94.

¶ An other speciall good Medicine for the running of ẏ Raines.

TAke a shiue of fine Manchet bread, & tost it browne on both sides: then take ij. new laid Egges, and deuide ẏ whites frō the yolkes as cleane as you can, and then spread the yolks vpon the bread, and put thereon ij. pennieworth of white Sugar Candie beaten to fine powder, and let the patient eat this euery morning fasting: and let him fast an houre or two after he hath eaten it, and so let him vse this vj. or vij. daies togither. This hath holpen them ẏ haue bin grieued therewith 7 yeeres before, Prob. est ꝑ M Iames.

CHAP. 95.

¶ An other for the same.

TAke Amber, Nutmegs, Sugar Candie & Curral, of ech of them as equal porcions as you can, and beate them all into a very fine powder, and put thereto a little grated Cinamon, and mingle them all well togither, and strawe ẏ same powder vppon a tost of fine Manchet, [being tosted brown on both sides thereof, as aforesaide] and let ẏ patient eat the same fasting: and so let him vse it v or vj. daies togither, and doubtles (by Gods help) this will cure him.

CHAP. 96.

¶ An other for the same.

TAke Pellitorie of the Wall, wilde Time and Parslie, of ech of them a good handfull, & boyle them in a quart of strong Ale, & let it boyle vntill the one halfe be consumed: then take it of, and straine it, and let the partie grieued drink a pint thereof warme euery morning & Eueuing for the space of 9 daies togither, & he shall finde great ease thereby.

CHAP. 97.

¶ An excellent good water to wash the yarde of one that hath lately had ẏ running of the Raines, & hath bin cured therof.

TAke the leaues of Daisies, Woodbinde and Plantine, of ech of them 3 good handfulls, a good quantitie of English Hunny, and as much Roch Allum as a Wallnut, and put to them a quarte of faire running Water, and di. a pint of red Rose-water, & boyle all these togither in some Earthen vessell (close couered) for ẏ space

of halfe an houre, and then straine it through a fine linnen cloth, and when you will vse it, take a small Searing & squirt some of the same water (luke warme) into your Yarde, and let ẏ pipe of your squirt be put w̄in it, an inch or somewhat more, & let it be stronglie spowted vp, whereby the water may go beyond ẏ sore place, and so vse it euery day 3 times for ẏ space of a whole Moneth at ẏ least, & this wil make it sound for euer after from this disease, for it hath bin truely proued. CHAP. 98.

¶ An other easie medicine to help ẏ running of the Raines, & also to scowre the Yarde after it.

TAke a prettie quantitie of Plantine water, & Wodbinde-water and mingle them both togither, and with a Searing squirt ẏ same water [luke warme] into the Yard of ẏ partie grieued as aforesaid, both morning & euening for ẏ space of xxj. daies, and it wil help him without all doubt. Probatum est.

Bellie.

CHAP. 99.

¶ A very good Medicine to ease ẏ paine or griping in the Bellie.

TAke a handfull of Southernwoode, and lay it righ against the place (on the contrary side) where th paine is, and it will vtterly expell it. Also, if it be laide to the Navill of any one that is much grieued therewith, it will speadely take ẏ paine quite away. This hath holpen many that haue bin greatly painet therewith. CHAP. 100.

¶ A good Medicine for one that is harde bounde in the bellie.

TAke a good quantitie of the middle Rinde of an Elder tree and stamp it well, and steepe it in stale Ale, and straine it through a fine linnen cloath, and giue it the Partie grieued often to drinke, and in vsing it two or three daies togither, it will help him. CHAP. 101.

¶ An

¶ An other for the same.

TAke a good quantitie of Hemp seede, and seeth it in faire running Water, and when it is well sodden, straine it through a fine cloath, and let the Patient drinke a good draught thereof, when he goeth to bed, and it will make him laxatiue. This hath bin proued. CHAP. 102.

¶ An other for the same.

TAke a Chicken, and a prettie quantitie of Cassula fistula. and seeth them togither in faire running Water, and let ỹ patient drinke the broath, and it will immediatly procure losencsse of ỹ bodie without paine. CHAP. 103.

¶ An other for the same

TAke an Oynion, and make a hole therein, and fil it with pure Hunny, & roast it, and lay it to ỹ Nauil of the partie grieued, and it will help him. CHAP. 104.

¶ An other for the same.

TAke Otes (parched vppon a Tile-stone, or in an Oven) and sprinkle them with hot water, and put them into a fine cloth and lay them to the wombe of ỹ partie grieued, & binde it close, & this will help him. CHAP. 105.

¶ An other for the same.

TAke ỹ. penyworth of Skamony, and twice as much Suger, and Cloues, & a little Liquorice and grinde them smal with warme liquor, and then giue it the Patient to drinke, & let him eat some hot meat immediatly after it. CHAP. 106.

¶ An other for the same.

TAke the iuice of Southernwode, and annoint ỹ Belly of the Patient well therewith, and it will losen the Bellie very gently. Prob. est. CHAP. 107.

¶ An other good medicine to losen the belly.

TAke the iuice of Hoppes, and drinke thereof euery morning fasting, for the space of 3 or 4 daies togither, and it will both losen the Bellie, and expell all Cholloricke humours. Also it wil purge the bloud from all filthines. CHAP. 108.

¶ An other for the same.

TAke a spoonefull of the seede of Poppie, that is called Horned Poppie, (it flowreth in July & August) & beate it to powder, and drinke it both Morning and Euening, and it will both losen

the Bellie, and purge Fleagme wonderfully. This hath bin sufficiently proued. CHAP. 109.

¶ Another for the same.

TAke the quantitie of a scruple of the white and inward pith of Coloquintida, & bruise it small, and put it into a little hot broth, and let ỳ patient sup it of, and it will losen the Belly very much: and it will also purge all the grose Fleagme, Chollorick humors, slimie Filthines, and stinking Corruption of the Guts. Likewise, if there be any bruised or corupt blood in warde in the Belly, it will vtterly expell it. (if a good quantitie thereof be taken) This hath bin truly proued. CHAP. 110.

¶ Another for the same.

TAke the iuice of white Beetes, and drinke it eyther with ale that is stale, or with whit wine, and it will both losen ỳ belly and clense the stommacke: but it must not be vsed too often, for then it will do more hurt then good to the stommacks.

CHAP. 111.

¶ A singuler good Medicine to stoppe a Laske.

TAke a good quantitie of the Fruit of white thorne, (when it is ripe in September) and pick out all the Core or stones [as cleane as may be] from them, and then bruise ỳ same into powder, and let the Patient eat it in a little thinne broath [made of Mutton or Veale] and this will stay the Laske.

CHAP. 112.

¶ An other approued medicine for a Lask or losines of ỳ bellie.

TAke a prettie quantitie of Aqua Composita, & a new laide Egge, and boyle the Aqua composita with the Egge vntill such time as it be drie: Then take Suger and Cinamon, of ech of them a like quantitie, and beat them to powder, & mingle them togither, and let the Partie grieued eat ỳ same with the Egge, and this will speadely help him. Probatum est.

CHAP.

¶ Biles. Fellins. & Vncomes.

Chap. 113.

¶ A very good Medicine for any maner of Bile. Fellin or Vncome.

TAke Smallage, Rue and red Sage, of ech of them one handfull, a peece of wheaten Leauen, and a good quantitie of ỹ groundes of strong Ale, and mingle them all togither, and make a plaister thereof, and applie it often to the place grieued, and this will presently help him: This hath holpen them that were in great ieopardie to haue lost a toynt thereby. Chap. 114.

¶ An other for the same.

TAke red Sage & Rue, of ech of them a like quantitie, & choppe them very small: then take grownes of strong ale, and a good peece of brown Leuen, and a few Crummes of brown bread, and mingle them al togither, and seeth them in some earthen vessell, vntill it be thicke, and make a plaister thereof, and lay it warme to the sore place, and you shall finde marueilous great ease thereby. Chap. 115.

¶ An other for the same.

TAke a good quantitie of sowre Leuen, and crum it small into a Pipkin, or else into some other Earthen vessel, and halfe a penny dish of sweet Butter, and 5. or 6. spoonefulls of Rose Vineger, (the leaues and all) and boyle them all togither, & make a Plaister thereof, and lay it to the sore as hot as it may be suffred and it will speedely cure it. Chap. 116.

¶ An other for the same.

TAke ye garden Snailes, and beat them (shelles and all) and Mortar, vntill you perceiue them to be come to a salue: then spread a little thereof, vpon a linnen cloth, and lay it to the place grieued, and when one plaister is drie, then an other, and so vse it often, and it will kill the Fellin: and also it wil both heale the sore

place, and draw it. This hath bin truly proued.

CHAP. 117.

¶ An other for the same.

TAke Rue, (other wise called hearbe grace, and let it be gathered in March) and white woortes, of ech of them a good quantitie, & beat them very well togither: then take ruskie Bacon, and swæt Butter, of ech of them a like quantitie, and 2 or 3 house Snailes, and mingle all these togither, and make a plaister thereof, and lay it to the soze, and by often using it as afozesaid, it will spedely cure it.

CHAP. 118.

¶ An other for the same.

TAke red Sage, Rue, Snailes, Bay-Salt, and Bacon, of euery of them, such a quantitie as you shall thinke good, and temper and beat them well togither, and then lay it to the Fellon, and this will presently help it Probatum est.

CHAP. 119.

¶ An other for the same.

TAke red Sage, Rue, and Housleeke of each of them an ounce, wash them altogither, and drye out the water, with a cleane cloth, and chop them very small, then take the quantitie of a Tennis ball of sower Leuen, and two spoonefulls of Farre, and a spoonefull of black sope, and stampe them altogither in a wodden Dish, with a Pestle of wood, and make a Plaister of it, and lay it an inch thick vppon a piece of linnen cloth, or else vpon a peece of leather, and euery morning & euening applie it to ỳ soze, and this will both draw it and heale it. This is also good, for any maner of Bile, Fellin or Vncome.

CHAP. 120.

¶ An excellent good & approued Medicine for any Fellin, old sore, or any other Vncome whatsoeuer.

TAke a quart of Ale, and put therein a race of Ginger beaten to powder, and seth ỳ Ale, vntil it be halfe consumed away: then put therein di. a li. of Suger, and stirre it well, & then set it to cole: and put ỳ Ginger into it, and then make a plaister thereof, & lay it to the place grieued, and it will cure it if it be neuer so soze. Prob. est p M. D. L.

CHAP. 121.

¶ An other speciall good Medicine for any Bile or Fellin.

TAke a penny worth or two of Mæthridatum, and spread it somewhat thicke vppon a peece of white Leather, and pitch it as fast

of

of holes as euer it may be, and lay it to the sore, and it will both draw out the Core, and heale the sore: This hath bin truely proued. Likewise it wil cure any maner of Plague sore whatsoeuer.

CHAP. 122.

¶ An other for the same.

TAKE a good quantitie of wheat Flower, and temper it very well, with white Wine, and boyle it vntill it be thicke, & then spread it either vppon a linnen cloth, or else vppon a pece of white Leather, & lay it to the sore, as hot as possiblie it may be suffered, and this will open ỳ hole, draw out the Venome or filth, and ease the akeing: and it will also close it vp againe and heale it: and for want of white wine, either Ale or Beere may be vsed.

Moreouer, this Medicine wil cure the pricking of any Thorne or Needle in any ioynt or else where, & if the hole be neuer so close stopt vp againe. CHAP. 123.

¶ An other excellent good Medicine, for any maner of Biles, Whiteblowes, Fellins or Vncomes.

TAke Bores grease, Wheaten Flower, Sage, & May Butter, and stamp them all togither in a Morter, and then make a plaister thereof, and lay it to the place grieued, and it will both ripen and draw it: also if it be fryed in a frying Pan, and applied as afore-said, it will worke the better. Probatum est.

CHAP. 124.

¶ An other experienced Medicine, for to ripen any Biles, Whiteblowes, Fellins, or other Vncomes, whatsoeuer.

TAke a pint of Sweet Milke, and put thereunto a good quantitie of Sheepes Suet, and cut and shredde it very small, and mingle a good handful or two of Otemeale (beaten very small) therewith, and set it on ỳ fire, and seeth it vntill it war so thicke, as it may be spread vppon a fine linnen cloth, and so laide to the sore, (as hot as it may possiblie be suffred) and it wil both ripen it and breake it in a short space, without any paine: and when it is broken, lay a little Turpentine, vppon a pece of whit leather, and with a small bodkin, prick it full of holes, and then lay this plaister to the sore, and it will both draw it, and heale it. This hath bin often proued.

CHAP.

BLADDER.

CHAP. 125.

¶ An excellent good Medicine to purge the Bladder of one that cannot pisse perfectly.

TAke Parslie, red Fennell, Mayden-hayre, the Rootes of Elisaunders, and the Rootes and leaues of Hartes Tongue, of ech of them a like quantitie, & seeth them all togither in white Wine, and then straine ỹ same through a fine cloth, and keep it close stopt in some Glasse or Earthen vessell, and when occasion serueth for the vse of it, let the partie grieued drinke a good draught therof first & last, and it will purge the Bladder in short time. Probatum est.

CHAP. 126.

¶ Another for the same.

TAke Rue, (otherwise called Herbe grace) Grommell and Parsnie, of ech of them as euen portions as you can, and stamp all thiese togither, and steep them in white wine, & then straine them, and giue the same to the Patient to drinke 4 or 5 times a day luke warme, and it will help him. CHAP. 127.

¶ Another for the same.

TAke Berries of Ybie, and beat them to powder, and let the Patient drinke it with white Wine, or else with stale ale, as ot as he is able to suffer it. CHAP. 128.

¶ A Very good Medicine to cause one make water that cannot,

TAke a new laide Egge, and make a hole in the greatest ende of it, and take forth both the Yolke & whit, and lay the hole of the Egge downwardes, vppon a hot Brick-stone, and let it remaine so, vntill it be so wel purged, that yer may make powder there of: then beat it to powder, and drinke it in white Wine, twice a day, (first and last) and it will help you. This was much vsed by one M. Rose, who eased many therwith: also, this is marueilous good against the stone. CHAP. 129.

¶ Another for the same.

Take

Take a quart of of strong Ale, and set it on the fire: and then take a good handfull of Time, & binde it vp fast into a bunch, and so seeth it in the Ale, vntill such time as you do perceiue the strength thereof to be cleane gone into the Ale, and then the Patient drinke a good draught thereof euery day both morning and Euening for the space of vj. or vij dayes togither, and it will help him. ꝓb. est. CHAP. 130.

¶ An other for the same.

Take a good quantitie of the seedes of Red Nettles, & put them eyther into your Ale, or else into your Pottage, and so drinke or eate often thereof, and this wil help you presently. R. Cox. This is also good against the Stranguarie. CHAP. 131.

¶ An other for the same.

Take a flint stone, and lay it in the fier, & there let it remaine vntill it be red hotte, and then put it into the Ale that ẏ partie grieued doth drink and then let him drinke a good draught thereof whilest it is warme, and he shall finde maruellous great ease thereby. CHAP. 132.

¶ An other for the same.

Take a quarter of a handful of Parsly, and as much red Fennel, and wash and shredde them verie small, and put them into a Cup of stale Ale, and make a posset therewith, and drink the and it helpeth CHAP. 133.

¶ A good medicine for one that pisseth Bloud.

Take Bursa Pastoris, Parsly seedes and Ambrose, of ech of them a handfull, and stamp them well togither, & then steep them very wel with Goates Milke, & then straine it through a fine cloath, and giue it the Patient to drinke, and this will helpe him without all doubt. ꝓb. est. CHAP. 134.

An other good Medicine to cause one to pisse that cannot.

Take a good quantitie of the best English Saffron that may be gotten, and dry it and beat it to fine powder, and then take the quantitie of pure blacke Sope, and mingle the same with the powder, and then spread it vpon ẏ fleshie side of a peece of Sheepes leather, and then lay it to the Nauil of the partie grieued, and it will procure vrin within an houre or little more. ꝓb. est.

CHAP. 135.

¶ An experienced Medicine to prouoke Vrin.

TAke a good handfull of red Nettle Rootes, and ſeeth them i quart of good Ale, and let them ſeeth vntill the one halfe th of be conſumed: then put into it, a quarter of a li. of ſweet b ter, and ſcum it cleane before ſuch time as the Butter be put in and when you haue ſo done, take a good quantitie of ſeedes of E ſaunders, Parſly ſeedes, and Grommel ſeedes, (being all wel bea to powder firſt) and ſeeth them therein, and when it is well b den, ſtraine it through a fine linnen cloth, (but let all the thin before rehearſed, be of equall portions) and then let ỹ patient to drinke often thereof, (eſpecially firſt and laſt) and this wil him without all doubt. CHAP. 136.

¶ Another for the ſame.

TAke iij. quarts of Ale and ſeeth it, and let it be iij. or iiij. ti ſcummed, then put into it Roſemarie, Time, and Pennie Ro of ech of them a handfull, and let them boyle togither, till a q ter thereof, or ſomewhat more be waſted away: then ſtrain ſame: let the Patient drink a good draught therof [like war euery morning faſting, and laſt in the euening, and this will him very much. Pb. eſt.

This is alſo a maruellous good medicine againſt the ſtone, hath bin ſufficiently proued. CHAP. 137.

¶ Another good Medicine to cauſe one to piſſe that cannot

TAke Horſe dung out of the ſtable, new Butter and Aqua- of ech of them equall portions, and fry them all togither, then make a plaiſter thereof, and apply it to the Patient (fro Pavil to the Fundament) as hot as poſſible he may ſuffer it let him not be afraide, though it cauſe ỹ Blood to iſſue forth ſuch is the nature of the Medicine. Alſo it will cauſe the ſto auoide forthwith. Pb. eſt. CHAP. 138.

¶ An other good Medicine to prouoke Vrin ſpeadely.

TAke Betony which groweth in woodes (both Rootes & le and waſh them cleane, and dry them in an Oven (in a or in ſome other ſuch like thing) where bro wne Breade ha newly drawne forth of it, then take the ſame leaues and beat to powder, and let ỹ Patient vſe di. a ſpoonefull thereof at a eyther in white Wine, poſſet ale, Potage, or elſe into his ord drinke which he vſeth. CHAP. 139.

¶ A good Medicine to heale a Canker vppon the Yarde.

Take an ounce of Roch Allum, & di. an ounce of Verdiegrease and mingle them with Smiths Water, and put them all togither into some Glasse or other close vessel, and when they are well ted, boyle them for ỳ space of ỳ. houres togither, & then straine same, and put it againe into the glasse or vessell aforesaide, and p it close, and when occasion serueth for vse thereof, then let the rde be often washed therewith, and it will destroy the Canker hort space. pb. est.

Chap. 140.

A very good Medicine for the swelling of the Yarde or Coddes.

Take Egrimonie water distilled, and put thereto a good quantity of Roch Allum, and set them ouer ỳ fire to soke, and so let them maine vntill they be ready to boyle, then take it of, and with a e linnen cloth, anoint wel the Yarde vnder ỳ Skinne, with the ne Water, and let it be warme when you do vse it, and it wil aage the extreame paine of the Yarde, and also of the Coddes, yf ey be washed with the same.

Also to incarnat ỳ Skin of the Yarde win, take Fumitorie Wa-r, and put a good quantitie of Liquorice pared, and steepe it ther-, for the space of one night, and then put some of the same water to ỳ Yarde with a spundge, or else with a Tent, made of linnen oath.

Chap. 141.

An excellent good remedie for the burning, and intollerable heate of of the Vrin.

Take seedes of Purslane, seedes of Lettuce, seedes of Endiffe, and of seedes of white Poppie, of ech of them 2 ounces: then take the aight of di. a dram of Henbane seedes, 2 ounces of Saffron, fiue ams of Liquorice, 10 drams of Pine Apple kernels, 2 ounces of baslian, and the quantitie of vj. li. of faire running Water: min-e all these well togither, and boyle them vntill the thirde parte ereof be consumed, then straine it, and let ỳ Patient take euery orning an ounce thereof, and mingle it with an ounce of ỳ iuice Violets, and so let him vse this for ỳ space of 3 or 4 dayes togi-er, and the 5 day you shall see maruellous straunge varietie in the rin. pb. est.

Chap. 142.

A maruellous good Water to breake the Stone in the Bladder.

Take 2 pintes of ỳ iuice of Saxifrage, the iuice of Gromel, and of the iuice of Parslie, of ech of them a pinte, and put thereto, the uantitie of 8. or 9 ounces of ỳ best Vinegar that is made of pleasant

wine, and diſtil all theſe togither, and then put the diſtilled liquor into ſome glaſſe or other veſſell that hath a narrow mouth, and let the Partie grieued take an ounce thereof at a time, thrice euery day (Viz.) in the morning faſting, at Noone, and at night a little before he goeth to Bed, and this (by Gods grace) will in ſhort ſpace help him. pb. eſt.

CHAP. 143.

¶ A maruellous good Drinke to cleanſe the Bladder, which muſt be taken after the Stone is diſperſed, & to cauſe it to auoide away by ſhiuers and ſmall pieces.

TAke Roſemarie and wilde Time, of ech of them a handfull, ſeeth them in a quart of Raine water, vntil ỹ one halfe thereof be conſumed, and then put as much Suger therein as will make it ſweet, and let the partie grieued vſe to drinke of this euery day often, vntill he do perceiue his water to grow cleare, vnleſſe his water be thick, let him not drinke thereof.

CHAP. 144.

¶ A good Medicine to cure the ſwelling of the Yarde.

TAke Wax, Oyle, and the iuice of Purſlane, of ech of them a proper quantitie, and mingle them all togither, and then lay the ſame to the Yarde that is ſwolne, and it will ſpedely help him. pb. eſ

MAny thinges more, might haue beene heere ſpoken of, as concerning all ſuch diſeaſes as come of the Bladder, as the Stone and ſuch like &c. but as concerning the Stone it ſelfe, look in the title of Collick and Stone, and therein you ſhall find thinges anſwerable to expectation, therefore I wil now omit to ſpeake any more at this time of the Bladder, hoping that there is none that do take vpon thē the practiſe either of Phiſick or Chirurgery, but are of themſelues ſufficient inough to iudge thereof, and to miniſter the Medicines for it: and for thoſe that are vnſkilfull in the Sciences foreſaid, I would wiſh them to haue a great care and reſpect to the medicines that they doe miniſter for diuers diſeaſes coming of the Bladder, and they not knowing the cauſes, wherein if they be not skilfull they do much hurt. Therefore, I woulde wiſh them firſt to learne of thoſe that are skilfull before they do attempt any ſuch thing themſelues, and further, to know perfectly, the principall cauſe of the diſeaſe, whereby they may more eaſily of themſelues afterwardes, miniſter medicines accordingly, & as occaſion ſhall ſerue: & not any

pro

preiudice or hurt the Patient any thing at all, but also (for euer after) purchase to themselues euerlasting fame.

¶ Bleeding and Bloudstaunching.

Chap. 145.

¶ An excellent good Medicine to staunch bloude.

TAke Whit wine Vineger, (the best that may be had) and Plantine Water, of ech of them 2. li. and mingle them togither: then take diuers Linen Clothes and wet them therein, & lay some of them to the soles of ẏ fæt of the Partie grieued, and some against the Liuer, and some to the Palme of his handes, and this will staunch ẏ Bloud forthwith.

Chap. 146.

¶ An other medicine to staunch the bleeding at the Nose.

TAke Inckle and binde the Partie that blædeth about the Temples of the Heade very harde, and let the knot be in his Neck, and this will staunch the blæding immediatly.

Chap. 147.

¶ An other good Medicine to staunch ẏ bleeding of the Nose although it bleede neuer so freshlie.

TAke an Egge and breake it on the top, in such sort that all the white and yolke may issue cleane forth of it; then fill the Eggshell with some of the Bloude of the partie which blædeth, and put it in the fire, and there let it remaine vntill it be harde, and then burne it to Ashes, and it will staunch the bleeding immediatly, wout all doubt.

Chap. 148.

¶ An other for the same.

TAke a Linnen Cloath and wet it well in Vinegar, and wrap it about the paine members of him that blædeth, and he shall im-

mediatly cease bleeding. ꝓb. est ꝑ I. L. CHAP. 149.

¶ An other for the same.

TAke Centorie, greene Rue, and Red Fennell, of ech of them a like quantitie, and stamp them all togither, and straine them with Ale, and let ẏ Patient drinke ẏ same luke warme, and it will stop the bleeding of any maner of Wounde, Cut, Bruise, or other hurt whatsoeuer. CHAP. 150.

¶ An other for the same.

TAke Bursa Pastoris, (otherwise called in English Shepheardes purse,) Hisop, and Plantine, of ech of them a like quantitie, and bruise them in a Morter, and make them hot before the fire, and then lay them to ẏ Nose of him that bleedeth: and likewise binde some of ẏ same hearbes to the temples of his head as hot as he can suffer them, and this will staunch the bleeding forthwith without all doubt. ꝓb. est. CHAP. 151.

¶ An other for the same.

TAke an olde Linnen Cloath and wet it well in good sharp Vinegar, and then burne it to powder: then take some of ẏ same pouder and (if it be a wounde) cast it therein, and it will stop the bleeding immediatly: but if the Nose bleede, then (with a quil or some other Instrument) blow vp some of the same pouder into the Nose of the Patient, & it will cease bleeding. CHAP. 152.

¶ An other for the same.

TAke Betony and stamp it with a little Salt, & put a prettie quantitie thereof, into ẏ Nose of him that bleedeth, and it will stanch the the bleeding presently. CHAP. 153.

¶ An other approued Medicine to staunch ẏ bleeding of a wound.

TAke Linnen Cloth and burne it, and then take the pouder thereof, and spreade it thicke vpon an other Cloath, and lay it to the Wounde, and this will staunch the bleeding of it. Also take Pimpernel, and holde it betweene your Teeth, and you shall not bleede any more whilst you hold it there. CHAP. 154.

¶ A very good Medicine to staunch bloud when nothing else will do it, by reason the Veine is cut, or that the wounde is great.

TAke a peece of salt Biefe, (that which is leane onely) as much as will lie in the wounde, and lay ẏ same in the Embers of the fire, and so heate it through hot, and then thrust it into the wound and binde it fast, and it will forthwith staunch the blonde, and let

it

it lie for a good space after in the wounde, for the stopping of the bloude. This is a present remedie and hath bin often proued.

CHAP. 155.

¶ An other for the same.

TAke a Toade and dry him very well in the Sunne, and then put him into a linnen Bagge, and hang him about ỳ Necke of him that bleedeth with a string, and let it hang so low that it may touch his breast on ỳ left side neere vnto his Hart, and cõmonly this will stay all maner of bleeding at the Mouth, Nose, Wounde or otherwise whatsoeuer. pb. est. CHAP. 156.

¶ An other experienced Medicine to staunch ỳ bleeding at ỳ Nose.

YF your Nose do bleede vnmeasurablie, then tie your little Finger very hard about ỳ lower ioynt, and for the most part commonly, it fayleth not to stay ỳ same. CHAP. 157.

¶ An other for the same.

TAke the white of an Egge and a little red Ocker, [otherwise called Bole armoniack] and a little Dragons bloude, and bray them all togither very small: then take a little Flax and wet therein, and then make it like a fillet, and lay it vpon ỳ forehead of the patient from ỳ one Eare to ỳother, (but be sure that it lie right vpon ỳ Temples of his heade) and this will presently staunch the Bloude. pb. est. CHAP. 158.

¶ A present remedie to staunch ỳ bleeding of any Cut or Wounde.

TAke a good quantitie of of Vine leaues, and dry them well, and beat them to powder, and put the same powder into the wound and it will cease bleeding presently. pb. est.

CHAP. 159.

¶ A present remedie for one that bleedeth inwardely.

TAke a good quantitie of ỳ iuice of Neepe, and let ỳ Partie grieued drinke it, and it will cause him to cast vp his Bloude presently. This hath bin truly proued.

CHAP.

¶ Bloud-spitting.

CHAP. 160.

¶ An excellent good Remedie for one that spitteth bloude.

TAke the Doung of Mise, and beat it into fine pouder, (the quantitie must be as much as will lie vppon a Groat of siluer) and put it into a pinte of the iuice of Plantine, and put thereto a little fine Suger, (but let it be finely beaten to pouder, before you put it into the iuice) and then let the Partie grieued drinke a good draught thereof at a time, both Morning and Euening euery day, vntill such time as he do perceiue his Infirmitie to be cleane gone, and this will help him.

CHAP. 161.

¶ An other for the same.

TAke iuice of Betony and temper it wel with Goates Milke, and giue it the patient to drink, and let him vse it for y space of three dayes together, and doubtles this will help him. Prob. est.

CHAP. 162.

¶ An other for the same.

TAke Betony, Mintes, Smallege and Rue, of each of them a like quantitie, and seeth them all together in new Milke, and let the Partie grieued sup it off, as hot as possible he may suffer it, and it will speadely help him. Prob. est.

CHAP.

¶ Biting of venemous Beaſtes.

Chap. 163.

¶ An excellent good Remedie for the biting or ſtinging of any maner of Serpent, as Adder, Snake &c.

TAke a good quantitie of the Leaues of an Aſh tree, and ſtamp them very wel, and then lay them to ẏ place that is ſtung, or elſe wring out the iuice very cleane forth of them, and let the Patient drinke a good quãtitie thereof at a time, and it will worke maruellous great Effectes in him. This hath bin truly proued.

Chap. 164.

¶ A very good Medicine to cauſe Serpents to forbeare ſtinging or biting.

TAke the iuice of Raddiſh Rootes, and anoint your handes therewith, and the fewme or ſmel wil cauſe them that they ſhall neither ſting nor bite: but they wil be ready to die with ſmelling the ſauour of the root, and they wil do no harme if you take them vp in your hand. ꝑb. eſt.

Chap. 165.

¶ A good Medicine to cauſe one not to be ſtung eyther with Waſpes or Bees.

TAke a good quantitie of Mallowes and ſtamp them, and mingle them with Oyle Oliue, and then the place ẏ is anointed with ẏ ſame Vnction, neyther Waſpes nor Bées wil touch there. ꝑb eſt

Chap. 166.

¶ A preſent remedie againſt the biting of a mad Dog, and againſt the rage or paine that followeth the partie that is bitten.

TAke a good quantitie of the Bloſſoms or Flowers of wilde Thiſtles dryed in the ſhaddow, and beaten to powder, and giue it the Patient to drinke in whit Wine, (the quantitie of a Wallnut helfull at a time) iij. or iiij. times togither. and it wil ſpeadely helpe him. ꝑb. eſt.

Chap. 167.

¶ A singuler good Medicine for the biting of any venemous beast.

TAke Selandine and Plantine, of ech of them a like quantitie, ſtamp them very wel togither, & then temper them with ſtal Piſſe, and apply it to the place grieued, and it wil aſwage th paine and ſwelling. and it wil alſo drawe out the venom the of, and if it be neuer ſo vehement. ,pb. eſt.

CHAP. 168.

¶ Another for the ſame.

TAke a good quantitie of Plantine, and beat it wel in a Mortar a ſtraine it, and drinke the iuice thereof, and it wil ſpeadely ea you. ,pb. eſt.

CHAP. 169.

¶ An excelent good Medicine for the biting or ſtinging of an Adder, Serpent, or other venemous beaſt.

TAke a good quantitie of Centorie, and chop it wel and ſtrain and compound it with Vrin, and let the partie grieued drin it iij. or iiij. times: and afterwardes, take a Cock Chiken, a take the guts warme, and lay them vpon the place grieued, & ſo them remaine there for the ſpace of iij houres (the partie griev hauing all this time, his Leg, Arme, or other place ſtinged, bou vp about his body) and then take them away, and lay a quarter the ſame Cock Chiken to the ſame place, and let it remaine th as long as the guts did before, and then take the ſame away, apply an other of the quarters to the ſame place, and in like for nother, and ſo vſe this continually vntil the partie grieued be h but take good heede that you do not touch the place that is poyſo with your hande or finger, and when you take away eyther ỹ g or quarters from the place ỹ is grieued, burye them in the grou leſt that they ſhould infect eyther Man or Beaſt afterwardes. eſt.

CHAP. 170.

¶ An excellent good Remedie for the biting of a mad Dog.

TAke Night-ſhade, Betony, & wilde Sage, of ech of them a h ful, and a pint of faire running Water, and ſtamp the hea and ſtraine them with the ſaid water, and then put theret penny worth of Triacle, and ſo give it ỹ patient to drinke iij. o mornings togither faſting, and this wil ſpeadely help him. ,pb

CH

CHAP. 171.

¶ A Rule to know what things are good and holsome for the braines, and what are not.

To smel to Camamil or Musk.
To eate Sage, but not ouer much at a time.
To drinke wine measurably.
To sleep measurably.
To heare but little noise of Musique or Singers.
To eat Mustarde pepper.

To keepe the head warme.
To wash the hands often.
To walke measurably.
To smel to red Roses.
To wash ỳ Temples of the head often wt Rosewater.

Thinges il for the Braine.

To sleep much after meate,
All manner of Braines.
Gluttony.
Drunkennes.
or labouring.
Ouer much watching.
Ouermuch colde.
Ouer much bathing.

Late Suppers.
Anger.
Heavines of minde.
To stand much bare-headed.
Milke.
Cheese.
Garlicke.
Onions.

To corrupt ayres.
To eat ouermuch, or hastely.
Ouermuch heat in trauailing,
Ouermuch knocking or noise.
To smel to a whit Rose.

Stinking breath.

CHAP. 172.

¶ A good Medicine to be vsed, for one that hath a stinking breath.

TAKE seedes of Coriander, and boyle them very wel eyther in white Rumnie, or in Sack, and let the Party grieued drinke iij. or iiij. spoonefuls thereof in ỳ Morning, and as much in ỳ Euening: but note this, that that which he taketh in the Morning must be colde, and that which he taketh in the Euening must be hot: but he must be ware of taking excesse of meate, or drinke, and let him not vse to sit vp late at night, but rise as early in the Morning as he can, & and this (by Gods grace) wil in a short space help this infirmitie. Pb. est.

CHAP. 173.

¶ An other for the same.

TAke a good quantitie of Rosemary leaues and flowers, & boyle them wel in whit Wine, and then put a little Mirh, Benieamin, and Cinamon beaten to fine powder therein, and let the Patient vse to wash his mouth often therewith, and this wil presently help him. Pb. est.

CHAP. 174.

¶ An other for the same.

TAke a pound of Cummin seed, and beat it to powder, and then seeth it in a pottle of white Wine, and let it seeth vntill the one halfe thereof be consumed away: and then straine it, and let ỳ Patient drinke thereof twice euery day at the least, for ỳ space of viij. or x. dayes together: and let him also vse to drinke the quantitie of a quarter of a pint thereof at a time, and this wil help him wout all doubt.

CHAP.

¶ Diſeaſes in the breſt, as the Tiſick &c.

Chap. 175.

¶ A good Medicine for the Tiſick, and ſtopping in the breſt, and for the opening of the Pipes or Weſand.

TAke Parſly rootes, Fennel roots, and Succory roots, of ech of them a like quantitie, and pick all the pithes cleane out of them, and then waſh the rootes wel that there do no grauel or ſand remaine in them, and then ſæth them in whit wine, vntil they be ſoft, and if you can get any Ginger Berries boyle them therein with ỹ reſt, & when it is wel ſodden, ſtraine it, & put thereto a little Pellitory of Spain, and let the Patient drinke it, both Morning and Euening for the ſpace of viij. or ix. dayes togither, and doubtles this wil help him. This hath holpen many that could not fetch their breath at all.

Chap. 176.

¶ An other good Medicine for the ſtopping in the breſt.

TAke Rue, and ſæth it in Eyſel, and let the Patient drinke it: & let him alſo drinke Nettle ſeedes brayed, and it wil cauſe him to auoide great ſtore of Gravel from the ſtone in the Raines of the backe.

Chap. 177.

¶ An excellent good Medicine for all maner of diſeaſes in the breſt, and againſt all Impoſtumes, Coughes and Pluriſies.

TAke a good handful of Scabious, and let it be wel dryed: Then take anniſeed, & Fennel ſeed, of ech of them an ounce, and an ounce of Liquorice cleane pared & cut ſmal, and iij. Figs, & di. an oz. of Erins, and put all theſe togither eyther in a quart of faire running Water, or elſe in a quart of good whit Wine to ſoke, for ỹ ſpace of a night, and then boyle the ſame vntil ỹ one halfe or more be conſumed, and then ſtraine it through a fine linnen cloath, and when it is ſtrayned, put into it a little fine Sugar, to make it ſweet, and let the partie grieued drink this both firſt & laſt for the ſpace of viij or

ir. dayes togither, and by Gods grace, this will help him in a short space. This hath bin sufficiently proued.

Womens Breastes.

Chap. 178.

¶ An aproued Medicine to cure a Canker in a womans Pappes.

TAke Goose dung and Selandine, and bray them very wel togither, and then spread the same Plaister wise, vpon a fine linnen cloath, and lay it to the sore Pap, and it will speadely clense the Canker, slea the worme, and heale the sore. This hath bin oftentimes proued and found good.

Chap. 179.

¶ Another good Medicine to cure the Canker in a womans breast.

TAke iuice of Selandine, and Goose dung, of eche of them a like quantitie: then take Pelitory of the wall, Garlick & Ry meale, and stamp them & fry them altogither in wine Vinegar that is both pure and good, and let it boyle vntil such time as it be thicke, & then make a plaister thereof, and lay it to the sore place, and so let it continue vntil you perceiue that it be whit: and then take a good quantitie of Pimpernel, and grinde it very small, and put thereto a good quantitie of English Hunny, and make a plaister thereof, and apply it to the sore, and it will heale it in a short space. Probatum est.

Chap. 180.

¶ Another approued Medicine to breake the sore of a wom. breast

TAke a good handful of Figs, and stamp them in a Morter vntil al the kernels be broken: then take them and temper them wel vñ a little swines Grease that is fresh, and make a plaister thereof, and lay it to the womans breast that is sore, as hot as euer possible she may abide it, and it will take away both the swelling and paine, &

if it be ready to breake, it will help it forwardes to breake forthw, or else not. Pb. est.

CHAP. 181.

¶ An excellent good Medicine for a woman that hath a sore or swelling breast comming by cold or otherwise &c.

TAke a Colewort leafe, and cut away the veyne of it, and then anoynt the leafe it self with Mai butter, first boyled w Rosewater, and then lay it to the womans breast that is sore, and it will aswage both the swelling and paine in a short time, This hath bin truly proued.

CHAP. 182.

¶ A Medicine for the swelling of a womans breast after the wayning or death of a Childe.

TAke Red Sage, and Camamile, of ech of them a good handful, & stamp them very wel togither, and then boyle them in a pinte of the best whit wine Vineger that may be gotten, and let it boyle vntil the one halfe thereof be consumed: then take a fine linen cloth double, and spread the same thick vpon it, and lay the same to the womans breast that is sore, as hot as she may abide it, and in twice or thrice vsage of it in this sort, it wil take the paine quite away, & it wil dry vp her Milke without any danger or hurt of her breast at all. This hath bin truly proued. CHAP. 183.

¶ A good Medicine for to increase Milke in a womans breasts.

TAke Fennel rootes and Parsneepe rootes, and let them be boyled in broath made of Chickens, and then let the woman eat of the same rootes, mixed with fresh butter, which must be as new made, as possible it may be gotten, and this wil cause great store of milk to increase in any womans breastes. Pb. est.

CHAP. 184.

¶ An other for the same.

TAke di. a li. of Rice, and seeth it in Cow Milke, & crum it with some wheaten breade, (but it must be such as is cleane without Rie or pu'se) and then put some fennel seedes beaten to fine powder and a little Suger, to make it sweet, and this wil doe her exceeding much good for the increase of her Milke. Pb. est.

CHAP. 185.

¶ An other for the same.

TAke a good quantitie of greene Wheat, which groweth on the ground betwixt Michaelmas and Easter, (you must take both the blades and rots) and stamp it wel, and straine it through a fine lin-

linnen cloth into some pottel ale, and put therein a little fine Suger, to sweeten it withall, and this wil increase great store of Milke in a womans breasts, within the space of iij or iiij. dayes by using of it. Apb. est.

CHAP. 186.

¶ An other for the same.

TAke Christal, and beat it into fine pouder, and mingle it with as much Fennel seede (likewise beaten into fine pouder) and a litle fine Suger, and let the woman use to drinke often thereof warme, & with a little whit Wine, and this wil restore her Milke againe, although it be cleane gon away from her. This hath bin sufficiently proued.

Bruses and Sores.

CHAP. 187.

¶ An approued Medicine for an olde sore or bruse.

TAke Selandine, red Sage, and Sorel, of eth of them a good handful, ij. handfuls of Woodbine leaues, vi. a handful of Rue, and a good handful of the tops of Rosemarie, and boyle them all togither in a pint of whit wine, and a pint and an halfe of faire running Water: & let them boyle vntill you perceiue that they loke yellow, (but before such time that it be sodden to perfection, put into it as much Hunny as wil sweeten it) and then put into it, vi a quarter of a li. of Roch Allum, and when the Allum is molten take ỹ stuffe from ouer the fire, and straine it, through a course linnen cloth, and then put it in some Glasse or Galypot, & stop it very close, and let the partie grieued (as occasion serueth) apply this to the sore, and it wil ease him very much. Apb. est p M. D. C.

CHAP. 188.

¶ An

¶ Another excellent good Medicine for a bruiſe.

TAke brooke Lime, Smallege and browſe wort, and frie them altogither in Shæpes Suet: then take it and ſtraine it throgh a fine linnen cloth, and it wil become an Oyle immediatly, & then put therto, a prety quantitie of Spermaceti, and mix it wel with ẏ ſame Oyle or ſtuffe, & then anoynt the place gricued often therew̃, and it wil help it, ꝓb. eſt ꝑ M. Cox.

CHAP. 189.

¶ A good Medicine for any maner of bruiſe, in the armes legs or elſe where.

TAke a good quantitie of the Suet of an Hart, Buck or Shæp that is new killed (if it may be had) & put thereto ſome Lees of wine, and wheaten Bran: then take water Creſſets, & waſh them cleane, and then boyle them in faire running water, and let them boyle vntill ſuch time as they be ſoft, and then put them into a Morter, and beat them, and then put them into a cleane pan, and mix them altogither, and fry them, and ſo make a Plaiſter thereof, and lay it warme to the ſore place: vſe v or vj. of theſe plaiſters in this ſort, or more as neede ſhall require) and this wil cure him. ꝓb. eſt.

CHAP. 190.

¶ A good Medicine for any bruiſe or ſore which is vnriped.

TAke Otemenle Grotes and ſæth them in Cow Milk that is new, and let them ſæth vntil they be thick, and then put the ſame in a pan againe, and mix it with a good quãtitie of Shæpes Tallow, and ſo let it boyle wel, (but be ſturring of it continually) and then take a plaiſter therof, and lay it to ẏ ſore as hot as poſſibly it may be ſuffred. ꝓb. eſt.

CHAP. 191.

¶ Another experienced medicine for a bruiſe or ſtraine.

TAke Chickweede, wheat bran, and the Grownes of ſtrong ale or bære, and mingle them wel togither, and apply the ſame to the place which is grieued iij. or iiij. times a day, (it being ſpred vpon ſoft Cloth, but not ouer-thin) and this wil help it. ꝓb. eſt.

CHAP. 192.

¶ Another Medicine for a bruiſe which commeth by a blow, or &c.

TAke a quart of Claret wine Vinegar, and boyle it wel with leuened bread, and then put into it a good quantitie of Bæres ſuet, & good quantitie of Otemeale, and ſæth it vntill it be thicke, & then lay it to the ſore, (but chaunge ẏ plaiſters twice or thrice a day at

the leaſt) and within iij. or iiij. dayes vſing of it in this ſort, it wi
help you. CHAP. 193.

¶ A moſt ſinguler good Oyle made of Camamil, that is good for
al maner of Bruiſes, Splenes and Swellings in the legs, arms, &c.

TAke a pint of pure Sallet Oyle, or ſomewhat more, and bruiſ
good quantitie of Camamil, and put therein, & then put it int
Glaſſe, and ſet it to ſtand in ſome place in ỹ Sun, where it may
ſafe for ỹ ſpace of x. or xij dayes: (but when it hath ſtod ſo v. da
then ſtraine it through a fine linnen cloath, and ſet it to ſtande i
Sun againe) and at the end of the time before preſcribed, ſtraine
againe, and then ſet it in ỹ Sun the third time, and let it ſtand vn
it be cleane purified from any drugs: and then put it into a clea
glaſſe, and ſtop it cloſe vntil you haue occaſion to vſe it, and wh
occaſion ſerueth for vſe thereof: anoint the place grieued twice
thrice a day (chafing it before ỹ fire) and it wil help you. This o
if it be kept cloſe ſtopped, it wil cõtinue good for the ſpace of ij. ye
and more nam probatum eſt. CHAP. 194.

¶ An excellent good Medicine for to be drunke by one that is
burſt eyther in the Belly or Cods.

TAke a handful of Camfrey, a handful of Polipodium (other w
called Oke-fearne) a handful of Knotwort, a potle of whit wi
a Knuckle of Veale, ỽj. a ℔j. of Reiſons of the Sun, ỽj. a ℔j. of Ma
and ỽj. as many Dates: and put all theſe togither into an Earth
pot: then take a kettle of v. or vj. gallons, & fil it with water, a
ſet it ouer the fire, & then take the ſaid Earthen pot and ſtop it v
cloſe with a little paſt, and put it into the kettle of water afore ſa
and let ỹ water ſæth continually for the ſpace of v. or vj. houres
the leaſt, with the Earthen pot therein, (and kæpe an other ket
ſtil ſæthing with water, to ſupply the want of that which boyl
away) then take the Earthen pot forth of it, and take out all ſu
things as are therein, & beat thẽ in a Morter, & then ſtraine th
and ſo giue the patient of the ſame licquor to drinke both firſt & l
and it wil cure him. CHAP. 195.

¶ An other for the ſame.

TAke the Gall of an Ore and Oynions and fry them with Shee
ſuet, and with a fine linnen cloth put it to ỹ ſore place, and it
help it preſently. Probatum eſt. CHAP. 196.

¶ A Very good plaiſter for a bruiſe.

Ta

TAke Wormwood and Cummin of each of them a like quantitie, and put therevnto a little Roſe Vineger, and lay it to the bruiſe like a plaiſter, before that the Skin be any thing at al broken, and it ſpeadely helpeth. CHAP. 197.

¶ A good Medicine for a Bruiſe or Cut.

TAke Roores of Louage, Alehofe, Parſly, & annisſeedes, and beat them very fine in a Morter: then take Barrowes Greaſe, and boyle them togither, and when it is boyled, ſtraine it, and put as much vnwrought Wax thereto, as a Wallnut, and ij. as much Roſin, and then boyle them altogither againe, & hauing ſo done, ſtrain it through a fine linnen cloth into a little pan of water, and ſo let it ſtand vntil it be colde: then take it in your hands and labour it vntil it be ſomewhat ſhort, and then wrap it in a pece of leather, and vſe it as you haue occaſion CHAP. 198.

¶ An excellent good drinke to heale all maner of Bruiſes.

TAke Egrimony, Betony, Plantine, Sage, Roſes, Ivy leaues, and Parſly, of ech of them a like quantitie, and ſtamp them altogither, and mingle them with whit wine, and let the patient drinke oftentimes thereof, and (by Gods Grace) it wil help him in a ſhort ſpace, ꝓb. eſt. CHAP. 199.

¶ A Very good Medicine to skin any olde ſore or bruiſe.

TAke Bramble Buds, Selfe-hale and Sinkefoile, of ech of them a good handful, and a little water Betony, and boyle them well with Barrowes greaſe, and then let it be applyed to the ſore place, as hot as poſſibly it may be ſuffred, and it will gather Skin vpon ỹ ſore forthwith. ꝓb. eſt.

¶ Burning and Scaulding.

CHAP. 200.

¶ An approued Medicine, for any burning with fire, or ſcaulding with water or other Licquor &c.

TAKE Houſleeke, and Hemlocks, of ech of them a good handful, and beat them both togither: then take a quarter of a li. of Roſes greaſe, and ſeeth both ỹ hearbes and it togither, vntill

ſuch time as they come to an Dyntment, and then ſtraine ỹ ſa
into a bor, and let ỹ Patient anoint the place grieued therewith,
or iy. times euery day, vntil he be hole, which (by Gods grace) w
be in a ſhort time. CHAP. 201.

¶ An other for the ſame.

TAke Ivy leaues, (but they muſt be of thoſe ỹ grow nert v
the ground) and ỹ leaues of Marigoldes Woodbine leaues, a
Plantine, of ech of them a like quantitie, and chop them very ſm
and boyle them in Bores greaſe: and then ſtraine them into ſo
earthen veſſel, or gallipot, and let ỹ place where ỹ griefe is be oft
anointed therewith, and it cureth it, Prob. eſt.

CHAP. 202.

¶ An other for the ſame.

TAke a Brake Roote, and ſtamp it wel in a wodden diſh, or
a Morter, and then ſtraine out ỹ iuice thereof cleane, & let
place that is burned or ſcauded, be anointed therewith, and
helpeth. This hath bin truely proued.

CHAP. 203.

¶ A Very good Oyntment for any maner of burning of Gunpow-
der, or ſcaulding of water.

TAke ỹ. or iy. handfuls of Houſleeke, a good handful of Barro
greaſe, and ỹ. handfuls of Groundſel, and ſtamp them alto
ther, & put thereto, ỹ. handfuls of Sheepes Doung that is new f
len, and as much Goſe Doung, and then ſtamp them againe wi
the things before recited and then boyle them wel togither: th
ſtraine them through a fine linnen Cloth into an Earthen pot, a
with ỹ liquor that commeth thereof, anoint ỹ place grieued & it
help it forthwith. CHAP. 204.

¶ An other good Oyntment for any maner of burning with fire,
or otherwiſe howſoeuer.

TAke Daiſie rootes, Plantine, Way-broad leaues, Greene Goo
Doung, and ỹ Barke of Elder Tree, of ech of them a like qua
titie, and a prettie quantitie of Oyle Oliff, and ſtamp them welt
gither, and then let ỹ Party grieued be anointed therwith as oft
as need ſhal require, and let it be with a Feather, and this wil c
him without doubt. Pb. eſt. CHAP. 205.

¶ A very good Medicine for any manner of burning with fire
or ſcaulding with water.

TAke a brake Root, and ſtamp it in a diſh, and ſtraine out al the iuice of it, and put into it a good quantitie of Creame, and let the place ỳ is burned or ſcaulded, be anointed therewith, and this will both fetch out ỳ heat and aſwage the paine. This hath bin truely proued,

CHAP. 206.

¶ A very good remedie for any burning or ſcaulding, eyther with a Hand-Gunne or otherwiſe.

TAke a good quantitie of of the Doung of Geeſe, (which is of one nights making) and a good quantitie of Butter vnſalted, or elſe Sheepes Suet clarified, and fry them in a frying pan, vntil ỳ butter or ſuet be almoſt conſumed: then put ỳ ſame ſtuffe into a courſe linen cloth ỳ is cleane, and ſtraine it into a Gallypot, or elſe ſome other ſmall Earthen veſſel: then take a Feather and dip it in ỳ ſame Liquor, and anoint ỳ place therewith ỳ is burned or ſcaulded, and and when you haue ſo done, take a fine linnen cloth and wet it wel in the ſame liquor, and lay it vppon ỳ place grieued to couer it wal, do this twice or thrice euery day vntil it be hole, which by Gods help wil be in a ſhort ſpace. Prob. eſt.

CHAP. 207.

¶ Another for the ſame.

TAke a good quantitie of Maydenwoort, and ſtamp it, and ſaith it in freſh Butter, & ſtraine it, and let ỳ place grieued be anointed therewith, and it wil cure it. CHAP. 208.

¶ A Medicine to take away a heat, or burning with gun-pouder.

TAke a good quantitie of Houſleeke, and ſtamp it and wring out the iuice cleane: then take ỳ whites of v. or vj. new laid Egs, & beat them in a Diſh vntil they be thin, and then take ỳ ſcume of it, and put ỳ iuice and them togither, and then waſh ỳ ſore place with a linnen Cloth, and then lay ỳ ſame Cloth aloft vppon ỳ ſore wet.

CHAP. 209.

¶ Another Medicine for burning or ſcaulding.

TAke eyther black or gray Sope, and lay it immediatly to ỳ place which is burned or ſcaulded, and it wil ſpeedely help it, pb. eſt.

CHAP. 210.

¶ Another for the ſame.

TAke a good handful of Auans, and as much Sheepes Doung, and fry them in May butter, and ſtraine it, and let ỳ Patient anoint the place grieued, wᵗ a little of ỳ ſame ſtuffe, (the ſame being colde)

twice or thrice a day, (but let it be anointed first eyther with gray or black Sope,) and let the Dyntment be spreade vpon a fine flaxen Cloath if it may be gotten, and this wil cure the sore verye spadely. pb. est.

CHAP. 211.

¶ A Medicine for burning or scaulding in any place whersoeuer.

TAke the whit of an Eg, and put it into a Pewter dish, and then labour it with an Allom stone vntil you perceiue it to be like vnto a Posset Curde: then take a pece of fine linnen cloth, and wet it in Oyle Oliffe, or in some other Oyle: then lay ye saide Cloth vpon the sore, and aboue it lay ye Curde before recited, made of the white of the Eg, and that wil both draw out ye fire and heale the sore.

CHAP. 212.

¶ Another for the same.

TAke iiij. Egs and rost them, and then take the yolks out of them and fry them in a pan softly vppon ye Embers til they be black, & thereof wil come an Oyle (which you must put into a Gallypot to be kept safe) and when you wil vse it, take a Feather & anoint the sore therewith.

CHAP. 213.

¶ A good Medicine for a burning, for want of other things.

TAke Berries of an Elder tree, and stamp them, and lay them to the place grieued, and this wil ease it greatly.

CHAP. 214.

¶ Another for the same.

TAke Oyle Oliffe and beat it with faire Water, vntil it be very white: and then anoint ye place grieued therewith, and it wil very speadely cure it.

CHAP. 215.

¶ An other approued Medicine for any burning or scaulding.

TAke vij. Egs and let them be as new laide as may be, and then lay them in ye fire and rost them hard: then take ye yolkes and chop them small, and put them into an Earthen pot, and set it ouer the fire, and stirre it with a stick, and let it boyle vntil you see it consumed almost to nothing: Then take it and set it to stande in the ayre for a quarter of an houre, or more, and there wil come an Oyle thereof: then take a Feather and anoint ye sore with ye same Oyle, and then take leaues of Harts-Tongue, and lay them on the sore, and binde a linnen Cloth thereon, and this wil gather Skinn againe.

CHAP. 216.

¶ Another for the same.

Take

TAke a Hen Eg, and rost it vntil it be hard, and then take ẏ yolk forth of it, and bruise it with a litle fresh Butter ẏ is cleane wout Salt, and anoint the place grieued therewith, and it helpeth.

CHAP. 217.

¶ An other for the same.

TAke Wax and Rosin, of ech of them a ℔j and ℥j. a ℔j. of May butter, and boyle them wel togither, (but it must be continually stirred al ẏ time that it doth boyle) and then cole it againe, and thē make a plaister thereof, and apply it to the sore, and it wil speadely help it. ꝓb. est.

CHAP. 218.

¶ A very good Medicine for any burning with fire,

TAke black Varnish, and with a Feather anoint ẏ place wel that is burned, and it wil aswage ẏ heat thereof, and wil heale it as faire as euer any other Medicine can, but let ẏ partie grieued vse it continually vntil he be perfect hole, This hath bin truly proued.

CHAP. 219.

¶ An approued Medicine for any maner of burning or scaulding, be it with Fire, Oyle, or with Gunpowder.

TAke Salt dissolued with Water, or else brine, and ẏ strength of ẏ same will take away both ẏ paine and ẏ heat of any burning, & especially if it be bathed with linnen Clothes wet, or dipped in the same, and afterwardes applyed to ẏ place which is burned or scalded, and this will help it presently.

¶ Cankers.

CHAP. 220.

¶ An excellent Medicine to kil a Canker in any part of mans body.

TAKE a good quantitie of Roch Allum (as it is in the barrel) and as much wheaten Flower, and of Hunny and Vinegar, of ech of them a like quantitie, and mingle them togither, and make a plaister thereof, and lay it to ẏ place grieued and so let it remaine for ẏ space of

xij.

ry. houres, and then take it away, & put on a new one in place, and so vse this for ỹ space of iy. or iiy. dayes togither, and it heale it wout all doubt. CHAP. 221.

¶ An other excellent good Medicine for a Canker.

TAke ground Ivie, Plantine, Penny-royal, Woodbine, Daysies, Rosemarie, Fetherfew, Sage, Lavender spike, and Hearb grace of euery of them a like quantitie & ỹ. spoonefuls of whit wine Vinegar: stamp and straine all these togither, and then take Hunny and wheaten Flower, of ech of them one spooneful, and mingle them with the iuice of ỹ same Hearbes, and let it be wel stirred about, and then make a plaister thereof, & lay it colde to the place grieued, & it helpeth. ꝑb, est CHAP. 222.

¶ An approued Medicine to kil the Canker.

TAke a good quantitie of the Barke of a Slo tree, and chop it very small, & boyle it in a little faire running Water, and let it boyle vntil it be blacke, & then temper it with a little rie meale and a little Hunny, and so make a plaister thereof, and lay it to the sore, and it wil speadely cure it, in whatsoeuer part of the Body it be in. CHAP. 223.

¶ An other for the same.

TAke a good quantitie of fine wheaten Flower, and of new milk, Tare and Coleworts, as much as you shal thinke conuenient, & then boyle them altogither, and make a plaister thereof, and lay it to the place grieued, and it wil presently help you. ꝑb. est.

CHAP. 224.

¶ A Maruelous good water to kil the Canker & scurf in the mouth.

TAke a quart of whit wine, and of Selandine, red Sage, Rosemarie stripped, Hisop and Woodbine leaues, ech of them a handful, and boyle them in the whit wine, vntil the one halfe of it be consumed: then straine it & wring forth the iuice cleane, & then take ỹj. an ounce of Allum, a quarter of an ounce of whit Coporas, and ỹ. or iiy. spoonefuls of Hunny, and mingle it with the iuice aforesaid, and set it on the fire againe, & so let it seeth a little while, and then take it of, and straine it againe, and then put it into a vial, and when the partie grieued wil vse it, let him wash the Canker with this water (being made luke warme) ỹ. or iiy. times every day, eyther with a fine linnen cloth vpon ones finger end, or else vppon a sticks end, if it may not otherwise conueniently be come at. This

hath

hath holpen many.

Note, that after the patient hath wel washed his Mouth therew̄, he must take a little Sandphere being beaten to fine powder, & (the patients mouth being opened) with a Quil, or a Rode, blow a little of the same powder vpon the sore.

Also this water wit in a short space heale any old sore, the same being washed often therewith, and a fine linnen cloth dipped therin & laid vpon the sore.

CHAP. 225.

¶ An excellent good remedie for the Canker in the Mouth.

TAke Penny-royal, red Fennel, red Sage, Rosemarie Tops, and Mayden-hayre, of eth of them a good handful, and a little Hisop, boyle thiese togither in a quart of whit wine, & put thereto as much as ij. Wallnuts of Roch Allum, & as much Hunny as wil make it sweet: then take it and straine it through a fine Cloth, and let the patient wash his Mouth often therewith, and it wil help him. ,pb. est.

CHAP. 226.

¶ *An* other for the same.

TAke a good sponeful of English Hunny, & a good quantitie of roch Allum burnt in a fire-shouel as whit as Chaulke, (made to fine powder) and mingle it with the Hunny, and stirre it wel w̄ a stick: then take a fine linnen cloth & wrap it about the end of a sticke, or some other instrument made for that purpose, and so dresse the Patients Mouth wel therewith, and this wil cure it. ,pb. elt.

CHAP. 227.

¶ An excellent good Medicine, for any maner of Canker, Vlcer, or the disease called NOLY ME TANGERE.

TAke iij. ounces of Vnguentum album, and of the iuice of Plantine and Nightshade, of eyther of them the quantitie of ij. an ounce, and the waight of ij. an English crowne of Tuttie, mingle al these togither, and make an Dyntment thereof, and let the place grieued be anointed therewith, and this wil heale it.

Note also, that this disease (called Noly me tangere) happeneth sentimes in the Nose, or about the face, and it beginneth oftentimes in similitude of a small round kernel or knob, and it causeth great paine, and if it be declyning towards a pale & leady collour, then may you iudg ỹ the disease is very dangerous: notwithstanding it is good to vse the Dyntment before expressed.

CHAP. 228.

¶ A good Medicine for a Canker in the Mouth, (both White & Red) the white Canker wil breake out, & the red wil not.

TAke ij handfuls of woodbine Leaues, and a handful of ſage ſhred them very fine, and ſtamp them ſmall in a Morta Then take ij. ſpooneſuls of Hunny, and as much Roch allu as bij. an Egge, and a quart of faire running Water, & boy them all togither vntil they be thick, & then ſtraine them throu a fine linnen cloth, and put ỹ liquor into a faire Earthen pot, & uer it very cloſe: and when occaſion ſerueth for vſe thereof, let t Patient anoint his gums therewith, (within his mouth on ỹ ſ ſide) or elſe if neede require, let him anoint all his mouth ther wi and if it be a whit Canker, then anoint the vtter ſide of his mou and then wet a cloth in the liquor and lay it thereunto, on the o ſide of the ſore, and ſo let him vſe this iij. or iiij. times a day, (when he is dreſſed, let him alwaies lay his face to a warme C ſingdiſh of Coales, and then he ſhal perceiue the water come fo of his mouth aboundantly.) But if the Canker be in the Noſe, i any place where it can not be touched, then ſpout ſome of ỹ ſa liquor with a quil or ſearing, and it wil heale him in a ſhort ſpa

This liquor wil be kept well xxj. dayes, in his vertue, & no m This hath bin often proued. This Medicine is alſo good for ſ lips, ſore legs, or for any other ſores.

CHAP. 229.

¶ An excellent Remedie for a Canker in the mouth or throate: alſo to waſh the teeth that be hollow and ſtinke.

TAke a good quantitie of Red Sage, and xij. Crops of Roſema and a like quantitie of Hunny ſuckles, wilde Dayſies & Sinkf and boyle them altogither in a pint of fayre Running Water vn it be halfe conſumed: Then take a little Roch Allum, and burn to powder, and bij a ſpooneful of Hunny & put therein, & then ſtra it through a fine linnen cloth, and when it is colde, put it into ſo glaſſe or elſe an earthen veſſel ỹ may be ſtopped cloſe, and let ỹ tient waſh his mouth often therewith, & it wil help him in a ſ time.

CHAP. 230.

¶ A good Medicine for a Canker in the Mouth.

TAke whit wine Vinegar and Hunny, of ech of them a like q titie, and boyle them altogither with a little Roch Allum, the Patient waſh his mouth therewith as often as he ſhall thi

requiſite, and this will cure him.

Alſo the iuice of Plantine, Vinegar and Roſewater mixed togither is exceeding good for a Canker or ſtinking breath.

CHAP. 231.

¶ A good Medicine to dry vp a Canker and to ſtay it.

TAke iuice of Wodbine, and iuice of Marigoldes, of ech of them a like quantitie, and a pretty quantitie of Hunny, and of powder of Camamil, & powder of Coporace, and powder of wilde Sage, of ech of them as much, (burnt and mingled altogither) and lay them on the place where ỳ Canker is, and it wil dry it vp. But to ſlea the Cankers: take a Red Oynion, and lay it thereon, and it wil both ſlea it and cure it. CHAP. 232.

¶ A very good Medicine for a Canker, or other diſeaſe in the Gummes or Throate.

TAke Plantine and Hunny-ſuckles, of ech of them a handfull, an ounce of Dayſie leaues, ℥j. a handful of Sage, and a quart of faire running Water, and boyle all theſe togither vntill the one halfe be conſumed: then put therin v. or vj. ſpoonefuls of ſharp Vinegar, v. or vj. ſpoonefuls of Stone Hunny, and as much Roch Allum as a Walnut, and then ſtraine it through a fine linnen Cloth, and then let the patient waſh his Mouth, Gummes or Throate, well there with, & it wil cure him. CHAP. 233.

¶ A Medicine to cure any Canker in the Mouth.

TAke a Flower-de luce Roote, and waſh it and ſlice it, and a few leaues of Penny-royal, and lay them to ſteepe in faire Running Water, for ỳ ſpace of a whole day: then take ſome of the ſame Water and waſh ỳ Patients Mouth therewith, and in often vſing of it, wil help him. CHAP. 234.

¶ An other for the ſame.

TAke Vinegar, Roſe-water. and iuice of Plantine. and mingle them togither, and let ỳ Patient vſe to waſh his Mouth oftentimes wᵗ the ſame, & it wil help him. CHAP. 235.

¶ An other for the ſame.

TAke iuice of Woodbine, & Plantine. and a litle Roch Allum, Roſe Water, and whit wine Vinegar, & mingle them togither, and let ỳ patient waſh his Mouth wel therwith & it wil help him in a ſhort ſpace. Prob. eſt. CHAP. 236.

¶ A very good Medicine for a Canker or a ſore Mouth.

TAke Sage & Hunny-suckle leaues, of ech of them a handful, an a pretty quantitie of Rosemarie, and as much Roch Allum as dj. a Walnut, & a spoonefull of Hunny, and boyle them altogithe in a quart of faire Running Water, & let them boyle for a good spa and then straine it into a glasse, and then let ẏ Patient wash h Mouth therewith, both Morning & Euening, as long as he sh finde himselfe grieued, & this wil do him much good. This hath b much vsed by Thó. Sefolde. CHAP. 237.

¶ A good Water for to clense the Mouth, & to fasten the Teeth.

TAke Woodbine leaues and Sage, of ech of them a handful, a a spooneful of pure English Hunny, & a peece of Allum as big a good Walnut: boyle al thiese togither in a quart of fair ru ning Water, and let it boyle vntil ẏ one half be consumed, and th straine ẏ same through a fine linnen cloth, and let ẏ Patient wa his Mouth iij. or iiij. times a day therwith, (luke warme) and th wil clense his Mouth of any Corruption that wil abide therein, a ter any Canker or other disease.

Childebyrth.

CHAP. 238.

¶ An excelent good Medicine for a woman labouring with Child

TAKE Mugwoort and seeth it very well in in fair Running Water, and plaister it as hot as possiblie may be suffred, both to ẏ Navill and Thighes of th Woman labouring with Childe, & this wil prouok speedy deliuery of Childebyrth and afterburden wou any peril: But it must not be suffred to continue ouer-long to an part of her body, for if it do, it wil cause ẏ Matrix to follow. Thi hath bin proued. CHAP. 239.

¶ An other for the same.

TAke Hisop, Veruoine & Betony, of ech of them a handful, & stamp them

them very smal with stale ale, and straine it, and wring forth the iuice thereof, and let ỳ woman ỳ trauayleth drinke a good draught of it, and it wil help her presently without any daunger at al. This hath bin proued. CHAP. 240.

¶ Another present Remedie for a Woman that trauaileth with Childe, to help her to a speady & good deliuerance.

TAke Polipodium, (otherwise called Okefearn) & stamp it well, and make a plaister thereof, and apply it to the [illegible] woman ỳ trauaileth with Childe, and this causeth a speady byrth of the Child, eyther aliue or dead. This is a maruelous good secret, & hath bin truly proued. CHAP. 241.

¶ Another Excellent good Medicine to be giuen to a Woman labouring in Childebyrth, for to cause her to haue a speady and easie deliuerance.

TAke as much Mirh as the quantitie of a Walnut, and temper it wel with Wine, and giue it the Woman to drinke warme, and this wil cause her to haue speady deliuery eyther quick or dead. Ꝑb est.

¶ Chincough.

CHAP. 242.

¶ A very good Medicine for the Chincough.

TAke Bores grease, and warme the fæt of the Patient to ỳ fire, and chafe and rub them with the same Grease: and when you thinke ỳ you haue rubde & chafed them inough, let him go to bed, and there let him be kept very warme, and let there be Clothes inough laide to his fæt. This may be vsed to little Children, & it wil help them. CHAP. 243.

¶ Another for the same.

TAke a Mouse and flea it, and dry it in an Oben, and beat it to powder, and let the Partie grieued drinke it in ale, and it will help him. This is also good for them that cannot holde their Water. Ꝑb. est. Ꝑ M. Ieueis.

Cough.

Chap. 244.

¶ An approued Medicine for a Cough.

TAke iij. or iiij. Figges and roſt them well, and p[ut] them in a Cup of Beere, and put therein a little Licquorice and Annis-ſeedes beaten to powder, and ſet [it] to ſtand by the fire vntil it be warme: then take out the Figs and eat them, and when you go to bed drink vp the drinke alſo, & couer your ſelfe warme: vſe this for ỹ ſpace of 4. or 5. dayes together, and it wil breake the Cough. This hath bin proued.

Chap. 245.

¶ A very good Medicine for a Cough or Stich.

TAke a quart of Malmſie, Annis-ſeedes and vnſet Hiſop, of each of them a handful, a Licquorice ſticke or two bruiſed, and [a] a twopenny diſh of Butter: ſeeth all theſe togither till they be thick, and then take and ſpread ỹ ſame vpon a Toſt of fine Wheaten breade, and lay it win a fine linnen Cloth, and lay it to your ſtommacke as hot as you may ſuffer it: but if you wil vſe it for a ſtitch, the Butter muſt be left out of it.

Chap. 246.

¶ A very good Medicine for a Cough, and to cauſe one to auoide Fleagme from the Stomacke.

TAke a quart of ſtale Ale, and a handful of Gooſemeat, (otherwiſe called Hayrefe) and a good quantitie of Licquorice pared, and a pretty quantitie of ſmall Reiſons, and boyle them altogither vntill ỹ one halfe be conſumed, and then let ỹ Patient drink thereof, both firſt and laſt.

Chap. 247.

¶ An excellent good Drinke to breake the Cough.

TAke ỹ peny-worth of Licquorice, and ſet it to ſoke in faire running Water, and ſo let it ſtand for the ſpace of xxiij. houres, and

then

then let ỹ Patient drinke a good draught of it when he goeth to bed as hot as he can drinke it, and then let there be a hot boorde, or a Logget of Woode laid (as hot as may be suffred) to ỹ soles of his fæt when he goeth to bed, to prouoke him to sweat if he can, and so in the Morning do the like againe, and doubtles within iij. dayes he shal be wel. pb. est. CHAP. 248.

¶ A Medicine for the Cough, & straightnes of the Pipes.

TAke dry Figs and Hisop, and stamp them wel togither, & boyle them with Hunny, and let the Patient vse to drinke it fasting, and it wil help him. pb. est. CHAP. 249.

¶ An excellent good approued Medicine for an extreame Cough.

TAke Fennel Roores cleane washed, and Annis-seedes, of ech of them a like quantitie, & a little Licquorice, and fæth them altogither in whit Wine, & then straine it, and put it into an Earthen pot, and stop it close, & when you go to bed. drinke a good draught thereof, and the next Morning take a Fig and a Date & rost them, & then eat them as hot as you can: and when you haue so done, forbeare eating & drinking for the space of ỹ or iij. houres after, & in iij. or iiij. dayes you shal be wel. CHAP. 250.

¶ An other for the same.

TAke Hore-hounde, and Hisop, of ech of them a like quantitie, and a little Water & Suger, and boyle them togither, vntill they be become a syrop, and so vse to eate this morning and euening, & at all other times when you shall thinke conuenient, and this will breake ỹ Cough. pb. est. CHAP. 251.

¶ An other for the same.

TAke a Tosse of Breade, and make it very hot & brovvne, and put as much Sallet Oyle on both sides thereof, as the Bread wil receiue, and eat it: vse this both Morning & Euening, and it will do him much good. CHAP. 252.

TAke a litle of the Rote of Elecompanæ, Reysons of ỹ Sun, & Figs cut in small pieces, and Annis-seedes, Hisop, Licquorice, & Horehounde, of ech of them a like quantitie: Boyle all these togither in faire Running Water, and then straine it and drinke it euery Morning fasting, for ỹ space of iij. or iiij. dayes togither, and it wil help you. CHAP. 253.

¶ An other for the same.

TAke Barrowes Grease, or Boores grease, and iiij. or v. Cloues of Gar-

Garlicke, and ſtamp them altogither, and when the Patient is g
ing to bed, let him warme his feet to the fire, & anoint them wi
the ſame Oyntment, and when he is in his bed, let him haue a h
Trencher laide to ẏ ſoles of his feet, as hot as poſſiblie he may
bide it, and let him haue warme clothes put thereto, to kæp in t
heate, and this wil help him. CHAP. 254.

¶ A very good Medicine for the Cough, & to breake the Flegme.

TAke a pottle of pure Muſkadine, and a quart of Hiſop Water
ſtilled, and .b. oz .vj. good Races of Caſe Ginger, pare of the ri
from them very cleane, and then ſlice them: then take as mu
Licquorice as you haue Ginger, and pare it likewiſe: then take
good handfuls of Suger Candie groſly bruiſed, and mix all thieſe t
gither, and put them into a Glaſſe, and ſhake it often, and ſtop
cloſe, & then let it ſtand foꝛ ẏ ſpace of .xviij. houres, and then let
Patient drinke thereof, as often as he ſhal thinke good, oꝛ as nec
ſitie of the cauſe ſhal requite. CHAP. 255.

¶ An other Medicine for the Cough, & to dry vp the reume & flem

TAke ẏ. oꝛ .ij. pennyworth of Cloues & Mace, a handfull of ba
Salt dryed at the fire, a handful of Cummin and a handful of Sa
take all thieſe and beat them wel togither, & then put them into
linnen Bag (made foꝛ ẏ purpoſe. of ẏ length & breadth of a man
hand, and let it be quilted) and put it to ẏ moulde of ẏ heade of t
Patient, and let him take it of euery Moꝛ. & Euening, and warm
it wel and lay it to the ſame place againe, and he ſhal finde gre
eaſe thereby. ꝓb. eſt. CHAP. 256.

¶ A good Medicine for the Cough, & wheeſing of the pipes or noſ

TAke on ounce of Caſe Ginger beaten to fine powder, & an oun
of Elicompanæ Rootes dryed & beaten into powder: then tak
a ℔. of Suger Candie beaten ſomewhat fine, ℥j. a ℔. of Licquoric
and ℥j. a ℔. of Annis-ſeedes, [& let them be both wel ſearſed] an
then mingle all the things beforе ſpecified togither, and then p
the ſame powder into a Boꝛ oꝛ Bladder, and when you go to be
eat a ſpoonful thereof, and as much in the Moꝛn. faſting, & it wi
help you in a ſhoꝛt ſpace. CHAP. 257.

¶ An excellent good Medicine for the Cough, & for the ſtopping
of the breſt: & alſo to open the pipes, & to auoide Corruption.

TAke Rootes of Elicompanæ, and Raddiſh Roots, and ſhred them
ſmall, & of Peare-wardens, twice as much as of both the others

then

put them all togither in an Earthen Pot, and put as much
ied Hunny thereto as wil make it ready to ouer-flow ẏ saide
dience, and then couer it hot, and stop it so close that no breth
issue forth of it, and set it in an Oven, and bake it in with a
of Bread, and when occasion serueth, let ẏ Patient take a
eful thereof euery Mor. & Euening, first and last, and it will
im.

CHAP. 258.

¶ A good powder for a Cough.

ke ix. peny waight of fine Case Ginger beaten smal and xviij.
nny waight of powder made of ẏ Rootes of Flicompanæ, and
with an ounce of Licquorice beaten to powder, and ij. ounces
nis-seedes likewise beaten to powder, and iij ounces of Suger
ic. mingle all thiese togither, & make a powder thereof, and
ut it in a Box, and let the Patient eat it at his pleasure.

CHAP. 259.

¶ A perfect good Sirop for a Cough.

e dj. a lj. of whit Suger Candie, dj. a pinte of Rosewater, a
oneful or more of Annis-seedes, a pint or more of Hisop water
good quantitie of Licquorice cleane pared & brused: Boyle all
se togither, vntil you see it come to a Syrop, then straine it
h a fine linnen Cloth, and put it into a Glasse, and so vse it
you shal thinke conuenient.

Cough of the Lunges.

CHAP. 260.

¶ A soueraigne Medicine for the cough of the Lungs,

TAKE a handful of Reysons of ẏ Sun, and let them be cleane washed and the stones picked out, & a penny worth of Mayden-hayre, dj. a spooneful or more of Annis-seedes brused small, x. or xij. Figgs, dj. a lj. or somewhat more of Portugall Suger, and iij. pintes of faire Running Water: boyle all thiese togither vntil the one

halfe be consumed away: then straine it through a fine Cloth, euery Morning drinke ij. spoonefuls thereof luke warme, and shal finde present remedie thereby. pb. est p M. Baker.

CHAP. 261.

¶ Another for the same.

TAke vj. a lb. of the finest Suger that may be gotten, and a quantitie of Annis seedes, and Licquorice, and ij. handfuls great Reysons, and let ỳ stones be cleane picked out, ij. pe worth of Mayden-hayre, a gallon of faire running Water, and of Figs: boyle all thiese togither vntil ỳ one halfe be consumed then straine it into a cleane Earthen pot, and when you will take a little thereof at a time & put into a Cup or Cruce to wa and so drink it both Morning & Euening, or at any other tim you shall thinke good. CHAP. 262.

¶ A Medicine for the Cough of the Lungs, & for the Rewm

TAke a lb. of Elicompanæ Rootes that are yong, of Semet Mayden-hayre, Ana. 1 3. (the same being new gathered scrape ỳ Elicompana rotes cleane, and cut them into pieces: and then boyle them in v. pintes of faire Run Water, and let it boyle vntill it come to a pint and an halfe: straine them, and then put to it the quantitie of ij. quarters of fine Suger, & boyle it againe, vntil it come to the quantitie quarters of a pint: then take ij. or iij. Yolkes of new laide Eg beat them very wel and put them thereto, and let them boyle ther for the space of vj. a quarter of an houre: then take it of and when ỳ Patient will vse it, let him take a spoonefull at a twice a day, (viz.) one in the Morning, and an other in the ning, and let ỳ Patient lye vpon his Backe for ỳ space of an after he hath receiued it, and let him vse this for ỳ space of v. dayes (keeping himselfe very warme) and it wil help the gr Cough that is. pb. est.

¶ Colde.

Chap. 263.

¶ A very good Medicine for the Colde.

TAKE a pottle of ale, and scum it very cleane, and then take Hisop, and Penny-royal, of ech of them ij. a handful, annis-seede and Licquorice, of ech of them i. ounce, iij. penny worth of Case Ginger, and vj. or vij. Figs slyced, (if the Figs do not make it swet inough, then put a little fine Suger, & the Licquorice and Ginger must be sliced, and the Annis-sædes bruised) and then boyle it on ẏ fire vntil the one half be consumed: then take it of, and straine it through fine linnen Cloth into some glasse or earthen Pot, where it may be kept close: then let the Patient drinke thereof both Morning & Euening for ẏ space of v. or vj. daies togither, & he shal finde great ease thereby. Apb. est.

Chap. 264.

¶ An other for the same.

TAke Hisop, Rosemorie, and Raddish Rootes, of ech of them a like quantitie, and seth them in a pottle of whit Wine, vntill the one halfe be consumed: then take it from ẏ fire, and sepe-rat the hearbes from ẏ Licquor, & then put the hearbes in a Mor-ter, and stamp them wel and straine them, and then put ẏ licquor into ẏ pot againe, and put thereto a pint of English Hunny, & boyle it, and scum it cleane: then take a little May Butter (if it may be gotten) and clarifie it, and put it into ẏ licquor, and then let it seth a little space after, and then straine it againe through a fine linnen Cloth, and put the licquor in a glasse, or some other cleane Vessel, and let ẏ Patient drinke vp or vij. spoonefuls therof at a time with stale ale, both Morning & Euening, and let him vse it in this sort vntil he be wel. Apb. est.

Chap. 265.

¶ A Medicine for the stopping of the Nose & Heade, which commeth by taking of Colde eyther in the feet, or otherwise.

TAke a good quantitie of the iuice of Primrose, and blow it with a Quil into ẏ Patients Nose, & let him kepe himselfe warme

after it, and it wil cleare both his Heade and Nose.

CHAP. 266.

¶ A very good drinke for the Colde, and to open the Pipes.

TAke Endiue, Succory, Parsly, Fenel, Burrage, Hisop, Time nyroyal, Germaunder & Neepe, of ech of them a good quant and boyle them al togither in a pottle of faire Running Water, let it boyle vntil the one halfe be consumed, and then straine it, put into it y. spoonefuls of good wine Vinegar, and iij oz iiij. ou of fine Suger to sweeten it, and so let the Patient drinke euery n ning & euening for the space of iij. dayes togither, a good dra thereof, & it wil help him. Probatum est.

¶ Choller.

CHAP. 267.

¶ A good Medicine to cause one to auoide Choller.

TAke fiue oz six Dock Rootes, and w them very cleane, and take forth ỳ p of thē, then take a few tops of red M and a little Wormwode, and stepe th in a quarte of Ale oz white Wine, for space of one night, and let the Pati drinke vj. a pint thereof at a draught, a let him vse this for the space of vj. oz dayes togither, and it wil both cause h to vomit vp Choller, and clense the body in all partes: but it m be taken betwixt the first day of March, and the last of June, a perhaps it wil cause him to haue iij. oz iiij. stooles. This hath truly proued.

CHAP. 268.

¶ A maruellous good Medicine to cause one to auoide aboundance of Choller.

TAke vj. an ounce of Cassia which is newly drawne, and a dra of good Rubarbe, and let them be infused for the space of a nigh with Water of Endiue, and a little Spikenarde, and an ounce of S

for

sop of Violets: then take them and mix them altogither, with the quantitie of iij. oz iiij. ounces of Whay, and let the Patient drinke it warme, and this wil cause him to auoide much Choller. pb. est.

CHAP. 269.

¶ An other good Medicine for the purging of Choller.

TAke of Coloquintida, the inwarde part iij. ounces, of Polipodie of the Oke (other wise called Okefearne) iij. ounces, and let it be cleane washed: then take Ox-gall ʒ j. & as much Hunny as you shal thinke good: mingle al thiese togither, and boyle them, and let the Patient vse it often and it wil do him much good.

¶ Cramp.

CHAP. 270.

¶ A present Remedie for the Crampe.

TAke Oyle of violets, Holy-hocke & Swines grease of ech of them a like quantitie, & make an Dyntment thereof, and let the Partie grieued anointe the place very wel therewith where the griefe is, and doubtles this will in a short space help him. This hath bin oftentimes truely proued and founde good.

CHAP. 271.

¶ An other for the same.

TAke Pionie Rootes and beat them to powder, and then make a little bag of silke or linnen Cloth, and put the powder therein, and hang it about ỳ Patients Necke, & let him vse to smell often thereto, and it wil help him.

CHAP. 272.

¶ A very good Medicine for the Cramp, & for the sounding and shaking of the Heart which commeth thereby.

TAke a quarter of a pint of whit wine Vinegar, and a handfull of bay Salt (if it may be gotten) or else whit Salt, and temper them

wet togither: then take a peece of new wollen Cloath and Teepe
therein, and lay it to the pulses of the patient, and it wil help him,
or at least wise, he shal finde great ease thereby.

CHAP. 273.

¶ An other for the same.

TAke Camphire, Rosewater, and a little Saffron, & mingle them
altogither, and let the partie grieued wash his handes & pulses
often therewith, and so to smel to them often, and this will do him
much good.

CHAP. 274.

¶ An other for the same.

TAke Nutmegs, Cloues, Cinamon & Saffron, of ech of them ỹ a
ounce, and mingle them with a little Rose Vinegar, and make
a plaister thereof, and lay it to the pulses of the patient, and it will
help him. Probatum est.

Cornes.

CHAP. 275.

¶ An excellent good remedie to take away Cornes in the Feete or Toes.

TAke Oysters and open them, and cut out the white
pyth ỹ groweth vnto the shels, and dry it, and make
a powder thereof, and when you go to bed, cut your
Corne with a sharpe knife, and picke out as much of
the Root as you can: then put some of ỹ same powder
into ỹ hole, (and if you will, you may vse a little sublimed Mercury
which is to be had at the Appothecaries) and then wrap a linnen
cloth about your Toe, and it will eat ỹ Corne cleane away. This
hath bin proued.

CHAP. 276.

¶ An other for the same.

TAke blacke Sope and Snayles, of ech of them a like quantitie,
and stamp them togither, & make a plaister therof, and spread
it vppon a peece of fine linnen Cloth, or else vppon a peece of white

Lea-

Leather, and lay it vpon the Corne, and it wil take it cleane away within vij. dayes space. CHAP. 277.

¶ An other for the same.

TAke a knife and pare ỳ Corne as nære the quick as it may be suffred, and then take the inner part of a Fig, and a prety quantitie of Verdigreaso. and mix them both togither, and lay the same to the Corne, and binde it fast thereunto with a linnen Cloth, and this wil in a short space eat out the Root of the Corne. This hath bin proued by I. B. CHAP. 278.

¶ An other for the same.

TAke Marygoldes stamped, & lay them vpon the sore, both Morning & Evening, and if the Corne be not dæpely rooted it will help it. Or else pare away the Corne cleane, and lay thereto ỳ quãtitie of a pease of Turpentine & red Wax boyled togither, & this will take away ỳ Corne. CHAP. 279.

¶ An other for the same.

FIrst pare away the Corne, and then take a black Snayle & bruse it, and put a drop or two of ỳ iuice thereof into the place grieued and put thereto a little powder of Sandphere, and it wil take away the Corne very speadely. CHAP. 280.

¶ An other for the same.

PAre the Corne cleane away first, as nære as possibly it may be suffred, & then take a pæce of brown Paper ỳ is cleane, & spread thereon a little Yeest (in maner of a plaister) and apply it often to the Corne, and it wil take it quit away. This hath bin sufficiently proued. CHAP. 281.

¶ An other for the same.

TAke vnslekt Lime (the Corne being first pared cleane away as afore saide) and put the quantitie of a pease thereof, into the hole, and couer it with a plaister made of Wax & Rosin mixed together, and let it continue on ỳ place for the space of xviij. houres, and it wil presently help it. CHAP. 282.

¶ An other for the same.

TAke red Wax, Vinegar, and Aquauitæ, and boyle them all togither with v. or vj. cloues of Garlicke, & when you go to bed, cut the Corne with a sharp knife, and pick out as much of ỳ root as you can: then take one of the Cloues of Garlicke, and some of the Wax and binde it to your Toe, vse this vj. or vij. times, and it will take

away the Corne in such sort, that you shal neuer be troubled there with againe.

Collicke and Stone.

CHAP. 283.

¶ A soueraigne Medicine for the Collicke and Stone.

TAKE Housholde Breade ÿ is made of Wheat ÿ is cleane without Rie or Pulse, and make a Tost thereof, and toste it at the fire, and euer as you tost it, cast Malmesie on it: then take Lauender Flowers and cast them vpon the Tost, and then lay it to the Navill of the Patient as hot as possibly it may be suffred, and binde it on fast with a Linnen Cloth whereby it may not remoue, and it wil help it. This hath holpen many. proued by M. Cox.

CHAP. 284.

¶ An other for the same.

TAke Time, Parsly Rootes and Tops, and Elisaunder Rootes, of ech of them dj. a lj. and seeth them altogither in a pottle of good strong Ale, and let it seeth vntill the one halfe thereof be consumed: then straine it and let ÿ Patient drinke a good draught of it euery morning fasting, and it wil ease him very much. pb. est.

CHAP. 285.

¶ An approued Medicine for the Collicke stranguarie & the stone.

TAke Grommel seede, Parsly seede, Nettle seede, Violet Leaues, Smallage, Cherry stones, Philopendula, Elisaunders, Saxifrage, Cummin, Fennel seede, Annis-seede, Coriander Sowthistle, and Dil seede, of ech of them a like quantitie: take all thiese and grind them very wel in a brasen Morter, and searse them very fine, and put

away the greatest thereof: then take the Gum of Ivy, or else berries, of Ivy dryed and beaten to powder, and mingle it with powder of the seedes aforesaid, and let ye patient drinke the powder ytherwith whit Wine, or else with stale Ale, or else let it be into his pottage, and so let him use it first and last for the space of x. dayes togither, and it will help him. ꝓb. est.

CHAP. 285.

An especial good Medicine for the Collicke, and for diuers other diseases mencioned in the end of this Chapter following.

Take Fenel seede, Spikenarde, Annis-seede, Maces, Nettleseed Geat, Saffron, Ginger & Liquorice, of ech of them ij. d. waight and iij. d. waight of Cinamon, and dj. an ounce of Seni, mingle al thiese togither, and make a powder thereof, and when will use it, put ye quantitie of dj. a spooneful of ye same at a time, your posset ale, or into your pottage, and so continue it for the of iiij. or v. dayes togither, and it helpeth. This hath bin proued.

This is also good to cure the Stone, Dropsie, Stranguarie, or Ruise, with diuers other diseases.

CHAP. 286.

A soueraigne Medicine for ye Collick & stone, & to breake them both.

Take Parsly seede, Broome seede, Gromel seede, Fenel seede, Plantaine seede, & Smalledge seede, of ech of thē a quarter of an ounce, an ounce of Nutmegs, and of the finest Sugar that may be got- ounces: beat all thiese togither in a Morter untill they are very fine and small: then searse the powder through a fine ser, and put as much into your drinke thereof at a time, as ye an haste Put will holde or some what more, & so use to drinke powder first and last for the space of iij. dayes togither, eyther whit Wine, or else with other drinke like warmer but if that the breeche, then take Oyteus Scorpion, mixt with Oile ses, and anoynt wel the same side where the paine is, against e, and the party greued shal find great ease thereby. ꝓb. est.

CHAP. 287.

¶ A good Drinke to be used for the stone.

Take Benedicta Laxat. ʒ. vj. and put thereto a quarter of a pinte whit Wine warme, and let the Patient drinke thereof, and

so go to bed and sweat, and let him be couered very warme, and
thal finde great ease thereby. CHAP. 288.

¶ A good powder to be vsed for the stone.

TAke the Water of Saxifrage, the water of Pellitorie, the wate
Parsly, the water of Philopendula, and the water of Smallage,
ech of them ʒ. iij. and mingle them altogither, and put therein
sly Rootes and seedes, ana. ʒ. and the Rootes of Cardus benedict
ana. ʒ. and put them all in an Oven, and let them be very wel d
and so made into powder. CHAP. 289.

¶ A good Glister to be taken for the stone.

TAke the Decoction of Mallowes, Pellitory of the Wall, Ca
benedictus, Coleworts, Setrach, Okesearne, & Alkabergi see
of ech of them a like quantitie: then take Oyle of Dill, Oyle of
mamil, and Oyle of Lillies, ana: ʒ. j. ʒ. of Hiera simplex ʒ. j. and a
tle Salt. CHAP. 290.

¶ A Sirop for the stone.

TAke Endiue, Sorrel and Water Lillies, ana: ʒ. the waters of S
foile & Endiue ana. ʒ. mingle al thiese togither, and giue ther
to ỳ Patient to drinke both Morn. and Euening for ỳ space of
or iv. dayes, and it wil do him much good.

CHAP. 291.

¶ A very good Medicine for the Collicke and stone.

TAke Pellitory ỳ groweth vpon the wall, ground Ivy, Saxifr
Mallowes, Auans, Parsly, Pepper, Cheruel, Mouse-eare, &
Nettles, and boyle all thiese togither in a little Whay, and
the whay with the whit of an Eg, and let the partie grieued d
a good draught thereof euery Morning fasting, and it wil ease
greatly. CHAP. 292.

¶ An other Medicine for the Collicke and stone.

TAke Otes, and parch them in a pan as ye do pease, and l
Patient put them in a linnen Cloth and set them to his
as hot as he may possible abide it, & by vsing of it often he shal
great ease. CHAP. 293.

¶ Another for the same.

TAke a cleane stone, and make it red hot in ỳ fire, and then
it forth againe, and let it cole vntil ỳ rednes be gon: then
a penyworth of Saffron and lay it vpon ỳ stone, & turne it to
vntil it be turned almost to a powder: then take it & temper it

with ij. spoonefuls of pure Malmsie, and so let ỳ Patient drinke the same first and last, and doubtles this wil help him.

CHAP. 294.

¶ Another for the same.

TAke the Cuttings of a Vine, and dry them throughly, & when you are disposed to vse them: burne them vpon a Tilestone, or else vpon a cleane Earth: then take the Ashes that commeth of the Vine, and mingle them with a pint of Rennish or white Wine, and let it stand for the space of a night to settle, and the next Morning let the Partie grieued drinke a good draught thereof fasting, but there must be great heede taken that the wine & the Ashes be of equal portions. pb. est. CHAP. 295.

¶ A good Medicine to bevsed for the Collicke and stone, in manner of a plaister.

TAke Parsly and Smalledge, of ech of them an ounce, and ij. spoonfuls of Capons grease, and put them into an Earthen vessel, and of one of ỳ spoonefuls of the same grease be put on ỳ top of ỳ hearbs and the other in the bottom, and let them boyle on ỳ Embers from morning til Night, and then stamp & straine them, and hauing so done, take the same Ointment and spread it vpon a linnen Cloth and lay it as hot as possibly it may be suffred to ỳ Nauil & bottome of the Belly of the party grieued, and it helpeth. pb. est.

CHAP. 296.

¶ Another good Medicine for the Collicke.

TAke a quart of whit Wine and Milke that is new from ỳ Cow, or Goates Milke (if it may be gotten) and make a posset therof cum away ỳ Curd cleane, then put into ỳ posset drinke a handful of Mother of Time, and as much young Parsly, and seeth them therein: then take a peny worth of long Pepper and bruse it & put it therein, and let ỳ Patient drinke a good draught thereof, first & last and he shal finde great ease thereby. pb. est.

CHAP. 297.

A good Medicne for a woman that is troubled with the Collicke.

TAke the buds of Palme when they be flowred in March, and distill them, and let ỳ Patient drinke a good draught of the same water euery Morn. fasting for ỳ space of iij. or iiij. dayes togither, and it wil help her. Also Litarge drawne into Water is very good for this disease. CHAP. 298.

¶ A good Medicine for the stone.

TAke Time and Parsly of eth of them a good handfull, and boy them in whit Wine a good while, and then straine it, and th put therein a good sponeful of whit sope, into a good draught of t same wine, and giue it ỳ patient to drinke, and it wil spedely he him.

CHAP. 299.

¶ An excellent good Medicine for the Collicke.

TAke a good quantitie of ỳ leaues of a Lorel Tree, and dry the and beat them to powder, and put thereto a good quantitie powder of Nutmegs, and mingle them with fresh Butter, and ly a linnen Cloth binde it to the Navil of the partie grieued, and t same wil do him much good.

CHAP. 300.

¶ An other for the same.

TAke a handful of Groundsel and stamp it wel in a Morter, put thereto an ounce of Cummin, and fry them with Shea suet, and stale ale, and make a plaister thereof, and lay it the Navil of the partie grieued as hot as it may be suffere This hath bin proued.

CHAP. 301.

¶ An other aproued Medicine for the Collicke and stone.

TAke Philopendula, Scabious, Mouse-eare, and Water Cresse of eth of them a like quantitie, and the middle rinde of Bar of an Elder Tree: put all thiese togither into an Oven th is hot, and dry them wel and make a powder of them, and giue t Patient a sponeful thereof at a time, eyther in posset ale or in ale selfe warme.

CHAP. 302.

¶ an other for the same.

TAke the waight of viij. Groates of Cummin, the waight of t Groates of Galingall, the waight of vj. groates of Bayes, f groates waight of long Pepper, the waight of iiij. groates Fenel seede, the waight of iij. groates of Hisaunder seede, ỳ. gro waight of Parsly seede, and the waight of one groat of English fron: beat all thiese to powder in a brasen Morter, and let it be s searsed, and then put thereto a good quantity of fine suger, and m gle them wel togither, and let the party grieued vse ỳ same po der in his potage. (the quantitie of vj. a sponeful at a time) and him vse this powder in his drinke, (as in olde ale, or else in wh Wine, but it is best in pottage) and it wil help him. pb. elt.

CHAP. 303.

¶

¶ an other for the same.

TAke a pottle of whit Wine that is pure and good, and put it into a pot, and then take .v. great blew Flint stones, and let them be as big as they wil hardly go into the ỳ pot where the wine is: then cast the stones into the fire where they may be red hot, then take them forth and quench them in the wine which is in ỳ pot, & then take them forth of ỳ pot againe, and put them in the fire againe as aforesaid, and so in like manner the iij. iiij. or v. time, or as often as need shal require, and until the one halfe of ỳ wine be consumed away, and when you see ỳ it is halfe consumed: then set it to stande where it may be wel setled, and then let ỳ partie grieued drinke of it, and let him vse it as often as he shal thinke good, or that he shall fele any paine, and this wil cure him of ỳ Collick & stone: For by experience I know that it did help one M. Tailer of Bristol, that was prisoner in the K. Bench, with diuers others.

CHAP. 304.

¶ An excellent good and perfect Medicine to cure the Collicke, stone, and stranguary.

TAke v. or vj. leaues of Lawrel, and stamp them & straine them in ale, or if they be dry, beat them to powder and put it in Ale, and let the Patient drinke thereof fasting, and let him be kept warme all the same day after in his Chamber: for after ỳ receipt thereof, he shal haue v. or vj. stooles or more. This hearbe groweth in Gardens, and is like Misseltoe, and it hath leaues like vnto the hearbe which is called Missel, which groweth in olde Apple Trees, and beareth a berry of ỳ bignes of a Wart, and it is cõmonly giuen Cattel for Medicines.

The next day after that the Patient hath taken this Medicine as aforesaid, make a powder of these things following, Philopendula, and Saxifrage, of ech of them an ounce, Coriander seede, Gromel seede, and Alexander seede, of ech of them dj. an ounce, Ivy berries, Broome seede, blossoms of Elder flowers, and berries of Holme of ech of them an ounce, and ỳ like quantitie of annis seede, Fennel seede and Oxgall, and dj. an ounce of the Roe of a red Hearing, the Rowndes of a Thornbacke fish (which is a round slut which you shal finde within ỳ prickes which stand vpon the fishes backe) and Okefearne dryed to powder, of ech of them an ounce: beat al these to powder & mix them togither, and for the space of vj. or vij. dayes

following, after the former receipt, let the Patient take a spoonfull of the same powder and temper it with stale ale, and drinke it euery Morning fasting: but he must abstaine from Meat and drinke for the space of iiij. or v. houres after the receipt hereof. This hath cured many.

CHAP. 305.

¶ A good Medicine for to cure the Collicke and stone.

TAke Black-berries, Hawes, & Acornes, and dry them vpon Tiles then take the powder of them seuerally, of ech a spoonefull, and searse it fine, and giue it the Patient in Malmsie euery Morn. fasting to drinke, for the space of v. or vj. dayes togither, & it wil help him.

CHAP. 306.

¶ An other for the same.

TAke Time, Parsly rootes and blades, and Elisaunder rootes, of ech of them ℥j. a ℔j. and seeth them altogither in a pottle of ale vntil the one halfe be consumed: then straine it and drink a good draught thereof euery morn. fasting, and it wil ease the partie grieued very much.

CHAP. 307.

¶ A speady remedie for the Collicke in the side.

TAke a Wodden Dish, and put therein colde ashes, and set it on the hot Embres, without any great Coales in them, & therevpon straw a good quantitie of Cummin seede, and sprinkle it ouer with Malmsie, and so do still vntill the dish be ful: then couer the dish with a linnen cloath double, and lay it as hot as you may suffer it to your bare Skin, on the same side where the griefe lyeth, and so vse this iiij. or v. times and it wil help you without al doubt This hath bin sufficiently proued. But if you want Cumminseed then take Red Sage, Time, Hisop, Camamil, & Pennyroyal, of each of them a like quantitie, and vse these as you did the Cummin sæd before.

CHAP. 308.

¶ A good Medicine for the Collicke and stitch.

TAke ℥j. a ℔j. of Shœpes suet, Ribwort, Red Sage & Alisaunders, of ech of them a like quantitie, and grownes of Malmsie & put thereto, and seeth them altogither, & make a Plaister thereof, and apply it to ỹ place grieued, and anoint your selfe with Oyle Oliff, & Oyle of Balme, both mixt togither, & so vse this iiij. or v. times and it wil help you.

CHAP. 309.

¶ A speciall Medicine for the Collick, and for diuers other diseases mencioned in the ende of this Chapter.

Take

TAke Fennel ſeede, Spiknarde, annis-ſeede, Maces, Nettle ſeede, Iet Saffron, ginger & Licquorice, of ech of thē iij. ℥ waight, ij. ℥ waight of Cinamon, and ℥j. an ounce of Seny, mingle al thieſe togither, & make a powder thereof, and when you wil vſe it, put a ſpoonefull thereof into ſome pollet Ale & drinke it, or elſe put it into your pottage, and this wil do you exceeding much good.

This is alſo good to cure the Stone, the Dropſie, the Collicke ſtranguarie, the Jaundiſe and diuers other diſeaſes.

CHAP. 310.

¶ An approued Medicine for the Collicke & ſtone.

TAke a Carret root and ſliſe it thin, and lay it to ſteepe in a pint of whit Wine, and there let it remaine for the ſpace of ij. dayes and ij. nightes, and then ſtraine it, and let the Patient drinke thereof both Morning & Euening, and this wil help him. Probatum eſt.

CHAP. 311.

¶ An other for the ſame.

TAke an ounce of Cloues & Mace, a handful of Time, a handful of Roſemary, and as much Hiſop, and ſeeth all thieſe in a Pottle of whit Wine, and let it ſeeth from a pottle to a quart, then put thereto a little Suger, and then drinke ỹ ſame luke warme, at ſuch time as you be in paine, and when it is wel ſoden as aforeſaid, you muſt burne it as you do commonly vſe to burne other wines.

CHAP. 312.

¶ An other for the ſame.

TAke as much Camamil as wil lie in the palme of your hand, and of Pellitorie of the wall & ayans, ech of them a handful, & a ſpoonefull of Parſly ſeede a little bruſed: then make a Pollet of Rennish Wine, and let ỹ Curd be cleane ſcummed of, and then boyle all the things beforerehearſed in the ſame pollet drink til al the ſubſtance of them be boyled out, and then vſe to drinke this both firſt & laſt, and it wil help you.

CHAP. 313.

¶ An other for the ſame.

TAke Gromel ſeede, Parſly ſeede and Annis-ſeede, of ech of them ij. ſpoonefuls, græne Fennel, one handful, j. Parſly root, j. Raddiſh root, (let eyther of them be as long as a finger) vn-ſet Time, Cherry ſtones, & Philopendula, of ech of them j. handful: waſh all thieſe cleane, and bruſe & ſtamp them togither very ſmall, and then boyle them in a pottle of whit Wine, in an Earthen pot cloſe ſtopt,

and

and let it boyle vntil a pint thereof be consumed, and then let it run through a fine linnen cloth without strayning, and let the patient drinke a good draught thereof both Morning and Euening and this wil do him much good.

CHAP. 304.

¶ An other for the same.

TAke a new laide Eg and put forth all the yolke and whit cleane: then take the Shel and dry it well vppon a Tile stone, and then make a powder thereof, and when occasion serueth, let the patient take a pretty quantitie thereof eyther in Beere or whit Wine, & let him drinke it first and last, or at any other time of the day ẏ he shal thinke meet, and this wil eyther breake or consume the stone. ꝓb. est.

CHAP. 305.

¶ An other for the same.

TAke vn-set Leekes, Mallowes, and Pellitory of the wall, of ech of them a like quantitie, & stamp them very wel, and put ther-vnto a pennyworth or two of Neats-foot Oyle, and fry them well togither in maner of a plaister, and then put them into a bag made of linnen Cloth and (the same being hot) lay it to ẏ Belly of the patient, and it wil help him in a short space.

Also for the Stone, lay the same to the Reines of the Backe behinde, and it wil speedely ease it. This hath bin sufficiently proued.

¶ Collicke Passio.

CHAP. 306.

¶ An other for the same.

¶ A good powder for to help one that hath the Collicke passio.

TAKE Cartaway seede, Annis-seede and Fennel seed, of ech of them dj. an ounce, Galingal, Ginger & Cinamon, of ech of them ij. drams, Cloues, Mace & Cardus Benedictus, of ech of them dj. a dram. Setwall, iiij. or v. drams, fine Suger [illegible] mix all togither, & make a powder thereof, and when you haue occasion to vse it, take the

he quantitie of an ounce, and put it into your drinke and drinke it t all times when you shall thinke conuenient, and it will do you ceeding much good.

Winde Collicke.

Chap. 307.

An approued Medicine for the winde Collicke, and for a stitch in the side, which commeth by reason of the winde.

TAke Capillus Veneris, Parsly rootes & Fenel rootes of ech of them a quarter of an ounce, bruse them togither, and let the partie grieued drinke the iuice thereof with white Wine, and let him drinke it both Morning and Euening euery day for the space of foure or fiue dayes togither, and doubtles this will do him much good.

Chap. 308.

¶ An other for the same.

TAke a good big Reddish Roote or two, and slice them, and then steepe them in a pint of whit Wine, for the space of a Night, and when you haue so done, take the Rootes forth, and let the patient drinke the quantitie of vj a pint thereof at a time, and this will help him.

Chap. 309.

¶ An other for the same.

TAke Sacke and aquauitæ, of ech of them a quarter of an ounce, and put thereto a peece of fine Suger, and let the patient drinke euery morning fasting, for the space of v. or vj dayes togither, & will help him. Probatum.

Chap. 310.

¶ An other for the same.

TAke a pottle of pure Malmsie, that is not mixt with any other Wines, and iij or v spoonefuls of the Pith of Parsly Rootes, vij handfuls of Violet leaues, and a dozen of Bay leaues, seeth all these togither vntil ỹ one halfe be consumed; then take it & strayne

it wel through a fine linnen Cloth, and let ẏ Patient drinke a go
draught thereof warme euery morning and Enening.

CHAP. 311.

¶ An other for the same.

TAke a quart of ale clarified, and ij. spoonefuls of the flower of
quorice, and a spoonefull of the flower of Annis-seed, and halfe
spooneful of Fennel seede brused, a little Time, and seeth them altog
ther vntil it be wasted frõ a quart to a pint: then straine it throug
a fine linnen Cloth, and so vse it both morning & Euening, for t
space of iiij. or v. dayes togither warme.

¶ Consumption.

CHAP. 312.

¶ A good Medicine to be vsed for one that is in a Consumption.

TAKE a pottle of Rosewater, and as much Goates
Mares Milke if it may be gotten, or else of the Mi
of a Cow that is all of one collour, & put therein,
number of 50. or 60. Yolkes of Hen Egges ẏ are n
laide: temper the Yolkes and the Milk & Rosewa
wel togither, (but let none of the whites remaine amongst the
and distill a Water thereof, and giue it ẏ Patient to drinke first a
last warme, with a Cake or two of Manus Christi, which is ma
of Golde and Pearles: vse this, and he shal finde great comfort
it, This hath holpen many. CHAP. 313.

¶ An other for the same.

TAke a new laide Eg, and let it be reare rosted, and put ther
Cake of Manus Christi, and let it lie therein vntil it be dissol
then let the patient eat it, and so let him vse this both morning
Euening for the space of ix. dayes, and it wil do him much good,
est. CHAP. 314.

¶ A Remedie for one that hath a Consumption in the Reines.

TAke a handful or ij. of Clary leaues, and pricke them, & iiij. or v. Yolkes of hen Egs newly layde: then take Saffron, and dry it vpon a Tilestone or some such thing, and grinde it very small, and put all thiese togither, and fry them in fresh Butter, and let the Patient eat it first in the Morning, & this wil do him exceeding much good.

CHAP. 315.

¶ An excellent good Iellie to be made and had for one that is in a Consumption.

TAKE a Cocke or a Capon that is new killed, and scauld him and wash him cleane, then take a Leg of Veale and cut away all the fat from it, and let the Cocke and Veale lie in Water for the space of iiij. or v. houres, and then seeth them togither in a gallon of faire Running Water, and as it doth seeth, still scum of the fat vntil you haue left no fat at all vpon it, and let it seeth continually ouer a soft fire vntill halfe the broth be consumed: then put into it Rackt Rennish Wine, or else whit Wine, to ỹ quantitie of a pottle, and then let it boyle altogither vntil it be come to a quart, and then put therein the Whites of iiij or v. new laide Egs, & then clarifie it, and let it run through a Jelly bag, and afterwardes set it on the fire againe, and put into it an ounce of Cinamon grose beaten, & ij. of fine Suger, & let it run through a Jelly bag againe as before iij. or iiij. times at the least, and let the Patient vse to drinke some of the same warme, and he shal receiue great comfort thereby.

This is also good for many other diseases.

CHAP. 316.

¶ A good way to distill a Cock, which is maruellous good for one that is in a Consumption, or hath any other disease.

TAKE a Red Cocke which is of ỹ age of iiij. or v. yeares, and kil him and dresse him very faire, & deuide him into iiij. quarters & bruse them: then picke out al the fat very cleane: then take halfe a handful of Red Mints a handful of Harts-tongue, & put them into a pot, & couer it close: then put thereto halfe a pint of faire running Water, and as much pure Malmsie, vj Crops of Hilop, j. Rot of Parsly, j. Rot of Fennel, j. Rot of Endiue, Reysons of ỹ Sun and Pruines, of ech of them xxv. and 4. or v. Maces, and let it distill for the space of xij. or xiij. houres, and let the pot be close couered with past, with a platter vnder it, and let the Patient drinke the same fasting.

¶ Drinke, and Dyet Drinke.

Chap. 317.

¶ An excellent good Dyet Drinke to be vsed for any manner of disease whatsoeuer.

FIRST buy a Dyet Pot, and fil it ful of faire running Water, (but let it want ỳ quantitie of a quart being ful) and put therein a quart of whit Wine, and then set ỳ pot ouer a soft fire of Coales, and put into pot, a ℔j. of good Licquorice cleane scraped & cut in small pieces, and ℥j. a ℔j. of Annis-seede bruised, ℥j. a ℔j. of Liguum vitæ, (it is to be had at ỳ Turners) and an ounce of the Barke of the same Trée, which is to be had at ỳ Appothecaries: then let al the boyle togither for ỳ space of ỳ. houres, or vntil you sée a good part the licquor consumed: then straine it into some Earthen vessel ỳ cleane, and kéepe it close, and drinke a good draught thereof warm both first and last.

Chap. 318.

¶ An other excellent good and precious drinke, serving for diuers and sundry Diseases, as appeareth in ỳ ende of this Chapter.

TAKE a good quantitie of Rosemarie (when it hath ỳ full Sap in it) and bruse it a litle in a Morter, and put it in an Ipocras bag, or else into some fine linnen cloth, or into a boulter: then put it into some whit Muske Wine or else some new Rennish Wine and tye to ỳ bag of Rosemarie a Stone, whereby it may sinke in the bottome of ỳ vessel, and let it remaine there for ỳ space of iij. or iiij. dayes: then take it forth, and put it into a Dyet Pot, with a gallon of the same whit or Rennish Wine, and set it vpon ỳ fire & séeth, and then scum it very cleane, and when it is halfe consumed away with boyling, put it into an Ale-pot, or else into a glasse ỳ is made for ỳ purpose, with a hole in it, within an inch of ỳ bottome, you may put a Quil or a Cock therein to draw forth the Wine from ỳ lyes: then put this Wine into a cleane Vessel againe, and

ſtop it very cloſe, (but drinke none of it vntill it be a Moneth olde, then drinke it out by ẏ Muil or Cock) and take hæd that you do not ſtirre it for troubling of it, but ẏ it may be cleare Wine when you drinke it, and when you wil vſe it, take a good glaſſe ful euery morning faſting, and as much in ẏ Euening.

This before rehearſed is called Vinum Roſemarium: it is good for all the Defects of Women, whereof Conception is hindred: alſo it cureth the trembling of the Heart: it helpeth the Cough: it reſtoreth Appetite: it comforteth the Heart: it cauſeth eaſie fetching of breath: the Face being waſhed therewith, it maketh it faire: it doth purifie the bloud: and it is alſo good to waſh any Wounde or ſore, beſides many other vertues elſe that it hath.

Chap. 119.

¶ A moſt excellent good & holeſome wine made of Sage, for to be drunke at all times, if you waſh your mouth therewith, it wil help the Tooth-ach, & paines of the Gums: it is alſo good for the Palſie, it cureth the Cramp, it helpeth thoſe that be Lunaticke, it reſtoreth Sinewes that be ſhrunke, it expelleth ill humours out of the body, and it is good againſt the plague, or Peſtilence &c.

TAke a good quantitie of Sage both whit and red, and boyle it very wel in new whit Muske wine, and then ſtraine it through a fine linnen Cloath, and with a Tunnel put it into a glaſſe and ſtop it very cloſe, and when the Patient wil vſe it, let him drink a good quantitie thereof, both Morning and Euening for a certaine ſpace and according to the griefe wherewith he is troubled, and this wil perfectly and ſpeadely heale all the diſeaſes aboue rehearſed. This hath bin proued.

Chap. 320.

¶ A maruellous good Wine to be drunke for the Dropſie, and to heale all manner of ſwellings, Leproſie & ſpots, and it wil alſo increaſe great ſtore of Milke in Wom. breſts.

TAke of whit Muske wine, what quantitie you ſhall thinke good your ſelfe, and put therein a good quantitie of Fennell with ſome of the ſeede thereof, and ſome of ẏ Rootes cleane picked and waſhed, and the pith of them cleane taken forth: ſeeth al thieſe togither in the aforeſaid Wine, vntil the one halfe of it be conſumed away, then ſtraine it through a Filter (otherwiſe called an Ypocras bag)

into a glasse, and then stop it close, & let Patient vse to drinke a good draught thereof euery Morning fasting, & likewise last in ỳ Euening, and by Gods grace it wil help him.

¶ Dropsie.

Chap. 321.

¶ A Maruellous good Drinke to be vsed of one that is infected with the Dropsie.

Take ỳ. ℔j. of Red Sage, and wash it very cleane, and put it into a pece of whit Dough, and make it so close that no breath may issue forth of the Dough, and put it into an Oven and bake it: then take out the Sage and beat it into powder with the same Dough, and then put it into a fine linnen Cloth that is cleane, and then put to it the waight of a ℔j. and halfe of Leade, and hang it in a gallon Pot, and fil the pot eyther with good whit Wine or else with strong Ale, that the Cloth and the hearbes may be couered, and then stoppe it very close, and then let it stand so for the space of xxiiij. houres (and so as occasion serueth, you may vse it) and let the Patient drink of no other drinke but onely this, vntill he haue recouered his health againe, and when this drinke is gon, let him haue more new made as aforesaid, and this wil do him exceding much good.

This drinke is also good for those that are troubled with the palsie.

Chap. 322.

¶ An excellent good Medicine for the Dropsie.

Take the Rootes of Knecholme, (it is of ỳ same that the Butchers make their brushis or broome of) Parsly rootes and Fernell Rootes, of ech of them (finely scrapt and sliced) a good handefull, of Iunipet Berries, ℥j. a handful, of annis seede, Parsly seede, & Alexander seede, of ech of them a sponeful: seth all thiese togither in ỳ. pintes of cleare posset ale, and let it boyle vntil it come to a quarte, then take a handful of dead Bees, and stamp them in a wooden dish and

and ſtraine them into this poſſet ale, and ſo let ỹ Patient drinke euery v. houres a good draught thereof, & this wil help him in a ſhort ſpace. Apb. eſt p I. G. Gen. CHAP. 323.

¶ an other for the ſame.

TAke Rootes of Wormewood, Petty-morel, Fetherfew & Cataputea, of euery of them j. ℔. of Fennell, Parſly, Sage, Hiſop, Smalledge, Avence, Mints, water-Creſſets Horehounde, Endiue, Liverwort, and the middlemoſt barke of an Elder Tree, of euery of them a quarter of a ℔: then take al the hearbes & rootes and ſtamp them altogither in a ſtone Morter, and then put them into a new Earthen pot which was neuer vſed before. and put vnto them ỹ. galons of whit wine, or elſe ỹ. gallons of good Wort, and and let them boyle in the pot vntil the one halfe of ỹ licquor be conſumed away: then ſtraine it and put it into ỹ pot againe (the ſame being made cleane) and let it be couered very cloſe, and let the patient drinke the quantitie of ℥j. a pint thereof at a time, and let him vſe to take it firſt and laſt, but note this, that that which is taken in the Morning muſt be colde, and that which is taken in the Euening muſt be hot, and let him eat no manner of Meat for the ſpace of iỹ. dayes togither, (but only Pottage and Bread) and let ỹ pottage be made with whit Wine, Otemeale and Mutton, or elſe with ſome Veale. This hath holpen many.

Deafnes and Hearing.

CHAP. 324.

¶ An excellent good Medicine for Deafnes in the Heade.

TAKE a quart of Malmſie, and a quarter of a pinte of clere running Water, a pennyworth of Cummin, and viỹ. or ix. leaues of Bettony, and boyle them altogither vntil halfe the Licquor be conſumed, then take the pot wherein the Medicine is boyled, & couer it cloſe with a Tunnel, and binde it cloſe about the verges or brim, whereby the heat may not iſſue forth, then put

a

a Quil into the other end of the Tunnel, and let the Patient holde his Eare close, that ẏ heat may assend vp into his heade, and when he is weary of holding the one Eare let him turne the other to the same place, but whil'st that the heat is assending vp into one of his Eares, let the other Eare be wel stopped with black Wool, and let him also apply hot Clothes to keepe in the heate on the other side of his head whil'st the Medicine worketh, and let both sides be vsed a like, and let the Patient vse this iij. times a day, (viz. in the Morning, Noone and at Night, and so continue it for the space of viij. or ix. dayes togither, and during al that space, he must abstaine from any open Ayre, and doubtles this wil help him, for by experience I know, that it hath cured both Men and women that were aboue lx. yéeres of age.

CHAP. 325.

¶ *An* excellent good Medicine, for the paine in the Eares, which hindreth the hearing.

TAke ij. handfuls of Sage, ij. handfuls of Hisop, & dj. a l'j. of the youngest Rosemary that groweth vpon the great braunches, and put them into a little bag or pillow made for that purpose, and let it be boyled in Rose-Vinegar Aquauitæ and Rose-water, and let the Patient apply this to his Eare as hot as he is able to abide it, and this in twice or thrice doing wil help him. ꝓb. est.

CHAP. 326.

¶ A very good Medicine for one that is deafe.

TAke the iuice of ground Ivy, and whit Goporas (being burnt) and steep it in the iuice til it be fully dissolued: then let the Patient drop iij. or iiij. drops thereof at a time into his Eare both Morning and Euening, and it wil do him much good.

CHAP. 327.

¶ An excellent good Medicine for one that is deafe, and that his hearing is almost cleane gone.

TAke Sallet Oyle that is pure and swéet, and put thereto Annisseede, Perrywinckle, Sorrel and Wormwoode, of ech of them an ounce, and dry them and beat them to powder: then take pouder of old Roses and an ounce of Coloquintida, and boyle them in ẏ Oyle aforesaide a good while: then straine it through a fine Cloth into a Sawcer or Porringer, and with a Feather, drop iij. or iiij. drops into the Patients Eare warme, and soe let him vse this euery day

both

both Morning & Euening for a certaine ſpace, and it wil help him.
pb. eſt.

CHAP. 328.

¶ A Maruellous good Water to be vſed for the hearing.

TAke a good quantitie of Betony, and an Onyon that is round and whit, and a pretty quantitie of Roſemarie, vj. a lj. of bitter Almonds, and a good big Eale that is both fat and whit: cut and ſhred all theſe very ſmall togither, and diſtil them in a Limbecke & then take ỳ water that commeth from them & put it into a glaſſe, & when you wil vſe it, drop iij. or iiij. good drops of it into your Eares, and it wil reſtore you to your Hearing againe, This hath bin ſufficiently proued.

CHAP. 329.

¶ An excellent good Medicine for the hearing.

TAke a good quantitie of Womans Milke, and warme it in a Sawcer on the fire: then dip a linnen Cloth therein, & bathe the Eare well therewith that is moſt deafe: then take a pint of pure Malmſie & put a few Cloues into it, and heat it in a pot on ỳ fire, boyling hot: then take a little Tunnel and ſet it into ỳ mouth of the pot, and let ỳ fume paſſe through it into your Eare: then take a little Oyle of bitter Almonds, and warme it in the ſawcer as you did the Milke aforeſaid, and bath your Eare againe wel therwith, then take a little black Wool & dip it in the ſame Oyle, & then ſtop your Eare very cloſe & kæp it warme: vſe al theſe thinges aforehearſed in ſuch ſort as they are here expreſſed, as hot as any of them may be ſuffred, and in ſo doing, for the ſpace of ix. or x. daies gither both Morning and Euening it wil cure this infirmitie.

CHAP. 330.

¶ A preſent Remedie for one that cannot heare.

TAke an Hedghogge and flea him and Roſt him, and let ỳ patient put ſome of the Greaſe or Fat that commeth from him into his Eare, & he ſhal recouer his hearing in a ſhort ſpace. This hath holpen ſome ỳ coulde not heare almoſt any thing at all, and had bin troubled with this impediment for the ſpace of x. yæres and more, and yet were holpen with this Medicine.

CHAP. 331.

¶ An other for the ſame.

TAke an Oxe gall, and the Piſſe of a Male Goat, and mingle them togither, and put ſome of the ſame into ỳ Patients deafe Eare, and incontinently he ſhal be holpen. pb. eſt.

CHAP. 332.

¶ Another for the same.

TAke y. spoonefuls of the iuice of Rue, and as much Woma Milke, that giueth sucke to a Maiden Childe, and boyle th togither eyther in a Pomgranat shel or else in a Porreng vntil it be curdled, then straine it and take blacke Wool and di in the same iuice, and drop y drops thereof into your Eare, & so it both Morn. & Euening for y space of ix. or x. dayes togither, & keepe it very warme, and this wil help you. Pb. est.

CHAP. 333.

¶ A soueraigne Medicine for the paine and buzzing in the Head, which hindreth the Hearing.

TAke a Cloue of Garlicke and pil it cleane, and then make iy iiy. holes in the middest of it, & dip it in a little English H ny, and put it into your Eare, and put a little blacke Woo after it, and for y Night, let the Patient lye vpon y contrary s and let the Eare that is stopt be vpright, and the next night follo ing let him vse y other Eare in like sort, and lye on the other sid before, and so let him alter his course euery other Night and v for the space of viy. or ix. dayes togither, and this wil expulse a humours out at his Nose, ease y paine, and Restore the Heari Pb. est. CHAP. 334.

¶ An experienced Medicine for deafenes in the Heade.

TAke Bay leaues, Bay berries, Betony & Sticardes, of ech of th one handful, and seeth them in white Wine vntil the one h be consumed, (but if it be for an aged person, vse Malmes stead of whit Wine) and then put it into a vessell that hath a n row mouth, and let y Patient holde his Eare ouer it (it being stopped) so that he may suffer it (the same not being too hot no colde) then take Oyle of bitter Almondes, and put iy. or iiy. d thereof into his Eare, and then stop it close with a locke of Sh Wool that groweth betweene y Shéepes legs, and if he put a l Muske therewith it wil be the better. This was proued by Th Steuens of Bushton. CHAP. 335.

¶ Another experienced Medicine for one that is deafe, and that his Hearing is almost cleane gone.

TAke a Red Oynion and picke out the Coze cleane that is in middest thereof, and put into y same place some Oyle of Roa

Almonds, (but let the Oynion be ſomewhat warme before you put the Oyle therein) and ſo let it ſtand for ỹ ſpace of a Night, & then ſtrayne it and ſtraine it into a porrenger or other cleane diſh, and let the Patient haue iij. drops therof at a time put into his Eare, both morn. & Euen. and let his Eare be cloſe ſtoped with a little blacke Woll which groweth vnder ỹ Eare of a blacke Sheep, and when he is in his bed, let him lye on ỹ ſame ſide: thus vſing firſt ỹ one Eare and after ỹ other in like maner as before, and by Gods help it will cure him.

CHAP. 336.

An other approued Medicine for one that cannot ſcarſe heare.

TAke a good big ſiluer Eale (if poſſibly ſhe may be gotten) or elſe ſome other bright Eale, and Roſt her vpon a Spit, & let the drypping of her be kept very cleane in ſome Earthen veſſel, and when you do go to Bed, put ỹ quantitie of a quarter ſpooneful thereof at a time into your Eare, and then ſtop it cloſe with a little of ỹ Wooll ỹ groweth betwixt the ij. Eares of a black Sheepe, and the next Night following vſe the contrary Eare as afore is ſaide, and ſo continue this for ỹ ſpace of iij. or v. dayes, and it will help you. Probatum eſt.

Eyes, and Eyeſight.

FIRST, It is to be conſidered what things are good for the Eyes, and what are not: for the Eyes are the moſt neceſſary Members of all other appertayning to Mans body, and without the ſight of them, we can of our own ſelues do nothing: therefore thieſe ſmall Members are chiefely to be regarded, and according to my ſimple ſkil and knowledg, I haue here ſet down diuers and ſundry Medicines for the Eyes, who are the onely Windowes of the minde, both for ioy and dreade, and the moſt of our affections are openly known and ſeene through them, and they are ordeyned and made of purpoſe to lighten all the body; where Nature hath giuen both Browes and Eye-liddes for to defende and keepe them in ſafetie, & the better to reſiſt all ſuch things

as in any wise are preiuditial and hurtful vnto them, as appeareth he in the next Chapter following.

CHAP. 337.

¶ Thinges very hurtfull for the sight,

TO eat Garlicke, Onyons and Lékes. To eate overma Lettice. To trauaile or go to suddaine after Meat. H Wines. Colde ayre. Drunkennes. Gluttony. Milke Chéese. Ouermuch beholding of White and Red Collou Much Sléep after Meat. To often vse in letting of Bloud. C Worts. Dust. Fire. Much wæping, and ouer-much Watchi

CHAP. 338.

¶ Thinges good for the sight.

MEasurable sléepe. Red Roses. Veruaine Rootes. Fenc Selandine. Pimpernel. Oculus Christi. To wash yo Eyes often with faire running Water. To loke vpon ny grééne or pleasant Collours. To loke often in a fa pleasant, and perfect Glasse. And to wash your handes and Fa very often.

¶ Waters for the Eyes.

CHAP. 339.

¶ An excellent good Water for to preserue the Eye sight.

TAke a new laide Egge, and Roast it harde: then cut the sh in the middest and take forth ẏ Yolke cleane, and then take piece of Coporas and put into the same place where the Yolke lay then binde the Eg togither againe, and set it to lye in the Fire gaine, and let it remaine there vntil ẏ Coporas be dissolued to w ter: then take all the whit out of ẏ shel, and cut it into smal piece and put it into a Glasse of faire Running Water, and so let it sta a little while: & then straine it through a fine linnen Cloth, & kee it in a Vial or Glasse close stopped, and euery Mor. and Euenin

let the Patient waſh his Eyes therewith, and it will do him exceeding much good. This hath bin oftẽ proued.

CHAP. 340.

¶ An other good and comfortable Water for the Eyes.

TAKE Sage, Fennel, Veruaine, Betony, Euphraſia or Eyebright, Pimpernell, Sinkefoile & Hearbe-grace, and lay them all to ſteepe in whit Wine, for the ſpace of one Night, and then diſtil them in a Stillatorie of Glaſſe or Pewter, and when you will vſe it: take a fine linnen Cloth and dip it in the ſame Water, and ſo vſe to waſh your Eyes often therewith, and you ſhall perceiue your ſight for to grow very cleare and bright in a ſhort ſpace. pb. eſt.

CHAP. 341.

¶ An other for the ſame.

TAke of the iuice of Euphraſia, or elſe of the Water that is made of it, inſomuch as it is ẏ beſt hearb that poſſiblie may be had for the Eyes, what way ſoeuer you will take it or vſe it.

CHAP. 342.

¶ An other for the ſame.

TAke a good handful of Red Fennel, and of Veruaine, Roſe leaues, Rue and Selandine, of ech of them a like quantitie, & diſtill them all togither, and you ſhal haue a perfect pure and comfortable water hereof for ẏ Eyes. CHAP. 343.

¶ An other experienced good Water for the Eyes.

TAke Selandine, Fennel, Sage, Roſemarie, Veruaine, and Rue, of ech of them a good handful, and waſh them cleane, and then dry them againe with a linnen Cloath: then put them into a Limbecke, and diſtil them, and let ẏ Patient drop ſome of this Water into his Eyes oftentimes, and this wil recouer his ſight againe, although it be ſuppoſed to be almoſt paſt all hope of recouery, For it hath bin truly proued. CHAP. 344.

¶ An other ſinguler good Water to cleare the ſight.

TAke a good quantitie of greene Walnuts, Huskes and all, euen as they come of ẏ Tree, and a few of the leaues thereof, and diſtill them: then take ſome of ẏ ſame water and with your fingers end or a Feather, drop it into your Eyes both Morning & Euening for the ſpace of vj. or vij. dayes togither, and this will cauſe your ſight to be perfect cleere. pb. eſt. CHAP. 345.

¶ An other for the ſame.

TAke the iuice of al theſe hearbes following, (Viz.) of Fennel, Selandine, Rue, and Eyebright, of ech of them ij. ounces, of english Hunny j. ounce & an halfe, of Alloes, Tuttie, and Sarcocol, of ech of them ij. an ounce, of the Gall of a Cocke, Capon or Chicken, ij. or iij. drams, of Nutmegs, Cloues & Saffron, of ech of them a dram, and vj drams of Suger Candie: take al thieſe & put them into a Limbecke of Glaſſe, and diſtil them, & let ỳ Patient put ſome of this Water into his Eyes once or twice a day, and this wil do him very much good. Alſo if that the Liuer of a Male Goat may be gotten and mixed with the things afore rehearſed in the diſtillation, then wil the ſame Water be of much greater force, and almoſt wout any compariſon at all to be made of ſuch Water for ỳ benefit of the Eies.

CHAP. 346.

¶ an other for the ſame.

TAke a Pie and dry her and beat her to powder, and then mingle the ſame powder with Fennel Water, and put it into your Eies. Alſo the Water of young Pies diſtilled, is very good to waſh ỳ eyes withall.

Likewiſe the Water of Rotten Apples is excellent good, the ſame being dropped into your Eyes the quantitie of iij. or iiij. drops at a time thereof, and this wil cleare the ſight af the Eyes very much. ,pb. eſt.

CHAP. 347.

¶ An other ſpecial Water to cleare Eyes that are Bloudeſhot.

TAke a good quantitie of Dayſies, both Rootes and Leaues, & waſh them very cleane, and then ſtamp and ſtraine them, and with the iuice which commeth forth of them let ỳ patient waſh his eies often, & this wil help him. ,pb. eſt.

CHAP. 348.

¶ A marueilous good Water to recouer the Eye-ſight, the ſame being hindred by any cauſe whatſoeuer.

TAke iij. drams of Tutia made into ſmal powder, and a like quantitie of Alloes Epaticum, and iij. drams of fine Suger, vj. ounces of Roſe-water, and as much whit Wine: mingle al thieſe togither, and put them into a glaſſe and ſtop it cloſe and ſet it to ſtand in the Sun for the ſpace of a Moneth (ſtiring it togither once euery day) then take the quantitie of vj. drops at a time of ỳ ſame Water, and drop it into your Eyes both Morn. & Euening, and ſoe continue it for a ſhort ſpace, and it wil cauſe your ſight to come againe, and be

as

as clére and as perfect as euer it was before. This Medcine hath bin wel experienced by one that recouered his sight hereby againe hauing lost it a Moneth before. It was ministred vnto himselfe.

CHAP. 349.

¶ An other good Medicine for clearing of the Eyes.

TAke a good quantitie of Daysie Rootes, and wash them cleane, & stamp them in a Morter & straine the iuice cleane forth therof, and then put into ỳ same iuice the whit of a new laide Eg, and put it into a Saucer, and with a Feather scum the froth of cleane, and then let ỳ Patient dip a Feather into the same, and drop it into his Eyes and it wil do him exceading much good.

CHAP. 350.

¶ An other for the same.

TAke whit Roch Allum that is kindely, a smal quantitie of Rosewater, and the iuice of Red Fennel, & the whit of an Eg wel beaten, & the scum cleane taken of: mire the white of ỳ Eg & the other things togither, and then straine them through a fine linnen cloth and put ỳ water into a Vial, and when you wil vse it, take a Feather, or else with your fingers end, put a drop thereof at a time into your Eyes & it helpeth. CHAP. 351.

¶ An other for the same.

TAke Coporas and lay it to steep in faire Running Water for the space of vj. or vij. houres, then take it forth and straine it into a Vial, and when you go to Bed, strike ỳ dries of your Eyes therewith, and let it drop into them, & this wil help your Eyes although they be neuer so sore. CHAP. 352.

¶ An other good Medicine to cleare the Eye-sight.

MAke a powder of Fennel, Annise, and Elicompanæ, and temper them with Aquauitæ, and then dry them againe, then let the Patient euery Morn. & Euening, eat a pretty quantitie thereof, & it wil not onely cleare the sight of the Eyes, but it wil also purge the Winde, and make one séeme young long. This hath bin truly proued. CHAP. 353.

¶ An other for the same.

TAke pure new white Wine and infuse therein, the hearbe that is called Eybright for ỳ space of ij. dayes togither: then seeth it with a little Rosemarie in it, and let ỳ partie grieued drinke a good draught thereof both Morning & Euening, and it wil help him and

cause

cause him to haue his sight both perfect and good: let him also vse to eat euery Morning a new laid Eg reare Roasted, and put therein some powder of Eye-bright, and that wil likewise do him much good. This hath bin proued and found true by some that haue wanted their perfect sight, and did vse Spectacles, and yet hereby they recouered their perfect sight againe.

CHAP. 354.

¶ An excellent good Medicie for sore Eyes.

TAke Tutie of Alexander, and beat it into fine powder, and temper it wel with a quart of whit Wine, and put thereto an ounce of Red-Rose leaues, and boyle them altogither ouer a soft fire vntil the one halfe be consumed: then straine it through a fine Cloth and put it into a glasse, and when you wil vse it, eyther with a Fether or with the top of your Finger, drop iij. or iiij. dropps thereof at a time into your Eyes both Morn. & Euening, and this wil help you. pb. est.

CHAP. 355.

¶ an other for the same.

TAke Rotten Apples and distil them, and with the Water therof wash your Eyes often, and it wil both clense and cleare your sight, pb. est.

CHAP. 356.

¶ A very good Medicine to kil the Pin & the Web in the Eye.

TAke Red Sage, Red Fennel, thre leaued Grasse and Daysies, of ech of them a like quantitie: then take the whit of a new laide Eg, and beat it til all the Froth may easily be taken away, & then put thereto ij. a spooneful of Hunny: then stamp the hearbes small togither and straine them, and put the iuice thereof to ỹ white of the Eg and the Hunny, & let them be well tempred togither: then let the Patient drop a little of this into his Eye where ỹ paine is, and then take a plaister of Flaxen Tow & dip it in the same iuice & lay it vpon ỹ Patients Eye and binde it fast, and let it continue there for the space of ỹ. houres after euery time that it is dressed, & it wil cure it in short space, pb. est.

CHAP. 357.

¶ An other for the same.

TAke Leaues of Celandine and stamp them wel & straine them, & with a Feather put one drop of ỹ iuice thereof into ỹ Eye of the Patient, and it wil presently help him. pb. est.

CHAP. 358.

¶ A very good Medicine to kill a Pearle or Web in the Eye.

Take

TAke a good quantitie of three leaued Grasse that beareth ỳ Honysuckle, and bruise it well in a Morter or else in a wooden dish, and then straine it, and let ỳ partie grieued put some of ỳ same iuice into his Eye, and by using of this twice or thrice a day for ỳ space of vj. or vij. dayes togither it wil help him. Apb. est.

CHAP. 359.

¶ An other for the same.

TAke iij. leaues of Daysies, and a good quantitie of Bursa Pastoris, (otherwise called in English Shepheards purse, or pouchwort) and Chestlops (otherwise called Woodlice) stamp & straine them into a little strong Ale, and drinke a good draught thereof at a time three seueral Mornings togither (ỳ. houres before you rise) and you shal finde great ease thereby: Notwithstanding your eies wil be sore: then wash them with faire Running Water, and then take some of the Drinke aforesaid ỳ. or iij. Mornings againe, & by Gods help you shal finde great ease in them for a long time after.

CHAP. 360.

¶ An other soueraine Medicine for a Web in the Eye.

TAke a good quantity of Snailes with their shels vpon them, and wash them very wel, & then distill them in a common Stillatorie: then take of ỳ Galles of Hares, Red Curral & Suger Candie & mingle them togither with the said Water, and then distill them againe: then take ỳ same Water & put it into a Glasse or vial, and when you wil vse it, take a drop thereof & put into your Eyes both Morning & Euening and it wil help you.

CHAP. 361.

¶ An other for the same.

TAke the whites Egs of that are hard sodden, Rose-water, Sugercandie & whit Coporas, and mingle them wel togither, and then straine them very hard through a fine linnen Cloth and put it into an Earthen vessel or else into a glasse, and so wash your Eyes with the same, iij. times a day, (viz.) in the Morning, at Noone and at Night, and this helpeth. CHAP. 362.

¶ An other soueraine Medicine for the web in the Eye, if it be olde.

TAke Red Pimpernel and Euphrasia, and stampe them very well in a Morter, and then fry them with Capons Grease in a cleane Pan, and when it is fryed, wring it through a linnen Cloth into a glasen Vessel, and let it stand there iij. dayes after before you take

it ſwoth: then put it in a Box of Horne or Tin, and take but a little thereof at a time and put into the Web of the Eye and it wil cure it in a ſhort ſpace. CHAP. 363.

¶ A good Medicine for bleared Eyes.

TAke the Stone that is called Lapis Caluminaris, which is to be had at the Appothecaries, and beat it to fine powder, and put it into a ſponeful or ij. of Roſewater, and j. ſponeful of faire running VVater and temper them wel togither: then take a Feather and euery Morning and Euening let a drop or ij. fall from the Feather into your Eye, vſe this often and it wil do you exceeding much good.

CHAP. 364.

¶ A good Medicine for Eyes that are bloudſhot and Red.

TAke Houſleeke and ſtamp it wel, then take a new laide Egge and make a hole in the one end of it, and draw out al the meate of it, and put ỳ iuice of the Houſleeke into it, and ſet it in ỳ Embres, and ſo diſtil it, and ſcum it cleane with a feather, and at night when you go to Bed, let a drop thereof fall into your Eye with the feather (lying vpon your Backe) and this will preſently help you. Apb. eſt pG L. CHAP. 365.

¶ An other for the ſame.

TAke the Bloude of a Stock-doue, or elſe the bloude of an other Doue or Pigion, and drop a little thereof into the Eyes of the patient when he goeth to Bed: alſo take a fine linnen Cloth & wet it in ỳ ſame bloude, and lay it vpon his Eyes immediatly after the dropping in of the firſt, and this wil help him howſoeuer it doe come, eyther by ſtroke or otherwiſe. This hath bin truly proued.

Alſo if the paine do come (as oftentimes it doth) of Choller, and that ỳ patient feeleth great heat, ſharp pricking, and much paine, and that commonly there appeareth no gum in ỳ Eyes, and if it do: then a Purgation of neceſſitie muſt be giuẽ him to purge Choller. CHAP. 366.

¶ Excellent good Pilles for the Eye-ſight.

THE Pils Sine quibus, allwageth with Troſciskes of Agarick and Pullule lucis, are excellent good for to purge the Braine, and comfort ỳ Eye-ſight. CHAP. 367.

¶ An excellent good Medicine for the ſwelling of the Eyes.

TAke a Quince and ſeeth it in Water vntil it be ſoft, then pare it and bruiſe it wel, and mix it with the Yolke of an Eg, and wit crum

crumes of whit or Wheaten Bread, wel ſteped in the ſaid water and put thereto a little womans Milke, and ij. ℔. waight of Saffron, bray them all togither, and then lay it ouer the Forehead & Eyes, & it helpeth.

CHAP. 368.

¶ A Medicine to take al the gummy matter or filth out of the Eyes.

TAke Houſleeke (otherwiſe called Senigræne) and ſtamp it very wel, and ſtraine it through a fine linnen Cloth, and with the iuice thereof, waſh your Eyes often, and it wil both cleare ẏ ſight, and purge the Eyes from al manner of filth & Matter. This hath bin proued.

CHAP. 369.

¶ A Medicine for burning, or running Eyes.

TAke the paring of an Aple which is ſomewhat thick pared, and apply the ſame to the burning Eyes when you go to Bed, and it wil heale them. ꝓb. eſt. ꝑ D.B.

CHAP. 370.

¶ A moſt ſinguler good Medicine to keepe the Eyes cleare, coole, and from Rednes, and to kil the itching of them.

TAke a good handful of Houſleeke, and ij. handefulls of Plantine, and ſtamp them wel togither and ſtraine them, then let ẏ iuice ſtand and ſettle for a little ſpace, & when it is wel ſetled, poure out the cleareſt of it from ẏ reſidue, and put thereto halfe as much Red Roſe water as there is of the iuice, and ℥j. a quarter of a ſpooneful of whit Suget Candie beaten to fine powder, & then take a piece as big as halfe a Walnut or ſomewhat more of Lapis Caluminaris, & let it be ſlaked x. or xij times in ẏ ſame Water, and then let the patient take iiij. or v. drops (as he lyeth vpright in his Bed) thereof, and put it into his Eyes, and it wil help him, This hath bin truly proued.

CHAP. 371.

¶ An excellent good Medicine for Eyes that do eyther ſmart or itch.

TAke Lapis Caluminaris and make it hot in ẏ fire, and quench it in a pint of whit Wine, iiij. or v. times: then take ẏ Stone and ſtamp it to fine powder, & ſtraine ẏ wine & pouder togither, & put it into a glaſſe, & when you wil vſe it, ſhake ẏ glaſſe vntil it be thick, and with a Feather drop iij. or iiij. drops into your Eyes (lying vpon your Backe) and this wil help you. ꝓb. eſt.

CHAP. 372.

¶ A marueilous good Drinke to be taken for the Eyesight.

TAke a good quantitie of Ivy that groweth vpon an Ash-Tree, and a good quantitie of Rootes & Leaues of Daysies which doe grow in ỹ fieldes, and a like quantitie of ity. leau de Grasse, and a good quantitie of Red Fennel: wash all thiese very cleane, & stamp them and straine them with a pint of stale ale, and let the Patient drink a good draught thereof at a time both in ỹ Morning Euening and at Midnight, and let him vse this as long as he shall thinke conuenient, and this wil preserue his sight exceeding well. This hath bin sufficiently proued.

Face.

CHAP. 373.

¶ A very good Medicine to take the Pimples out of ones face.

TAke White wine Vinegar & Hunny, of ech of them as reasonnable a quantitie as to your own iudgment shal be thought meet, and temper them very wel with Wheaten Flower which is pure and cleane without any Rie, Beanes, Pease, Tares, or other Pulse, and when you go to Bed, lay some of this vpon your Face, and in ity or v. times vsing of it, it wil take ỹ Pimples cleane away, and cleare thy face againe. pb. elt.

CHAP. 374.

¶ An other for the same.

TAke a pretty quantitie of Virgin Wax, and melt it & mingle it with ity. spoonefuls of Oyle of Roses, a spoonefull of white wine Vinegar, the White of a new laide Eg, and a good quantitie of Plantine water, and temper them all well togither, vntil you perceiue that they are come into an Oyle, and then let the Patients face be anointed therewith euery Night when he goeth to Bed and it wil help him in a short space.

CHAP. 375.

¶ An

¶ Another for the same.

TAke iuice of Lilly Rootes, and wine Vinegar, of ech of them a like quantitie, and mingle them togither, and anoint the place wel therewith where the Pimples are, and in x. or xj. dayes space, by vsing of it he shal be hole. CHAP. 376.

¶ A good Medicine to take away the Pimples and high Collour out of ones Face, be it neuer so fare spent and gone.

TAke græne and whit Coporas, of each of them a like quantitie, and put them in a Sawcer ful of faire Running Water, & set it warme on the Coales, and (as hot euer you can possible suffer it) anoint the Pimples that are on your Face therewith, or any other place of your Face which is high Coloured or red, and in vsing of this often it wil help you. CHAP. 377.

¶ An other good Medicine for a Red, or high colloured Face.

TAke Vine leaues and Strawberrie leaues, of ech of them equall portions, and as much Creame as you shal thinke conuenient for the things aforesaid: then put therein j. penyworth of Camphire and put al your things togither into a Stillatorie and distil them, and then take some of this Water and wash your Face therewith euery Morning & Euening for the space x. or xv. dayes, & this will take the high collour cleane away. This was much practised by M. Cox, who did help many of this infirmitie.

CHAP. 378.

¶ A present Remedie for the taking away any manner of spots or Pimples in the face.

TAke a good quantitie of Nigella and bray it, & mix it with Hunny and Wheaten Flower, & make an Dyntment thereof, and let the Patient anoint ỳ spots and pimples therewith, at his going to Bed, and in the Morn. following when he riseth, let him wash them with Parsly water, and this wil take away the spots and pimples cleane. CHAP. 379.

¶ An other present Remedie for any Heat, or Pimples in the Face.

TAke a xj. of good Almondes and stamp them, and put them into a pint of faire Running Water warme: then straine them and put thereto ij. an ounce of whit Camphire, and a pinte of Whit wine, and then temper and beat them very wel togither, and then straine it with a pint of Margerum Water, & put it into a glas,

and let the Patient vse to wash his face therewith often, & it will help him.

CHAP. 380.

¶ An other good Medicine for a heat in the Face.

TAke a good handefull of Deeres Suet, and as much Brimstone as an Eg-shel will hold, and bruise it very fine: then take ij. a pint of whit wine Vinegar, and seeth them al togither vntil they be almost dry: then take it and make it into a ball, and when the patient wil vse it, let him take a little thereof, and put it into a Sawcer and melt it with a few Coales, and when it is molten, let him take a fine linnen Cloath and dip it therein, and rub ỳ place softly where any Corruption is, vntil ỳ it be cleane taken away, and this wil speadely help him.

Yf this happen not to help him within ỳ space of a Moneth, then let him drinke euery Morning fasting a Cup of Beere or Ale with a little English Madder therein, and let it be finely picked, bruised and searsed, and so let him drinke it, and this wil do him exceeding much good.

CHAP. 381.

¶ An other for the same.

TAke the iuice of Housleeke and the iuice of Tansie, and boyle them in a pint of whit Wine, and let it boyle vntil ỳ one halfe be consumed, and when it is cold, let ỳ Patient dip a fine linnen Cloth therein, and when he goeth to Bed let his face be bathed therewith very wel, and let the wet Cloth lie all the Night long vpon his face, and when it is dry, wet it againe, & soe let him vse it as long as he shal think conuenient. This hath holpen those whose faces were growne like vnto a scurfe.

CHAP. 382.

¶ An other for the same.

TAke iiij. pennyworth of Capons Grease and melt it, and straine it through a fine linnen Cloth, and let it stand to coole a quarter of an houre: then put into it a pennyworth of Brimstone finely bruised, and a pennyworth of Ginger beaten to powder, & mingle them with ỳ Capons grease, and make an Dyntment thereof, and with the same let the patient anoint his face therwith when he goeth to bed, or in the same place where the pimples or Rednes are, and in the Morning let him wash his Face with Rosewater luke warme: but

but in any wise let him take heede that he picke not his Nose w̄ his fingers, for if he do, it wil greatly hurt him. ℞. est.

CHAP. 383.

¶ *A* very good Medicine for a Leperous face.

TAke a good quantitie of Strawberries, and put them into a glasse, and so let them putrifie in Horse Doung, and then distil a water from them, with the which let the patient wash his face often, and it wil speadely help him ℞. est.

CHAP. 384.

¶ An excelent good Remedie for an high colloured face.

TAke Cowcumbers and pare them very cleane, and cut them in slices, and distil them with a little Rosewater, and with ẏ same Water that commeth from them, wash your face euery day iij. or v. seueral times: but if you can haue none of ẏ same Water, then take the Cowcumber it selfe, and rub your face therwith, (but first pare of ẏ Rinde as aforesaid) and by often vsing of it, you shal assuredly finde both help and ease. ℞. est.

CHAP. 385.

¶ A very good Medicine to destroy any heat in the face, or in any other place, although it be *S.* Anthonies fire.

TAke a pottle of Smiths Water, a handful of Sage, ij. handfuls of Elder leaues, or else of ẏ græne Barke thereof, & ẏ pennyworth of Allum: take al thiese and seeth them togither from a pottle to a pint: then take it and put it in an Earthen pot, or Gallypot, & let ẏ Patient anoint his face therewith when he goeth to Bed, & by the next Morning he shal finde great ease thereby: but let him vse it for the space of v. or vj. dayes, and this wil help him by Gods grace.

CHAP. 386.

¶ A very good Medicine for to take away the extreame heat in a Childes face.

TAke a pint of whit wine, and the quantitie of ij. an ounce of good Cloues beaten to powder, and mix them wel togither, and let ẏ same be boyled (in an Earthen or pewter pot) vntil it be halfe cōsumed: then straine it into a Gallypot, or into some such like thing and so anoint ẏ Childes face therewith, and it wil expel ẏ heat in a short space. ℞. est.

CHAP. 387.

¶ An excellent good Medicine to take away any spots or Sun-burning from the face or other places.

Take

TAke the iuice of a Lemon and a little bay Salt, and let ỹ Patient wash his handes or face therewith, & let them dry of themselues and then take Conduit or running Water, and wash your hands or face therewith, and you shal sée al the spots gon cleane away. This is also good against the scurfe or such like.

CHAP. 388.

¶ A good Medicine for Sun-burning.

TAke ỹ. spoonefulls of Rosewater, an ounce of Womans Milke, an ounce of Frankenscense, an ounce of Verdigrease, & the white of an Eg, and beat them very wel togither: then anoint your face or other places that are Sun-burned therewith, and this wil help you forthwith. CHAP. 389.

¶ A Medicine to make ones face faire, cleare, and to shine.

TAke a good quantitie of ỹ Marrow of Swines féete, Cow Milke, and Rosewater, and mingle them togither, and anoint your face therewith luke warme and it wil make you very faire.

CHAP. 390.

¶ An other good Medicine to make ones face both faire and cleare.

TAke a good quantitie of Rosemarie Flowers, & séeth them in whit Wine, and wash your face often therewith, and also vse for to drinke of it, and it wil make you loke both young and faire. Probest.

CHAP. 391.

¶ An other for the same.

TAke Beane flowers, Red-Roses, wilde Tansie, and Huunysuckles, of ech of them a like quantitie: then take ỹ Whit of an Eg & put vnto them, and bray them al togither in a Morter, and then distill them, and when you have so done, put ỹ water distilled into a glasse or Vial and stop it close, and when it shall be nere full, wash your Handes, Necke and Face therewith, and it wil make you marueilous faire, This hath bin often proued.

CHAP. 392.

¶ A Medicine to make ones face as whit as Milke.

TAke Blossoms of whit Thorne, Blossoms of Violets, Blossoms of Beanes, and the Blossoms of an Elder Tree, of euery of them a like quantitie, and distil them, and then put ỹ Water in a Glasse and stop it close, and when you wil vse it: take ỹ. spoonefuls thereof and wash your face with it twice or thrice a day for the space of

ij. or v. dayes togither, and you shal proue this true. This hath in tryed of many.

CHAP. 393.

¶ A Medicine to take away Freckles out of ones face.

TAke the Gall of a Cocke & Cocklemel of ech of them a like quantitie, and mingle them togither, and then binde the same to the face where the Freckles are, and it will take them cleane away. pb. est.

¶ Falling Euil.

CHAP. 394.

¶ An excellent good Remedie for the Falling Euil.

FAke a good handful of Piony Rootes, and a handful of Mistletoe, that groweth vpon a blacke-thorne Tree & a handful of Polipodium (otherwise called in Eng. Okefearne) and ij. good handfuls of Selandine, [if it possibly may be had] and stamp them very well, and then set them to steep eyther in ale or Beere for ij. space of ij. houres more, and then straine it through a fine linnen Cloth, and then put it into some Earthen pot where it may be kept close stopt from the ayre, and let the Partie grieued drinke a good draught thereof euery Morning fasting. and last in the Euening, and let him vse it for the space of xiij. or xv. dayes, and by Gods help it wil cure him in short space. This hath bin truly proued.

CHAP. 395.

¶ An other for the same.

TAke Germunder that is gathered in the moneth of May when it hath the blossomes vpon it, and dry it in the shadow where the Sun commeth, and then make a powder thereof, and when occasion serueth for vse thereof: then take the Yolke of ij. or iij. hen

Eggs, and beat the powder and them wel togither in a Wodden dish or Porrenger then seeth it and giue it ỳ partie grieued to eat both Morning and Euening for the space of xv. dayes: But al this time he must abstaine from al kinde of Wines, & Carnal company of Women, & also from al maner of Pulse, as Beanes, Peason Fitches and Tares, and from al other thinges which are of a hard Concoction or digestion. ,pb. est.

CHAP. 396.

¶ An other for the same.

TAke the Matrix of a Sow that hath young Pigs, and dry it vpon a Tilestone, or a fire-shouel, and make a powder thereof & give it the Patient to eat, or else to put in his Drinke, and immediatly after he hath taken it, you shall perceiue the disease to remoue into his fingers endes, [but grieuing of him sore al this time] and then make some kinde of Rupture to set to his fingers endes, and in a little while after you shal see the yellow Matter or Corruption issue forth of them. ,pb. est. CHAP. 397.

¶ Another for the same.

TAke Piony Rootes and dry them very wel, and then grate them very smal (as you do Ginger) and giue it the Patient to eat in his Pottage at Meales, and let him also drinke it cõtinually in his Drink, especially in the Morning fasting, and likewise last in the Euening, and this wil do him exceeding much good.

CHAP. 398.

¶ an other for the same.

TAke Wheat Flower (that is pure without pulse) & temper it with the Dew of the Earth that is gathered eyther of Corne or Grasse vpon Midsommer day in the Morning, and knead it wel and make a Cake thereof, and bake it vpon a Hestone, or else vpon some other like thing, & let the Patient eat it, and he shal find great vertue herein.

Diuers and sundry thinges are here expressed that are il for this disease, and therefore it is very requisite they should be eschued in all respects as much as may be. (viz. Ouermuch sleep or drowsines, Ouermuch drinking of Wine or other strong drinkes, Ouermuch eating, Ouermuch fasting, al manner of pulse, as Beanes, Peason Fiches and Tares, and al other things ỳ are not easie of digestion.

Also, let the Partie grieued vse an indifferent meane in Di-

let him not vse to sup late, nor sleep suddainly after Meat, & let him take heed of of ouer-much watching.

¶ Flux.

CHAP. 399.

¶ An excellent good Medicine for the Flux.

TAKE good new yellow Wax and Ducks grease, of each of them a reasonable quantitie, & make an Ointment therof, and anoint the Fundament of the partie grieued wel therewith, and as deep inwardly as you can possiblie, and the same wil greatly mittigate the paine and cure the disease. This hath bin truly proued by M. DH.

CHAP. 400.

¶ an other for the same.

TAke Scarabeos which grow in Horse-Dung and seth them in Linseed Oyle, and straine the same Oyle through a fine linnen Cloth, and then anoint the Fundament therewith, and it will mittigat the paine greatly. CHAP. 401.

¶ An other for the same.

MAke a Suppositarie of new Wax, and couer it with a fine piece of thin Sarcenet, & anoint it with Oyle of annis seed, and Oyle of Tapsus barbat'. (both of them being mingled togither) and then put the same into the Patientes Fundament, and it wil speadily asswage the paine and take away the sore cleane. pb. est. CHAP. 402.

¶ An other for the same.

TAke amber Beades and beat them to powder, and put them into a Chasing-dish of Coles, and let ỳ partie grieued sit ouer them as if he would ease himselfe, and it wil help him in vsing of it twice or thrice togither. pb. est. CHAP. 403.

¶ an other for the same.

TAke a good quantitie of Iourden Almondes & blaunch them, and boyle them in English Hunny, and let them boyle vntil they be

blacke, and let the partie eate the same Almondes with a little of the best English Hunny that may be gotten, and this wil do him exceeding much good. Ꝑb. est. CHAP. 404.

¶ A very good Electuary against the Flux.

TAke ℥j. an ounce of powder of Galingall, and of Red Curral and Masticke, of ech of them ℥j. a dram, Trostices of Terra sigillat. ij. scruples, Barke of Citron Comfets & Quinces, of ech of them ij. scruples, and iij. ounces of fine Suger dissolued in water of Mintes, take all thiese things and mingle them and make an Electuarie of them, and then vse it as occasion serueth.

Also Acorns dryed and beaten to powder, and drunke in Red Wine, is marueilous good against the Flux.

Likewise, all manner of Currals beaten to powder, are binding, and are very good against the Flux.

CHAP. 405.

¶ An excellent good Medicine for the bloudie Fluxe.

TAke Red Wine and boyle it on ẏ fire, and put thereto some Cinamon and Plantine seedes, of each of them a good quantitie, and when you perceiue that the Wine hath taken away the substance of the seede then giue it the Patient to drinke as hot as he may reasonably abide it, and let him drinke ij. or iij. spoonefulls of it at a time, and doubtles this wil cure him of this infirmitie: but if your Wine be bitter, you may put a little fine Suger therein to make it sweet: but the lesse you put in, the better it wil be.

CHAP. 406.

¶ An other for the same.

TAke a piece of Biese which groweth about the brisket of the Dr, and let the Patient eat a piece thereof raw, and this wil speadily help him. CHAP. 407.

¶ An other for the same.

TAke an Apple and Roast it, and make a hole in it, and put therein as much Virgin Wax as a Beane and let the Patient vse often thereof, and it wil help him. Ꝑb. est.

CHAP. 408.

¶ An other for the same.

TAke a ℥j. of Almondes and blaunch them, and stamp them in a Morter very small, then take the Yolks of ij new laide Egges reare Roasted, and mingle them with the said Almonds: then put

to

to them a quart of good Red Wine Vinegar, and mingle it likewise with the aforesaide stuffe, and then put it into an Earthen pot, and stirre it wel togither, and when it is boyled a little, take it from ẏ fire and straine it, and let ẏ Patient drinke the quantitie of vj. or viij. spoonefuls thereof warme at a time, iij. or v. times a day at ẏ least, as long as need shal require, and it will help him.

CHAP. 409.

¶ Another for the same.

TAke Plantine, Knottie grasse & Shepheards purse of ech of them a good quantitie, and boyle them altogither in new Milke, broth, or Red Wine, and when they are wel sodden, straine the hearbes & the milke, and giue it the patient to drinke often & it will help him. ,pb. est.

CHAP. 410.

¶ Another for the same.

TAke a good quantitie of the Crops of Seni, and stamp it, & drinke it with stale ale, and it wil ease you very much.

CHAP. 411.

¶ Another for the same.

TAke Red Wine, pure Malmsie or Muscadine, of each of them a pint, and a handful of S. Iohns woort and boyle it in ẏ wine aforesaid, and let it seeth vntil ẏ one halfe thereof be consumed: then put into it an ounce of Cinamon, a pennyworth of Red Saunders, a little Eliphants Tooth scraped, a little powder of Harts horne and the Yolke of a new laid Egge hard Roasted, & seeth it againe, & when it is wel sodden: then straine it through a fine linnen Cloth, and let ẏ Patient drinke it first and last for ẏ space of iij. or v. daies togither, and this wil do him much good. ,pb. est.

CHAP. 412.

¶ Another for the same.

TAke a Stone that is whit and hath red vaines in it, and boyle it in a quart of new Milke vntil ẏ one halfe of it be consumed, and then let ẏ Patient drinke often thereof, and he shal find great vertue therein. ,pb. est.

CHAP. 413.

¶ Another for the same.

TAke Black thorne, and with a knife shaue of all the outermost Rind, and then dry it in an Oven after that Bread hath bin drawne forth of it, and when it is wel dryed, beat it to powder, and then take a little of it and temper it wel with Wine or Ale, and giue

it the Patient to drink euery Morning and Euening, and this wil speadely help him. Ap. est.

Fleagme.

Chap. 414.

¶ A very good Medicine for to breake Fleagme.

TAke Hunny and new Butter that is vnsalted, of eyther of them a like quantitie, & a few bitter Almonds blaunched and beaten very wel, & mingle them with the Butter and Hunny aforesaid, and let the Patient eat a little thereof euery Morning fasting, and it wil do him exceading much good. This hath bin truly proued.

Chap. 415.

¶ Another for the same.

TAke a good quantitie of Smaledge and boyle it in Vinegar, and let the Patient wash his breast often therewith, then take the Smalledg and put it in a Cloth and binde it fast to the Stomacke of ỹ Patient and there let it remaine for ỹ space of iij. or iiij. houres and it wil help him. Chap. 416.

¶ Another for the same.

TAke Sorrel and stamp it and straine it, and then take the iuice thereof and temper it with stale ale, and let the patient drinke a good draught thereof euery morning before he arise out of his Bed and let him stay after it, and he shal auoide great store of fleagme.

Chap. 417.

¶ A good Gargresse for the fleagme.

TAke Endiue water & Hunnysuckle water, of eth of them a like quantitie, and a good spoonful of Mustarde that is pure & good and a sponeful of Hunny, ỹ. spoonfuls of Vinegar, and a litle Pepper beaten to powder, and ỹ. or iij. braunches of Rosemarie, and a few leaues of Red Sage, then put all thiese togither & beat them

them vppon a Chafingdish of Coales luke warme, and let ỹ Patient put a sponeful thereof into his mouth at a time, and let him holde his heade vpwardes and wash his Throat well therewith, & and it wil cause him to auoide much fleagme.

CHAP. 418.

¶ A very good Drinke to cause one to auoide Fleagme from the Stommacke, and to make it come vp very easiely.

TAke iij. spoonefuls of Rosewater, and vj. spoonefuls of Cunduite Water, and iij. spoonefuls of whit wine Vinegar, and a quarter of a lb. of fine Suger, boyle al thiese togither in a pewter Porrenger vpon a Chafingdish of Coales, and scum it very cleane: then take a sponeful or ij. of it and drinke it luke warme when you need it, & it wil help you. CHAP. 419.

¶ An other good Drinke for the Fleagme.

TAke Parsly Rootes, Fennel Rootes, Pellitorie, Hisop and Liquorice, of euery of them a like quantitie, and stamp & bruise them altogither and boyle them in Ale, and put therein a good quantitie of clarified Hunny that is pure, and when it is boyled a little more, then straine it and vse to drinke thereof both Morning & Euening and this wil help you. CHAP. 420.

¶ A very good Drinke for the auoyding of Fleagme, and for the stopping of the Pipes.

TAke a pottle of Barlie & seeth it in a gallon of cleare Wel Water, and let it seeth vntil the Barlie be soft: then straine it, and put thereto as much new Woort as of the aforesaide Licquor, and put therein a good quantitie of Sage, and as much Hisop, and a penny worth of Licquorice wel bruised: then seeth it againe vntill it be halfe consumed away: then straine it and put it into a Glasse, or into some other close vessel, and so let it stande for the space of one whole day, and let the party grieued drinke ỹ or iij. spoonefuls of it at a time both Morning and Euening, and this will help him in a short space. This hath bin wel proued.

Also Okefearne bruised, and the iuice thereof drunke eyther in white Wine, or in stale Ale purgeth Fleagme and Melancholines greatly. This hath bin likewise proued.

CHAP.

¶ Gowt.

Chap. 421.

¶ An experienced Medicine for the Gowt.

TAke iij. or iiij. Mowles and flea them, and take out al the Guts and all that is within them: then take iij. Earthen pots, and let the one of them be bigger then an other, and let them be well Leaded within: then take ẏ Mowles and put them into the leſſer of ẏ ſame Pots (which muſt be made on purpoſe full of ſmall holes, both in the ſides and bottome) and then ſtop the Mouth of ẏ ſame pot very cloſe, and then put that pot into the other pots, and let them be put into the Earth to ſtand for ẏ ſpace of a Moneth or ſomewhat more: then take vp your pots, and in the greateſt of them you ſhal find a good quantitie of pure Oyle: then take the ſame Oyle and put it into ſome Glaſſe, or elſe a Gallypot. and when you haue occaſion to vſe it: then take it and anoint ẏ place gricued therewith before a good fire, and this wil take the paine cleane away. ,pb. eſt p M.S.

Chap. 422.

¶ an other for the ſame.

TAke ſtale Piſſe and ſeeth it and ſcum it, and put thereto a good quantitie of the iuice of Red Nettles, Mints, Wormwood & red Fennel and let the iuice of them be of aſ euen portions as you can geſſe them, Muſtarde and Cummin, of ech of them a little, and of the iuice of Hearb-bennet, as much as of all the reſidue: boyle al thieſe togither and make a plaiſter thereof, and aply it often to the place gricued, and it wil help him. ,pb. eſt.

Chap. 423.

¶ an other for the ſame.

TAke the iuice of the Flowers of Broome, and the iuice of Scallicel and Hunny, as much of the one, as of the other, and ſeeth all thieſe togither vntil they be as thick as hunny it ſelfe is, and anoint

the place grieued often therewith, and it wil cure the Gowt. This hath bin truly proued by M. T. W.

CHAP. 424.

¶ Another for the same.

TAke Arsesmart, and wet it in faire Water, and lay it to the place grieued, and when you take it away, then bury it in a moist place in the ground, and as it doth rot, the griefe wil cure. Ap. est.

CHAP. 425.

¶ an other for the same.

TAke the Rootes of Holi-hockes, and stamp them wel, and mingle them wel with ỹ Grease of an olde Hog, and make a plaister thereof, and lay it to the place grieued, and so vse it for the space of vj. or vij. dayes togither, and it wil help you.

CHAP. 426.

¶ an other for the same.

TAke Balme, Camamil, Chickweede, Grommel, Lettice, Holy-hockes & Mallowes, of ech of them a handful, and boyle them in faire Water vntil they be very tender, then take a good quantitie of great Otemeale, and beat it very small: then put ỹ hearbes and it togither, and then put thereto iij. spoonefuls of Capons grease, and boyle them altogither vntil it be so thicke that it may be spred vpon a Cloth (but all the time ỹ it doth boyle, stirre it so that it doe not burne to ỹ sides of the vessel wherein it is boyled) and make a plaister thereof, and lay it the place grieued as hot as possibly it may be suffred, and in twice or thrice dressing it wil cure you.

CHAP. 427.

¶ an other for the same.

TAke the iuice of Haynffe, (otherwise called Cose-meat) & mingle it wel with Neats-foot Oyle, and stirre it vntil it be growne thick, then let the place grieued be anointed therewith, and it wil do him much good. CHAP. 428.

¶ an other for the same.

TAke Sage and dry it vj. a day or a whole day in the Sun, and lay it to the place grieued, and in one Night it wil ease ỹ paine very much. Ap. est p S. W. CHAP. 429.

¶ an other for the same.

TAke Aquauitæ and wash and rub the place grieued often therewith; then take a linnen Cloth ond wet it in Aquauitæ againe

and lay it to the place grieued, and this will help you within iij. or iiij. times dressing. This hath bin truly proued by R. Weston.

CHAP. 430.

¶ Another for the same.

TAke ij. handfuls of Horehounde, and vj. handfuls of Walworts, and bray them togither in a Morter: then straine them & put ỳ iuice thereof into a pint and an halfe of Swines grease, & boyle them togither for ỳ space of vj an houre or more: then straine it through a fine Cloth into some Earthen pot or glasse, and let ỳ Patient vse to anoint the place grieued before a good fire, and so by often vsing of it, he shal finde maruellous great ease.

This is also good for all colde Gowtes in the Armes, Legs, or Fèet, and for al other griefes and paines in the Bones, which doe come by reason of any manner of colde howsoeuer.

CHAP. 431.

¶ Another for the same.

TAke Archangel, Betony & Veruoin, of ech of them a like quantitie, and boyle them al very wel togither in whit Wine,, & let the patient vse to drinke thereof both first and last, and this wil do him much good.

CHAP. 432.

¶ Another for the same.

TAke Shoemakers Specks or pieces of Leather and fry out al the grease of them, and then lay some of ỳ same vpon a browne paper, and warme it a little at ỳ fire, and so apply it to the place grieued, and it wil take away the paine in one Night. Probatum est.

CHAP. 433.

¶ Another good Medicine for the Gowt, or for any other Ach.

TAke Rosen & Pitch of ech of them a quarter of a lb. and as much as a Beane of Frankensense, and as much of Turpentine, then take a pretty quantitie of Deeres suet, or Sheepes Tallow, & boyle them al togither in a pot, and when it is wel boyled: take it forth, and wash it (as you do Byrd-lime) in cleane water, & then take some of it and spread it vpon a peece of Leather, and lay it to ỳ place grieued, and so let it remaine there vntil it fall off it selfe: vse this iij. or iv. times and you shal finde great ease thereby.

CHAP. 434.

¶ An excellent good Oyntment for the Gowt.

Take

TAke a fat Gooſe and plucke her and dreſſe her as if ſhe ſhould be eaten: then ſtuffe the Belly of her with iij. or iiij. young Cats wel chopped into ſmal pieces with a handful of bay Salt and then ſow vp her Belly againe, and Roaſt her at a ſmall fire, and ſaue al ỳ dripping of her and kæp it for a prætious Dynte-ment, as wel for ỳ Gowt, as alſo for all other kinde of diſeales in the ioyntes. Pb. eſt. CHAP. 435.

¶ An other for the ſame.

TAke a quart of ſtrong Ale and put it into ſome Earthen pot or Pipkin, & couer it cloſe, and boyle it vntil it be conſumed from a quart to iij. or v. ſpoonfuls: & let ỳ partie grieued anoint his griefe wel therewith before a good fire: then take Drugs of ſtrong Salt, and vn-wrought Wax, and a few Crummes of Rie bread, & boyle them altogither vntil they be thicke like a plaiſter, and then ſpread it vpon a piece of Red Woollen Cloth that is new, & lay it to ỳ place grieued as hot as poſſiblie it may be ſuffred, and this wil cure him in a ſhort ſpace. CHAP. 436.

¶ A very good Plaiſter for the Gowt, or for any other ach in the ioyntes: with which my L. Rich was cured when moſt Phiſitions and Chirurgions thought him to be vncurable.

TAke ỹj. a ℔j. of vnwrought Wax, ỹj. a ℔j. of Roſin, and an ounce of Libanum, a quarter of a ℔j. of fine Littarge of Gold, & iij. quarters of a ℔j. of whit Leade beaten to powder, and ſearſe it through a Searſar, then take a pint of Neats fæt Oyle and ſet it on ỳ fire in ſome ſmall veſſel, and mix it with ỳ Wax and Roſin, and when it is molten, put al the other powders therein, and then ſtirre it as faſt as euer you can with a ſticke, and then put a little of it into a pewter Sawcer, and if it be hard (being ſo tryed in the Sawcer) then take it from ỳ fire and anoint ſome faire euen board with ſome of the Oyle of Neats fæt, and as ſone as you may abide to handle it for heat, worke it as it were Shoemakers Wax, and ſo make it into great Rowles, and then make plaiſters of it with a Chafing-diſh of Coales, & then ſpread it eyther vpon a peece of linnen cloth, or elſe vpon a peece of Leather, and then lay the plaiſter warme to the place where ỳ paine is, & ſoe renue it euery Morning and Euening vntil the paine be gon, or elſe vntil ỳ Ach be driuen into ſome other ioynt, and then apply your plaiſters againe in like ſort where

the griefe is, and beware of Colde or hot wines, and doubtles this wil help you. ,pb. est. CHAP. 437.

¶ An other good Plaister for the Gowt.

TAke v. or vj. spoonefuls of the iuice of Wormewoode, and as much of the iuice of Smaledg, and a pretty quãtitie of wine vinegar, Salt and Hunny, and mingle them togither with a good quantitie of Rieflower, and stirre them wel togither as fast as you can, and boyle them wel and then make a plaister therof, and spread it on a linnen Cloth, or a péece of Leather, and lay it to the place ẏ is grieued. Likewise, let the Partie grieued vse ẏ Drinke before rehearsed in the 431. Chapter, and the Plaister both at once, and by Gods help it wil cure him. ,pb. est.

Greene Sicknes.

CHAP. 438.

¶ An excelent good & approued Medicine for the greene Sicknes.

TAKE a gallon of new Milke which commeth from the Cow in the Morning, and let it settle for ẏ space of an houre: then take a breast of Veale (of ẏ yongest and fattest that may be gotten) and wash it very cleane, and dry it with a Cloth so dry, that no water may remaine in it: then bruse the same Bones and all, and put it into ẏ Milke: [creame and all as it stoode] then take xiiij. or xv. of the best Dates that may be gotten, and cut them in ẏ middest, and a quarter of an ounce of whole Mace, dj. a li. of Currants, ij. handefuls of Mints, and a good handful of wilde Time, and put them altogither into ẏ Milke with the Veale, and so let it seeth vntill the one halfe of it be consumed, and when it is throughly sodden, it will be like a Jelly, and (it being warme) the partie grieued may drinke it as a broath, and (it being colde) he may eat it as a Jelly: but if the parties stommacke do not serue wel to eat it, then make a tost of Wheaten bread, and soke it in Malmsie, and straw vpon it some

pow-

powder of Mints, and then let the partie grieued eat it, & so let her vse this for the space of vj. or viij. weekes together, or otherwise, as long as shal be thought needeful, (but the Spring time of ỹ yeare is the most fittest for it) and let ỹ patient vse some bodely exercise to prouoke sweat, and this wil help it without al doubt. pb. est.

CHAP. 439.

¶ An other for the same.

TAke iiij. spoonefuls of good Flemmish Madder, and boyle it in a pint of whit Wine with a good peece of fine Suger therein, and let it boyle vntill ỹ one halfe be consumed: then cole it and straine it through a fine linnen Cloth, and let ỹ patient drinke thereof both Morning & Euening for the space of 14. or 15. dayes together, to ỹ quantitie of vj. or viij. spoonefuls at a time, bloud warme, and then walke after it, or else daunce or vse some other exercise, whereby Sweat may be prouoked as aforesaide, and it wil help without all doubt. pb. est.

CHAP. 440.

¶ An other for the same.

TAke a pottle of Red Wine that is both pure & good, (or for want thereof, as much Hullocke) and ij. ounces of Fennel seede, & iij. ounces of Annis seed, and mingle them al together. and boyle them ouer a soft fire vntil the one halfe be consumed, then straine it, and let the Patient drinke thereof first and last, luke warme, and let ỹ patient drinke the quantitie of vj. a pint thereof at a time, if it may be indured. This must be vsed for the space of viij. dayes together, alwaies beginning ỹ. dayes after the Chaunges of euery Mone: and if it be so far gon that ỹ patient cannot recouer perfect health in that space: then let this Medicine be vsed viij. dayes in a Moneth for the space of iij. Moneths together, and in the beginning of euery Moneth as aforesaide, and it helpeth without all doubt. pb. est.

CHAP. 441.

¶ an other for the same.

TAke an Herbe that is called Rosus solus, (it groweth close by ỹ Ground, & it hath somewhat a broade leafe (some do call it the Shéepes rot) and it beareth a yellow flower) & distill a water out of it, and giue it the patient to drinke both Morning and Euening, and let ỹ patient vse this drinke for ỹ space of vj. or viij. dayes together, and let some exercise of Bodylie labour be vsed as aforesaide, and hereby ỹ patient shal be holpen without all doubt.

S. 3. CHAP.

¶ Head-ach or Megrim.

CHAP. 442.

¶ A good Medicine to take away any extreame Ach, or ſwimming in the Heade.

TAKE Roſemarie, Lauender flowers, winter Sauerie, Camamil, Bayes, & Lauender it ſelfe, (both new and olde) Mints & Fennel: ſeeth all thieſe togither in faire Running Water, & put thereto a good handfull of bay Salt: then take the ſame Licquor, hearbes and all, & waſh your Feet therewith, twice euery Morning and Euening for the ſpace of 15. dayes, and in ſo doing, it wil take away any maner of paine in the Heade, although it be neuer ſo extreme or grieuous, This hath bin proued. CHAP. 443.

¶ An excellent good Medicine for any maner of Ach, or paine in the Heade.

TAke a Roſe-cake, and wet it very well in Vinegar, and then put thereto a good quantitie of ỹ powder of Nutmegs, and the powder of Cloues, and then let the ſame be bound very harde to the Temples of the Heade of the partie grieued, & this wil ſpeadely help him. pb. eſt. CHAP. 444.

¶ An other for the ſame.

TAke a good quantitie of fine Aſhes and make Lye thereof, and ſtraine it through a cleane cloth: then take a handful or 4. of Betony, and as much Red Sage, and ſeeth the Lye and them againe altogither, and ſtraine it againe as before, and then let the partie grieued haue his head once waſhed therewith, and ỹ ſecond time that his head is waſhed, put thereto 1/2. a pint of Muſcadine, & the thirde time waſh his head with cleane Muſcadine, and this will help him. pb. eſt. CHAP. 445.

¶ An other for the ſame.

Take

TAke the iuice of Rue (otherwise called hearbe grace) and put it into the Nosethrils of ỳ patient, and it will expell the Fleagme, clense ỳ Braines, and mittigat the paine in the head. ,pb. est.

Also, this Hearbe sodden in whit wine, doth the like.

CHAP. 446.

¶ Another for the same.

TAke a Red Rose Cake and cut it of the length & breadth of your Forehead; then take Rosewater & Vinegar, of ech of them a like quantitie, and steepe ỳ Rosecake in them, & lay it to your forehead as hot as you may possibly suffer it, and it wil help you.

CHAP. 447.

¶ An excellent good Remedie for the Megrim.

TAke fiue leaued Grasse & Morel, [otherwise called Saint Mary hearb] of ech of them a like quantitie, and as much as both ỳ other of Betony: beat all thiese togither in a Morter & straine out the iuice cleane, and then put to ỳ same iuice as much May Butter as the quantitie of ỳ iuice is, & so make an Oyntment thereof, and let ỳ patient anoint his browes therewith when he goeth to bed, & doubtles this wil do him marueious much good.

CHAP. 448.

¶ Another for the same.

TAke Bole armoniack, Sanguis Dragonis, and Terra sigillata, of ech of them a like quantitie, & beat them into fine powder: then (to make a plaister) take a little Flax & lay it vpon a pece of brown paper, and let the paper be as broad as you wil haue your plaister: then take ỳ whit of an Eg and lay vpon the Flax, and straw ỳ powder aforesaid vpon that side of ỳ plaister which shal lie nerest vnto your head, and then folde a pece of paper, or else a linnen Cloath betweene your head and the Medicine, or else it will cleaue to sore to ỳ hayre of your head, vse this often and it wil help you. ,pb. est.

CHAP. 449.

¶ Another for the same.

TAke a pece of Leather vn-allumed as broad as your forehead, and in length, as it were from one of ỳ Temples of your heade to the other: then raise ỳ same Leather, but not through: then take the Oyle of ỳ whit of an Eg, and lay it thereon: then take Sanguis Dragonis and beat it to powder, & scatter ỳ same vpon the Oyle as thin as you may, and then lay it to your fore-heade, and there let it re-

remaine vntil it be ready to fall of it selfe. This hath holpen many.

CHAP. 450.

¶ An other for the same.

TAke the halfe the Gall of a Shæp, and a penny woꝛth of white Coporas, and boyle them togither in stale Ale, and let the patient anoint his his head often therewith, and he shal find great ease by it. pb. est.

CHAP. 451.

¶ an other for the same.

TAke Mugwoort and Sage, of ech of them a good handful, of Camamil & Germaan, of ech of them a good quantitie, and ỹ. penny woꝛth of English Hunny, and boyle al thiese togither vntil they be thicke: then make a plaister thereof, and lay it behind and on both sides of your head, as hot as possibly it may be suffred, and thus vse this foꝛ the space of iij. oꝛ iiij. dayes togither, and it will take ỹ Megrim cleane away. pb. est.

CHAP. 452.

¶ an other for the same.

TAke an ounce of Pepper and v. oꝛ vj. Nutmegs, a quarter of an ounce of Graines, and a quart of Vinegar, & ỹ. handfuls of Rosemarie: boyle all thiese togither betweene ỹ. platters vpon a Chafingdish of Coales, and then put your head ouer it, & holde it close ouer it vntil it be wel boyled, (but if it boyle almost al away it wil be ỹ better) and this wil help you. pb. est.

CHAP. 453.

¶ An excellent good Medicine for the Head-ach or Megrim.

TAke v. oꝛ vj. Nutmegs, and pare and slice them very thin: then make ỹ. little linnen bagges of ỹ length and bꝛedth of your finger, and put in the Nutmegs: then take a good quantitie of pure Red Rose-water, and lay your Bagges in ỹ same Water in a Dish vpon a Chafing-dish of Coales, and make them hot, and then lay them to the Temples of your head, and this wil help you.

CHAP. 454.

¶ An approued Medicine for the Head-ach, & to purge the Rewme

TAke the Whites of ỹ. new laide Egges and beate them very wel togither, & put them into Flax with as much Rosewater as you shal thinke conuenient, and then beate them well againe togither, & spꝛead ỹ same vpon ỹ. linnen Clothes, and then straw thereon, some powder of Nutmegs, (which is grosely beaten: then lay thiese ỹ. plaisters the one of them to ỹ nape of the

Necke

Necke of ỳ patient, and the other to the Temples of his head, and let them be fast bound ỳ they stir not, and then let them so continue until the next Morning, and let him vse this for ỳ space of vj. or vij. dayes togither, and it wil help him. ℞. est.

CHAP. 455.

¶ A very good Medicine for the Head-ach.

TAke Margerum water and holde your Nose ouer it, & then draw your winde hard vnto you, vntil such time as ỳ water hath entred into your Nose diuers times, and then your Heade will cease aking immediatly. CHAP. 456.

¶ An other Medicine for a continuall Head-ach.

TAke a good quantitie of Betony Water, and then take a fine linnen Cloth & double it iij. or iiij times double, and let it be some iij. fingers broad, and wet it very wel in ỳ said Water. and lay it to your fore-head cold, and let ỳ Cloth (it being wet) come round about your Head, and tie it very fast, and when it is dry, wet it very wel againe, and by thus vsing of it iij. or iiij. times, it will help you. CHAP. 457.

¶ A very good Medicine to purge the Heade.

TAke Pellitorie of Spaine, and Chew the Root thereof in your Mouth iij. or v. dayes at seuerall times, & this will take away the paine of ỳ head, and also fasten the Teth in the Gummes. ℞. est. CHAP. 458.

¶ *A* good Medicine for the Winde in the Heade.

TAke a handful of Flowers of Camamil, and vj. a handful of powder of Cinamon, and mingle them togither, and then make iij. little Bags of ỳ breadth of your Eares, and put both ỳ powder & the flowers therein, and binde them close to both your Eares, and this wil speadely help you. ℞. est.

¶ Heart.

Chap. 459.

¶ An excellent good Medicine to open the Pipes of the Heart being ſtopped, and to take away the Fleagme cleane, and alſo to comfort the Heart that is weake.

TAke a good quantitie of Barly, and put it into a gallon of faire Running Water, and ſæth it vntil ẏ one halfe be conſumed: then ſtraine it through a cleane Cloth, and put into it a penyworth of good Licquorice (ſomewhat bruſed) and a handful of Red Sage, & then ſæth them altogither againe, and then put ẏ ſame Licquor into a cloſe Cartgen veſſel, or elſe a glaſſe, and let it ſtand ſo for the ſpace of 24 houres: then let ẏ partie grieued drinke iij. or iiij. ſpoonfuls therof, firſt & laſt, (but in ẏ morning let him faſt an houre after it) and let him vſe this for ẏ ſpace of xiij. or xv. dayes togither, and it wil help him. ꝑb. eſt.

Chap. 460.

¶ A good Medicine for the Paſſion of the Heart.

TAke Red Roſe leaues, Oyle of Mace and powder of Saffron, and mingle them al togither, and quilt them in a little thin ſilke, and draw it ouer with a little thin Cinet, and ſo apply it to the Region of the heart, and it wil do you maruellous much good.

Alſo Muske is pleaſant in ſauor, and it comforteth both ẏ heart and ẏ Braine greatly.

Chap. 461.

¶ An other good Medicine for the Paſſion of the heart, called Tremor Cordis.

TAke powder of Nutmegs, powder of Burrage, Wheaten flower, powder of whit Amber, powder of ẏ Bone in a Stagges heart, and ẏ powder of Cinamon, and mingle them all togither, and let ẏ partie grieued drinke the ſame eyther in wine Ale, or Beere, both morning and euening, and he ſhal finde exceeding great eaſe thereby. ꝑb. eſt.

Thiefs

Thiese things afore mencioned, ought to be porcioned by great and good aduise. CHAP. 462.

¶ An excellent good Remedie for the beating, or tumbling of the Heart.

TAke a pottle of good Clarret wine, and put therein a handfull of Balme, a handfull of Burrage, vj. Trops of Rosemarie, dj. a quarter of an ounce of English Saffron whole, & a quarter of a lj. of fine Suger, and mingle them all togither, & put them into some close vessel to stand for ẏ space of a day or more, before ẏ party grieued do drinke it, and let him vse ta take a good draught of it at a time both first and last, and let him vse it for ẏ space of vj. or vij. dayes togither, or longer if necessitie require it, and it wil help him. pb. est. CHAP. 463.

¶ A very good Medicine for the Heart-burning.

TAke vj. Almondes and xij. Raw Pease, and eat them togither, & certainly you shal not be troubled any more with ẏ Heart-burning, For this hath bin truly proued.

CHAP. 464.

¶ A good Medicine for the swelling of the Heart, and for breaking of fleagme.

TAke a quarter of a pint of Dammaske Rose-water, iij. spoonfulls of pure whit Wine with a few soppes of whit Bread, and a pretty quantitie of swoet Butter and Suger, boyle al thiese togither vpon a Chafing-dish of Coales, & let ẏ partie grieued eat iij. or iiij. spoonefuls thereof at a time after Meat, and this will speadely help him. pb. est. CHAP. 465.

Things good & cōfortable for the heart.

¶ Saffron, Galingal. Cloues, Muske, Burrage, Nutmegs, Red Roses, Violets and Mace, with Mirth and gladnesse of the heart.

CHAP. 466.

¶ Thinges il for the Heart.

¶ Beanes, Pease, Leekes, Oynions Garlicke, Sadnes, Dreade, Anger, ouermuch Trauaile, To drinke colde Water after Trauaile, and to heare euil Tidings, as the losse of friends &c.

¶ Heat. & Drought.

Chap. 467.

¶ A very good Drinke to be vſed for an extreame Heat or Drought.

TAke a pottle of faire Running Water Succory, Endiue, Violet leaues & Burrage, of eth of them a handful vj. a handful of Lettice, vj. Fennel Rootes, & vj. Parſly Rootes, put al theſe togither into ỳ Water, & let them ſeeth vntil ỳ one halfe be conſumed: then take it of, & put a little Suger into it to make it ſweet, & when you haue ſo done, then let it ſeeth ſome iij. or iiij. wallowes more, then take it & ſtrain it through a fine linnen Cloth, & let the patient drinke it at his pleaſure, but let him vſe this for viij. or ix. daies togither & it will be the better.

Chap. 468.

¶ An excellent good remedie for an extreame heate Burning or Drought in any man or womans body.

TAke wilde Poppie, (which groweth amongſt Corne) & hath a Red Flower on it much like a Red Roſe leafe, & it is [called of ſome red Corne Roſe) and diſtill it into a water, & let ỳ patient drinke thereof iij. or iiij. great draughtes & this will quickly abate the heat or burning. Apb. eſt.

Chap. 469.

¶ An approued Medicine for one that is molten within by ouermuch trauaile or labour.

TAke a quart of Claret Wine, and ſeeth therein a good quantitie of Avence and make a poſſet with the ſame Wine, and let ỳ patient drinke iij. or iiij. times thereof warme (bed-ward) and it will help him. Apb. eſt.

Hickop.

CHAP. 470.

A ſingular good Medicine for the Hickop.

TAke Oyle of Lillies and let the patient annoint his body therewith diuers and ſundry times, and this wil help him immediatly. Probatum eſt.

Iaundiſe, Black & Yellow.

CHAP. 471.

¶ A ſinguler good Medicine for the blacke Iaundiſe.

TAke Wheat ſtraw and lay it abroade vppon a faire flore in a cloſe houſe, & put Geeſe into the place where the ſtraw is, and watch when they do doung, & take it vp whole, and with a knife, ſcrap of the whit that is about it, and keep ỳ ſame whit vntil you haue a good quantitie thereof, then dry it in an Oven, and make it into powder and let ỳ patient drinke it in Ale or Beere, both firſt & laſt warme, and it wil cure both ỳ blacke and yellow Iaundiſe.

CHAP. 472.

¶ an other for the ſame.

TAke Shel-Snayles and Roaſt them, or elſe dry them at ỳ fire, or in an Oven, and when they are dry, beat them to powder, and let ỳ patient take a ſpooneful thereof at a time, and let him drinke it in ale, and let him vſe it for the ſpace of xj. or xij. dayes to-

gither both Morning & Euening, and this wil cure the disease perfectly. Ib. est.

CHAP. 473.

¶ An other for the same.

TAke of the Rootes & Leaues of Strawberries, and eat them euery Morning fasting, for ỳ space of xvij. or xviij. dayes togither, and doubtles this will help you. Ib. est.

CHAP. 474.

¶ An other for the same.

TAke the Gall of a Raven, and dryit well, and then grate it into powder, and when you haue so done: take a pretty quantitie of it and temper it eyther with Ale or Beere, and let ỳ Patient drinke thereof euery Morning fasting for ỳ space of vj. or vij. dayes togither, and it wil presently help him. This was truly proued by M. Anthony Cox.

CHAP. 475.

¶ an other for the same

TAke Betony, Mugwoort, and an hearbe that is called Hearbe Ambrose, of ech of them a good handful, vj. a handful of Centorie, and iij. or iiij. Dock Rootes cleane washed and scraped: stamp al thiese very wel togither in a Morter, then take Spikenel, Turmerick, & Galligarie, of ech of them a like quantitie, and stamp them like wise in a Morter, & put ỳ hearbs by thẽselues in a cleane Cloth, & the spices by themselues, and tye them fast in strings and hang them in j. gallon or ỳ. of good ale which is new ready to be tũned, and let it stand for ỳ space of iiij. or v. daies: then drink a good draught thereof euery Morning fasting for the space of vij. or viij. dayes togither, and then fast iij. or iiij houres after it, and also take it last when you go to Bed, and doubtles this wil help you.

CHAP. 476.

¶ an other for the same.

TAke a gallon of good Ale and boyle it and scum it cleane, then take a pint of Hunny, ỳ. handfuls of red Nettles, & a peny worth of English Saffron and put them into ỳ Ale (being cleane scũmed as afore said) and when you thinke that it is well boyled, straine it and let ỳ partie grieued drinke a good draught thereof euery Morn. fasting for ỳ space of viij or ix. dayes togither, and this wil helpe him.

CHAP. 477.

¶ A very good Medicine for the yellow Iaundise.

Take

TAke a handful of Red Nettle Crops, & ſæth them wel in a pinte of Ale, and then ſtraine it through a cleane Cloth, and let ỳ patient drinke it firſt and laſt for ỳ ſpace of iiij. or v. dayes togither, & it wil help him. ꝓb eſt. CHAP. 478.

¶ an other for the ſame.

TAke Earth-wormes and waſh them & ſlice them: then take a little ſcraped Iuory & Engliſh Saffron beaten to powder, & mingle them togither with whit Wine, & let ỳ patient drink a good draught thereof firſt & laſt luke warme, & it wil doe him maruellous much good. CHAP. 479.

¶ An other for the ſame.

TAke Bay Salt, Otes & Cummin, and dry them all & make ij. bags thereof, and as hot as ỳ patient may ſuffer it, lay the one after the other to the Crowne of his head, and ſo let him vſe it often for a good ſpace. CHAP. 480.

¶ an other for the ſame.

TAke hard Spaniſh Sope, and a little ſtale Ale in a Cup, & rub the Sope againſt ỳ Cup bottome (on ỳ in-ſide) vntil ỳ Ale be white: then ſhaue a litle Iuorie into it, & let the patient drinke thereof firſt & laſt vntil he be cured, which (by Gods help) wil be in a ſhort ſpace. CHAP. 481.

¶ An other for the ſame.

TAke leaues of Selandine, & put a good quantitie of them in your ſtockings next your bare fleſh, [both about and vnderneath] & it wil help you. CHAP. 482.

¶ An other for the ſame.

TAke a good handful of Selandine leaues & a quart of whit Wine, & boyle them togither vntil ỳ one halfe be conſumed, (but if it be in Winter: then take ỳ knottes of Selandine) then ſtraine ỳ ſame, and let ỳ patient drinke thereof firſt and laſt warme, and this will help him. ꝓb. eſt. CHAP. 483.

¶ An other for the ſame.

TAke a great Apple & cut of ỳ top thereof, (ſo as it may couer ỳ place againe) & take out ỳ core, and then put into ỳ ſame place ſome ſweet Butter, & a good quantitie of Turmerick, & a good quantitie of Engliſh Saffron & then cloſe it vp againe with the peece that was cut of, and roaſt it very tender, & let ỳ patient eat thereof iij. or iiij. mornings togither faſting, or longer if neceſſitie require it.

CHAP.

Impoſtumes.

Chap. 484.

¶ A Maruellous good Medicine to deſtroy an Impoſtume.

TAke Rootes of Holy-hocks, and waſh them cleane and ſæth them vntil they be tender: then take ỳ water wherein they were ſodden, and put it into a cleane veſſel, and then take as much Lin-ſeede & Fenicreeke (of both, as the quantitie of ỳ Rootes are in waight) and put them into ỳ ſaid Water, and then boyle them togither againe vntil they Rope like Byrd-lime: then ſtamp the Rootes, & put thereto a prętty quantitie of Barly Meale, and temper them all togither, & fry them wel with Bores greaſe, and then apply it to the ſore (plaiſterwiſe) and this wil ſpeadely help it. ,pb. eſt.

Itches and Scabbes.

Chap. 485.

¶ A good Medicine for an Itch or breaking out.

TAke Whay and clarifie it with the leaues of Succory, Burrage, Endiue, Fumitory flowers, & Hoppes, of ech of them an ounce, & one Fennel Roote, & one Succory Root, both bruſed, and an ounce of great Reyſons, and let them be Clarified in ỳ Whay as afore-ſaid, and let ỳ patient drink a good draught therof euery Morning warme, for ỳ ſpace of vj. or vij. dayes togither. Alſo, take a handefull of Seny ſodden (in a pot cloſly ſtopt) from vj. a pinte to a quar-

quarter of a pint, with a few Annis-sedes bruſed: then ſtraine that likewiſe and drinke it faſting, and a little while after let ỹ patient drinke an Aleberrie, or elſe ſome other thin broth.

CHAP. 486.

¶ an other for the ſame.

TAke vj. or vij. of the yelloweſt Dock Roots that may be gotten, and ſcrape them as cleane as you would do Parſneps, and cut them ſmall & ſtamp them wel in a Morter: then ſet them ouer a Chafingdiſh of Coales and put vj. ounces of ſweet Butter therein and let them boyle vntil ỹ Roots be ready to ſtraine, and when they be ſufficiētly boyled, ſtraine them & put into ỹ iuice a ſpoonful of Brimſtone finely beaten to powder, and ſtirre it wel togither, & put it to ſtand in ỹ Cold and then it wil be a pure Salue, and when need requireth let the Body of ỹ patient be anointed therewith before a good fire, and let it ſoke into his ſkin, & in doing thus Morn. & Euening for ỹ ſpace of vj. or vij. dayes togither, it wil take away ỹ itch be it neuer ſo great. Probatum eſt. CHAP. 487.

¶ Another for the ſame.

TAke Red Docke Rootes and waſh them & ſcrape them cleane, and cut them in ſlices & ſtamp them in a Morter: then put therto a good quantitie of Swines greaſe, & a good quantitie of Brimſtone finely beaten, & temper them wel togither, and let ỹ patient be anoynted therewith both Morn. & Euen. and this wil ſpeedily help him. Probatum eſt. CHAP. 488.

¶ an other for the ſame.

TAke Dock Rootes & beat them, & bruiſe them with freſh Butter, and let ỹ patient be anoynted therewith, & in v. or vj. dayes it wil help him. CHAP. 489.

¶ An other for the ſame.

TAke a good quantitie of white *Sope* and ſteepe it wel in Roſewater: then take a little Mercury ſublimed, & let it be diſſolued in a little Roſe-water, then temper ỹ Sope & the Roſe-water togither, & put into it a little Muske or Ciuet, & ſo keepe it vntil occaſion ſerueth for vſe thereof, & this wil kil any maner of Itch.

This is alſo a ſinguler good Medicine to cure any great ſcab or itch without any maner of daunger at all, for it hath bin ſufficiently proued.

Likewiſe the Oyle of Mirh healeth al maner of Scabbes, Itches,

Clyftes, Bibes, Pimples, Pooes, Wornings &c.

CHAP. 490.

¶ Another for the same.

TAke an ounce of Ginger finely beaten to powder, and temper it with a quarter of a li. of fresh Butter, & anoynt your body therewith iij. or v. dayes togither, both Morning & Euening, & it will [illegible] doubt. pb. est. CHAP. 491.

¶ An other good Medicine to kil any extreame itch, and to destroy the Scabbes.

TAke vj. spoonfulls of Barrowes grease, and a penny waight of Quick-siluer, & a handful of bay Salt, & vj. spoonefuls of fasting Spyttle, and bray them all togither, vntill ye Quick-siluer be consumed quite & then let the partie grieued anoynt himselfe wel therewith, & it will help him. pb. est. CHAP. 492.

¶ An other for the same.

TAke the Decoction of Hisop and anoynt the place that is infected therewith, and iiij. or v. dayes it wil cure the itch without doubt, vsing of it often euery day. pb. est.

CHAP. 493.

¶ Another for the same.

TAke Enula Campana Rootes & Bores grease, and stamp them togither, and so let them stande for the space of vj. or vij. dayes, & then take them and fry them wel & straine them, & then put therete an ounce of Mercury sublimatum, & let it be first distroyed with a spooneful of fasting Spittle & a litle Brimstone beaten into fine pouder, and with the same Dyntment let ye partie grieued be anoynted twice or thrice a day before a good fire, and this wil cure him in a [illegible]. CHAP. 494.

¶ An other for the same.

TAke Red Dock Rootes & wash them cleane, and boyle them in faire [illegible], & let them boyle vntil they be soft, and then stamp them and straine them into a pint of Creame, and then seeth them againe togither vntil the same be grown thicke, and then take it of and put it into some close Earthen vessel, and when occasion doth serue for [illegible] of: let the party grieued be anoynted therewith, both Morning and Euening before a good fire, for the space of viij. or ix. dayes togither, and it wil take away all the scabbes, kil the Itch, and cleare the Skin. This hath bin truly proued.

CHAP.

Legges.

CHAP. 495.

¶ A Maruellous good Medicine [to be vsed in manner of a Plaister] for festred Legs which haue bin long sore.

TAKE Plantine ỹ groweth in March, wilde Tansie, great Morrel & Hunny of each of them a like quantitie: then take the white of an Eg and the Milk of a Cow that is al of one colour, and a good quantitie of Barly flower, and thicken them all togither, and let the Herbes be brayed in a Morter, and afterwardes mingled with the rest, and make a plaister thereof, & lay it to the sore, and it wil heale it without al doubt. Prob. est.

CHAP. 496.

¶ Another good Medicine for the swelling of the Legs, comming by Colde, or otherwise.

TAke ỹ. whit Hearrings out of the Pickle, and open them, and take forth all the boues of them, and then lay ỹ insides of the same Hearrings to the soles of your fet when you go to Bed, & so let them remaine al night, and in the Morning apply new ones againe, vse this v. or vj. times and the same wil help you. Prob. est.

CHAP. 467.

¶ Another good Medicine for sore Legs that do ranckle & fester.

TAke Smaledge, Sothernwood, Housleeke, Violet leaues & roots, and Way-broade leaues, of ech of them a good quantitie, & stamp them smal in a Morter, & put thereto a good quantitie of Hunny, and so temper it well with ỹ Herbes, & then straine it through a fine linnen Cloth, & make a plaister therof & lay it to the sore, and so remue it twice euery day, and allwaies before you lay on the Plaister wash the sore well with whit Wine, or else with Oyle of Roses, and

all this ſpace, vſe to put v. or vj. leaues of Sage in your Drinke, & in a ſhort ſpace your Legs wil be hole. This hath holpen ſome y haue bin thought (by ſkilful Phiſitions) to be paſt all cure.

Liuer.

CHAP. 498.

¶ An excellent good Medicine for the heat of the Liuer, and for drynes in the handes, which commeth thereof.

TAKE a good quantitie of Strawberrie Water diſtilled, and ſeth therein a handful or two of Liuerwort, and then ſtraine it and giue it the Patient to drinke with a good quantitie of Sirop of Mints, and this wil both cole the extreame heat of the Liuer, and alſo bring moiſture to the handes againe. This hath bin ſufficiently proued.

CHAP. 499.

✠ an other for the ſame.

TAke Fumitorie, Harts tongue, & Liuerwoort, and boyle them in Whay, and then ſtraine it, and giue it the patient to drinke, and it wil do him much good.

CHAP. 500.

✠ A very good Drinke made of Whay, for to coole the extreame heat of the Liuer and ſtommacke.

TAke Violet leaues, Sinck foile leaues, Succory, Endiue, Scabious, and Fumitorie, of ech of them a good handful, and ſeth them in a pottle of Whay which hath bin boyled, and ſo let it continue boyling vntil the third part be conſumed: then ſtraine it through a fine Cloath, & let the patient drinke a good draught thereof euery Morning & Euening for a certaine ſpace, and this wil help him. Probeſt.

CHAP. 501.

✠ A good Medicine for the ſtopping of the Liuer.

TAke Broath made of Caickins, with thieſe things following in it. (viz.) Mercury & Succory of ech of them vj. a handful, and a few great Reyſins (the ſtones picked out) and boyle them togither, then take a few bitter almondes and blaunch them

them, and beat them, and with the same Licquor, make almonde Milke, and let ỳ patient vse to drinke it every morning fasting, & it will help him.

CHAP. 502.

¶ an other for the same.

TAke Madder Rootes and boyle them in vj. a pint of ale or somewhat more, and let it seth vntil it come to a draught, & let the patient vse it first & last twice or thrice a weeke and this will helpe him.

CHAP. 503.

✠ an other for the same.

TAke the quãtitie of a Beane of Venice Turpentine, & put it into a spoone, & hold it ouer the fire vntil it melt, then put thereto a litle fine suger, & let the patient eat thereof euery day fasting & this will help him. ℞b. est,

CHAP. 504.

✠ an other for the same.

TAke great Capers ỳ be greene, & lay them to soke in Verivice, v. or vj. daies togither & then take them forth & wring the iuice out cleane, & put a prety quantitie of the same in a sawcer, & put thereto a litle syrop of Vineger & let the patient vse to eate thereof a litle before Dinner, & likewise before supper againe, and this will do him much good.

CHAP. 505.

✠ an other Medicine for the heat of the Liuer, and for drynes in the handes.

TAke a good quantity of Strawberrie Water distilled, & seth therein a good quantitie of Liuerwort, & drinke it with Sirop of Mintes, and this wil cole the heate be it neuer so great. ℞b. est.

CHAP. 506.

An other good Medicine for the heate of the Liuer.

TAke Saunders, & strong Vineger and heate them hot, then take a litle Scarlet in graine, & dip it in the same, & lay it to ỳ spone of the breast on the right side & it wil help.

CHAP. 507.

¶ An other for the same.

TAke a good handful of Liuer-wort ỳ groweth vpon stones, and of Fumitory & Harts tongue of eth of them a handful, & boile them wel in clarified Whay, and drinke a good draught thereof at a time, both Morning and Euening & it will help you.

CHAP. 508.

¶ An other for the same.

TAke a good quantitie of Barberies, & ſteepe them one night in clarified Whay & ſtraine it, & let ỹ patient drinke it firſt & laſt & it will eaſe him greatly. CHAP. 509.

¶ A maruelous good Medicine for any maner of diſeaſe in ỹ Liuer.

TAke the Liuer of a Hare (being well dried) & make into fine powder, & drinke it in ale or Wine and it wil do you marueloꝰ much good. ꝓb. eſt. CHAP. 510.

¶ an other for the ſame.

TAke a quart of Strawberries, & a quantity of wilde Tanſie, and a Gallon of new milke from the Cow, & diſtill all theſe togither & let the patient drinke thereof both morning & Euening faſting and let him waſh his fæt often therewith. ꝓb. eſt.

¶ Lunges.

CHAP. 511.

¶ A Maruellous good Medicine to preſerue the Lungs.

TAke the Lunges of a Fox and dry it wel, and beate it to powder, and then put a quarter of a ſpoonful thereof into a little new Almonde Milke, or elſe into ſome other thin Broath made of Veale or Mutton, and let ỹ patient eat it, and this wil preſerue the Lungs wonderfull greatly. ꝓb. eſt.

Meate.

CHAP. 512.

¶ A ſingular good Medicine to cauſe one to haue a good appetite to Meate being neuer ſo Sicke.

Take

TAKE Centorie & boyle it in faire Running Water, and let the sicke person drinke euery day the quantity of xj. or xij. spoonefulls at a time, (luke warme) for ẏ space of iiij. or v. daies togither, and this will prouoke Appetite without all doubt, and it will also purifie the Brest and Sommacke. ꝓb.

CHAP. 513.

¶ an other for the same.

TAke Centorie & boyle it in faire Water & put thereto a litle suger Candie, Licquorice & annis-seedes, and let the sick person drinke it Luke warme euery Morning, iij. spoonefuls at a time, and so vse it for the space of v. or vj. daies togither & this wil help to bring his stomack againe if he be far spent. ꝓb. est.

CHAP. 514.

✠ A very comfortable powder to cause one digest his meat wel &c.

TAke Pellitorie of Spaine, Centorie, Annis-seede, Licquorice, Greines of Paradice, Ginger & Cinamon of ech of them a like quātity, & beat & searse them into a fine powder. & let ẏ patient drinke dj. a spoonefull at a time thereof, in Wine ale or Beere, Morning and Euening for a certaine space, and this wil do him exceeding much good. This hath bin truly proued.

Morphew.

CHAP. 515.

✠ An excellent good Remedie for the Morphew.

TAKE iij. spoonefuls of Elder Water, and let the patient drinke it euery Morning fasting for ẏ space of ix. dayes togither, & let him sweat euery day after ẏ he hath taken it: then take iiij. or v. Oke Apples and steepe them in whit Wine Vinegar, for the space of 24 houres, and then let him wash his body well with the same

Vine-

Vinegar, and doubtles this wil cure him. Probatum est.

CHAP. 516.

¶ An other for the same.

TAke ij. ounces of Sulphuire Viuę, and beat it to powder, & mingle it with a little blacke Sope, (ẏ is of a most stinking smel) and lay it in a linnen Cloth, & hang it in a pint of strong wine Vinegar for ẏ space of ix or x. dayes, & then let ẏ patient wash the place where the Morphew is, and it wil help him, although it be neuer so far spent. CHAP. 517.

¶ An other for the same.

TAke strawbery Water distilled, and drinke it often, and it wil expel the Morphew. This hath bin truly proued.

CHAP. 518.

¶ An other for the same.

TAke the iuice of selandine & mingle it with pouder of Brimstone, and then lay it to ẏ place where the Morphew is, (all colde) and so vse this iiij. or v. times, and it will take the Morphew cleane away. CHAP. 519.

¶ An other Medicine for the Morphew, whether it be white or blacke.

TAke Betony, Harts-tongue, sage, Plantine, Red Fennel, & Water Cressets, of ech of them a handful. ℈j. a handful of the Leaues of Hearbe-bennet, and ℈j. an ounce of Veruoine, and distil them altogither, and let ẏ Patient drinke iij or iiij. spoonefulls thereof euery Morning fasting, and let him walke an houre after it, & this will cure him. CHAP. 520.

¶ An other for the same.

TAke Mustard seede and Salt and stamp them wel togither with Vinegar, and let the place where ẏ Morphew is be anointed wel therewith, and it wil cure it in a short space. Probatum est.

CHAP. 521.

¶ an other for the same.

TAke gréene Coporas, and put it to stéere in faire Running Water, and so let it remaine a Day and a Night, and then straine it through a fine linnen Cloth, & when occasion serueth, anoynt the place often where the Morphew is, and it wil speadely cure it.

Chap.

Mother.

CHAP. 522.

✠ An experienced Medicine for the Mother.

TAKE a good quantitie of Neepe Royal, and stamp it wel, and then take ij. spoonefuls of the saide iuice, and a spooneful of Sallet Oyle, and boyle them togither in a Sawcer, and let ij. partes thereof seeth away, and let no more remaine but onely ẏ quantitie of the Oyle, and let the partie grieued anoynt ẏ place where the Mother doth arise, and it wil ease you wonderful much.

CHAP. 523.

¶ an other for the same.

TAke a pint of ale and set it on the fire and scum it: then take one spooneful of Triacle, and a good quantitie of Mace & Greines, and a little Saffron, and boyle them altogither, and so giue it the party grieued to drinke as hot as possibly it may be taken, & he shal finde great ease immediatly. CHAP. 524.

¶ an other for the same.

TAke Louage and Elisaunders, of ech of them an ounce, Rootes & Leaues of Smalledge j. ounce, and of the Rootes of Buglosse, Burrage, Parsly, Fennel & Succory, of ech of them an ounce, of Maydenhayre, Harts tongue, wilde Time, & wilde Margerum, of ech of them ij. ounces, of Cummin seede, annis seede, Coriander seede, Carraway seede, Smalledge seede, & Dil seede, of ech of them iij. spoonefuls and a good quantitie of Reysons of the Sun, & bray them altogither, and put them to steep in whit Wine, or ale, for ẏ space of 24. houres togither, and then straine them, and let ẏ patient drinke this first and last for a certain space, and this wil cure the infirmity wout al doubt. ꝓb. est. ꝑ I. L.

¶ Palſie.

CHAP. 525.

¶ A moſt ſinguler good Medicine for the Palſie.

TAKE a Fox that is fat, and flea him, and then take forth his intrails, & ſaue al ỹ fat which is about them and then fil vp his Belly againe with this Mixture following, and ſow it vp both faſt & cloſe, & then roaſt him as dry as may be, and let the Dripping pan that he doth drop into, be halfe ful of good Vinegar, & ſaue the ſides from the fire as much as may be.

Take ỹ. handfuls of dry Cowſlip-flowers and of Sage. Lauender Spike, Rue flowers, Daffadill Flowers, Camamill Flowers, Roſemary Flowers, and Garden Time, of ech of them a good handfull, Iuniper Berries, and Angelica of ech of them ỹj. an ounce, Cloues Mace and Ginger of ech of them a quarter of an ounce, and ỹj. or ỹỹ. Nutmegs bruiſe all theſe into a groſe powder, & mix them togither, then take a pinte of Garden Wormes, and chop them very ſmall and mix them well with the ſaid powder, then take as much of the fat as you can get. ỹ groweth about the Leg ỹ Caſtorum is in, (which with diligence may be eaſily found) or if the Fox be leane, then take the fat that is about his guts, & when you thinke he is roſted inough, prick him into the Belly with a Bodkin, ỹ al his greaſe may iſſue forth: then baſte him for the ſpace of an houre, with the Vineger, that is in the ſame dripping, and anoynt the place grieued therwith, both Morning & Euening (before a good fire) for the ſpace of xiiij. or xv. dayes togither, and wrap it eyther with the Skin of a Fox, or elſe with a Lambes Skin, or ſome other Furre, and doubtles this wil cure him. Prob. eſt. p I. B.

Alſo ſome of the Fleſh of a Fox eaten, wil cure the Palſie, if the Patients ſtommacke wil endure it.

CHAP. 526.

¶ An

¶ Another for the ſame.

TAke Red ſage, Sothernwoode, ſpike & Lauender, of ech of them a handful, and boyle them togither in a gallon of faire Running Water, and let it boyle vntil the one halfe be conſumed: then ſtraine it, & put it into a Cruſe or pot, and kæp it cloſe couered, and when you wil vſe it, take iij. or v. ſpoonfuls thereof in a Sawcer, (luke warme) and gargle it to and fro in your Mouth a good ſpace and then ſpit it forth, & ſo in like manner, take ỹ like quantitie againe thereof in a Sawcer as before, and let it be luke warme, and ſo let the patient rub & chafe that part of his Body which is grieued with the Palſie, with a ſponge dipped in the ſame Water, and it wil help him. Prob. eſt.

CHAP 527.

+ an other for the ſame.

TAke Pellitory of Spaine, Pepper & Ivy, of ech of them ſ. ounce and make them into powder: then take ỹ. ounces of powder of ſage, & minge it with the things before rehearſed, & giue it the patient to eat in his pottage, or elſe in ſome other broth and this without doubt wil cure him. Pb. eſt.

CHAP. 528.

¶ an other good Medicine for ỹ Palſie which taketh away ỹ ſpeach.

TAke Sage and dry it betwæne ỹ. warme Tiles, & let it be laide to the Necke of ỹ patient, and to the wriſtes of both his Armes, then let him take a Nutmeg & ſlice it thin, and then put one of the ſlices vnder his Tongue, and ỹ other ouer, and ſo holde ỹ ſame a good ſpace in ỹ ſort, and let him vſe to do this often, & it will do him much good: and let him alſo anoynt his Necke often, eyther with Oyle of ſpike, or Water of Spike.

¶ Another for the ſame.

CHAP. 529.

TAke Sage leaues, & Primeroſe leaues, of ech of them a like quantitie (and if it be in winter, then take Primeroſe Rootes) & beate them both togither & ſtraine them with ale, & giue ỹ patient a good quantitie thereof to drinke at a time & this wil help him. Pb. eſt.

CHAP. 530.

¶ A preſent remedie for Lamenes in the ſide, comming by ỹ Palſie.

TAke Sage & Hiſop, and boyle a good quantitie of them togither in faire running Water & bath ỹ ſide that is grieued well therwith, then take the Herbes & binde them as hot as they may be ſuffred

to the ſore place and this will ſpeadely help it. This hath bin truly proued.

CHAP. 531.

¶ A very good Medicine for one that is taken with the Palſie, though not the ſhaking Palſie.

TAke the bloud of a Fox, as warm as it may be taken from him, & the bloud about the heart is beſt, but all the reſt is good, & with ſome of the ſame bloud Chafe the place ẏ is taken, and then take ẏ ſkin of the Fox, & put the Raw ſide to ẏ place where the Palſie is, & ſo let it remaine for ẏ ſpace of ry houres at the leaſt: & in the meane ſpace til a ffox may be gotten chafe the place wel ẏ is be-nummed, with Oyle Oliffe, & Aquacompoſita mingled wel togither, & doubtleſſe this will cure him in a ſhort ſpace for it hath bin truly proued.

CHAP. 532.

¶ an other for the ſame.

TAke Sage, Speeke & Lauender, & diſtill them togither, and let ẏ patient drink a good draught of ẏ ſame Water euery morning warme, eyther in Ale or Wine: alſo take Sage & Betony, & put them betwæne ẏ. Diſhes vpon a Chaffing-diſh of coales, & ſprinkle them with good Malmeſie, & apply them warm to ẏ Nape of ẏ Neck & to both the wriſtes of ẏ patient, & this wil do him much good.

¶ Pilles & Emerodes.

CHAP. 533.

¶ A ſpeady Remedie for the Piles.

TAke the beards of the heads of vnſet Leekes, and waſh them cleane, & boyle them in a good quantitie of faire Running Water vntil they be tender, thē take them forth & dry them wel in a linnen cloth, & ſtamp them as ſmall as you can: then take a good piece of freſh Butter and boyle them therein vpon a Chafing-diſh of Coales, and put into it a good quantitie of Engliſh Saffron, and when it is well boyled, ſtraine it through a fine Cloth into ſome glaſſe or Earthen veſſel, and keepe it cloſe, & when you will vſe it, make a plaiſter of it

it vpon a piece of Leather, or vpon a fine piece of linnen Cloth, and lay it colde to ỹ place grieued, and it will speadely help you. ℞b. eſt.

CHAP. 534.

¶ An other for the ſame.

TAke Oyle of Indian Nuts & anoynt the place grieued wel therewith, & in twice or thrice doing thus, it wil kil the Piles and Emerodes, and it wil alſo kill the little Wormes which be in the Fundament. ℞b. eſt. ꝑ G. C.

CHAP. 535.

¶ an other for the ſame.

TAke ij. penny worth of Mercury ſublimatum (which is of ỹ colour of Chauke) and ſteep it in Vinegar, for ỹ ſpace of iij or iiij. houres togither: then take a few Coles & ſet vnder a cloſe ſtoole in a Chafing-diſh, and put the powder into it, & burne it, and let the partie grieued ſit ouer it as cloſe as he can, that the ſmoke may not go forth any way, but ỹ it may come to ỹ ſore, and this wil greatly eaſe him.

CHAP. 536.

¶ an other for the ſame.

TAke a good quantitie of Beanes & ſeeth them in faire running Water, and then put them into an Earthen pan, and let the partie grieued ſit ouer the pan (as hot as poſſiblie he may abide it) & this wil help him. ℞b. eſt.

CHAP. 537.

¶ an other for the ſame.

TAke ij. handfuls of Southernwoode and ſtrip ỹ leaues from the ſtalkes: then take new Butter (as it commeth from ỹ Churne vnſalted) and bruſe ỹ herbes and fry them in a frying pan with the aforeſaide Butter vntil they are become tender: then take and ſpread them vpon a fine linnen cloth, & lay them to ỹ ſore place as hot as poſſibly it may be ſuffred, and doubtles this will help him. ℞b. eſt.

CHAP. 538.

¶ an other for the ſame.

TAke a great ſilver Eale, and flea it & drawe it, and let it touch neither Water nor Salt, but cut it in pieces & Roaſt it, (& the firſt dripping being caſt forth) then take ỹ next dripping, & with a fine linnen Cloth being dipped therein (the ſame being hot) bath wel ỹ place grieued twice or thrice a day, & this wil cure ỹ piles, if ỹ they be neuer ſo ſore. ℞b. eſt.

CHAP. 539.

¶ *A* good Medicine to ſtaunch ỹ bleeding of the Piles.

TAke a good quantitie of the iuice of Mulfoyle, & put thereto a pret-

ty quantitie of powder of burnt Garlicke, and let the party grieued drinke thereof, eyther in ale or wine, & the Piles will die in a short space. Pb. est.

CHAP. 540.

¶ an other for the same.

TAke Leaues of Mullet, & Leaues of an Elder Tree, & stamp them very wel, & mingle them with Butter ỳ is vnsalted, and anoynt the place grieued often therewith before a good fire, & this wil cure you. Pb. est.

CHAP. 541.

¶ an other for the same.

TAke blacke Wool and blacke Sope, & binde to the place grieued, and this wil presently help you without all doubt, For this hath bin truly proued.

CHAP. 542.

¶ an other for the same.

TAke Oyle of Roses, Frankensence & Hunny, and make an Dyntment of them, & put it into ỳ Fundament with your Finger, and put a little Mirh thereto, and vse to anoynt ỳ Fundament often wt it, & let ỳ breath assend vp into ỳ Fundament, and this wil cure it.

CHAP. 543.

✠ an other for the same.

TAke Diaculum, & Oyle of Spike, of ech of them a little quantitie, and melt them in a Sawcer, & spreade the same vppon a linnen Cloth, & lay it to ỳ Piles very warme, and within iiij. dayes vsing of it both Morning & Euening, they wil be hole. Pb. est, p. 1. Bel.

CHAP. 544.

¶ An excellent good Remedie for the Emerodes, and to dry vp any sore.

TAke Red worts, & sæth them in a pot of faire Water vntill they be very well sodden, then take a pot, and set it vnder a Chaire that is close, & let the patient sit ouer it, & wrap warme clothes about ỳ chaire ỳ no ayre may issue forth, & so let him sit ouer it, vntil it be cold & let him anoint his members with ỳ same liquor, & this wil spædily help him.

CHAP. 545.

✠ an other for the same.

TAke broad Nemphane leaues, (otherwise called Cane leaues, & they grow in Waters) and wash them cleane & put them in a paper and broyle them in ỳ Embers, and then lay them to ỳ place grieued as hot as they may be suffred, or else make them into pouder, & cast the same into the sore, and it wil help. Pb. est.

Chap.

CHAP. 546.

¶ An other for the same.

TAke a little plate of Leade and rub vpon it a little Bores grease, & (if it be for a Man) but if it be for a Woman, then take Swines grease, and wash it out with whitę Wine, and then anoynt ẏ place grieued therewith, and this wil do excéeding much good. ꝓb. est.

Plague and Pestilence.

§ Certaine Rules & good instructions to be obserued against the Plague &c.

FORASMVCH as the force and infection of the disease called the Plague or Pestilence, hath heretofore bin too wel knowne and felt in diuers and sundry places of this Realme, and for that diuers Citties, Townes, and other places of this Realme, haue bin so grieuously vexed therewith: therefore [according to my simple skil and knowledge therein] I haue thought good to publish and make known vnto you, aswel such Preseruatiues as are good to be vsed, obserued & kept by all sorts of people for the auoyding of the same diseaase, being greatly infectious, & easily taken diuers & sundry waies: as also for the better preseruation of those that are in health, from the infection of the disease, and to cure and order those that are any way infected or grieued with the same: and therefore thiese things following, ought chiefly to regarded, and fully obserued. (viz.)

1 To kéep your Houses, Yardes, Backesides, Stréetes, & Chenels, cleane from al standing puddles, Dunghils, & corrupt moystures which ingender stinking & filthy sauours that be noysome, or bréede infection.

2 To suffer no Dogs nor Cats to come into your houses, nor to kéep any your selues (except you dwel in some open place of Ayre)

for

for that they be very dangerous, & most apt (of any kinde of thing) to take infection of sickness, and to bring it home to their Maisters house: by reason ỳ they run from place to place, & from one house to an other, continualy feading vpon ỳ vncleanest thinges that are cast forthinto the stretes.

3 To ayre your Romes (seuerally) with Charcole fires, made in stone pans, or Chasing-dishes, and not in Chimneyes: but as you can set your pans in ỳ mid'st of ỳ Romes, and be sure to ayre euery Rome twice a Weeke at the least, and put into your fire a little Frankensence, Iuniper dryed, Rosemarie, or Bay leaues.

4 To wash your lynnen often, & to ayre your Woollen in ỳ Sun or ouer pans of fire, or ouer a chasing-dish of Coales, and to fume the same eyther with Frankensence, dryed Rosemarie, Iuniper and Bayes.

5 To smell to the roote of Enula Campana steeped in white wine Vinegar and wrapped in a hankercher, or else to Hearb grace & Wormwood steeped in vineg ar, & caried either in the Rind of a Lemon, or in some thing (made for the purpose) close stopt, also pouder of Enula Campana rootes drunke or hanged about your necks is good. To tast or chew in your mouth either ỳ roote of Angelica, Setwal Gentian, Valerian, or Cinamon, & to vse euery morning fasting to eat Sorrel steeped in vinegar with a little bread and butter, or if vinegar be scarse, then w̄ Sorrell sauce. Also to eate a kernell of a Wallnut mixt w̄ 5. or 6. leaues of Hearb Grace, and a corne or two of salt, put all together into a fig warmed, and eaten fasting thrice or thrice a weke and to fast 3 houres after it.

7 To comfort ỳ stomacke often with an Albery made of Cloues Mace, Nutmegs, Saunders, Genny graines and such like.

8 To drink Rue, wormwod & Scabious steep't in ale a whole night in the morning fasting. Also to take the rootes of Enula Campana, beaten together and drinke fasting: or to drinke the powder of Turuentill in Sorrell or Scabious water fasting: or else to take the water of Cardus Benedictus, or Angellica mixt with Methridatum: also Bay berries husht before they be dry beaten to powder, & drunke either in stale Beere or Ale, or in Wine, and to sweat vpon it & to forbeare slepe.

9 To procure sweat, being in your naked bed, by drinking of Posset Ale sodden with Sorrell and Burrage mixt with Tryacle: but

if

if any feel themſelues infected let them take Angellica water mixt with Methridatum, and drinke it off, & ſweat in bed vpon it.

10 To preſerue your ſelues by correcting the air in your houſes, it is neceſſarie that you take Roſemarie, drie Iuniper, Bay leaues or Frankenſcence, and caſt the ſame vpon a Chafingdiſh of coales, and receiue the ſmok or fume therof into your head, if you haue it, you may put a litle Lauender or Sage that is dried into ý fire with ý reſt and it will do it much good.

11 Laſtly if ý patient be coſtiue, & hard bound in his Belly, then let him take a Suppoſitarie made with a little boyled Hunny, and a little fine pouder of Salt, and ſo take it in at the Fundament.

¶ Preſeruatiues (Corporal) againſt the Plague & Peſtilence.

Chap. 547.

¶ A moſt ſinguler good Preſeruatiue to be taken againſt all manner of bad, and Corrupt Ayres, in Places infected.

TAKE a handful of Sage & ſeeth it in a gallon of faire Running Water, and let it ſeeth vntil ý on halfe be conſumed, then couer it cloſe, and ſet it ouer ý fire againe, & put into it a good quãtitie of Huny, & as much Triacle, and then ſet it cleare, & put it into a glaſſe, & ſtop it cloſe, & when you will vſe it, drinke v. or vj. ſpoonefuls of it faſting, & it will preſerue you from taking of any euil Ayres all ý day after, whereſoeuer you go.

Chap. 548.

¶ an other good Preſeruatiue to be vſed againſt ý Plague when you go into any open ayre, or elſe where common aſſemblies are.

TAke a Spunge & dip it in Vinegar & Roſewater mingled, or elſe in Vinegar wherein Wormwoode or Rue hath bin boyled, and vſe to ſmel often thereto. Chap. 549.

¶ A ſpecial good Preſeruatiue againſt the Plague.

TAke a quarter of an ounce of great Valerian, a handful of Sorel, and an ounce of ỹ Rootes of Butter-burre, & boyle them in faire Water from a quart to a pint, and let ỹ Patient drinke it as hot as he may, & then ſweat vpon it. CHAP. 550.

¶ an other for the ſame purpoſe.

TAke an Eg & make a hole in ỹ top of it, then take out both the Yolke & whit, & fil the ſhel with ỹ waight of ỹ. french Crowns of Engliſh Saffron, & then Roaſt ỹ ſhel and Saffron togither in the Embers of Char-coles, vntil the ſhell war yellow then beate them togither in a morter with halfe a ſpoonful of Muſtard ſeede, & aſſoon as any ſuſpition is had of infection, diſſolue the waight of a French crowne in ten ſpoonefuls of Poſſet Ale, & drinke it lake warme and ſweat vpon it in naked bed. CHAP. 551.

¶ An other for the ſame.

TAke a handful of Hearb-grace, (otherwiſe called Rue) a handfull of Elder leaues, a handfull of Red Sage, & a handful Red bramble leaues & ſtamp them wel togither & ſtraine thē through a fine cloth, with a quart of whit Wine, then take a good quantity of Caſe ginger, & mingle it with them & drink a good draught thereof both morning and Euening, for ỹ ſpace of ix. daies togither & by Gods grace it wil preſerue you. CHAP. 552.

¶ An other for the ſame.

TAke a good quantitie of Garlicke, & pil it & mince it ſmall, & put it in new Milke & eat it euery Morning faſting.

CHAP. 553.

¶ An other for the ſame.

TAke ỹ. Figgs ỹ. Walnuts, xx. Leaues of Rue & a dram of Salt and ſtamp them all very wel togither, & eat them faſting, & it will preſerue you al ỹ day after, as wel againſt ỹ plague, as alſo againſt any other poiſon. CHAP. 554.

¶ An other for the ſame.

TAke Aloes Hepatike, pure Cinamon & Mirh, of ech of them three drams, of Cloues Mace wood of Aloes, (cōmonly called Lignum Aloes) Maſtick & Bole Armoniacke, of ech of them an ounce, mix them togither & make them into a fine pouder, & drink ỹ ſame faſting euery Morning eyther in whit Wine, or elſe with Ale, (but if it be with Wine mingle it wt a little water, but mingle nothing with the Ale, & by Gods help this wil preſerue you.

Chap.

CHAP. 555.

¶ An other for the same.

TAke Butter-milke and eat therof euery day during ẏ time of sicknesse & it wil do you much good. CHAP. 556.

¶ An other for the same.

TAke v. spoonefuls of Wine Vinegar, iij. spoonfuls of faire Running Water, dj. a spooneful of Triakle, of Iene, & of Bole Armoniacke, as much as a smal Nut, (it being beaten to smal powder) and drinke it euery Morning & Euening, proued by M.K.A.

CHAP. 557

✠ an other for the same.

TAke vij or viij. leaues of Sorrel & wash them in faire Water & Vineger, & steepe them in ẏ said water & Vinegar a good while and eate them fasting. CHAP. 558.

¶ an other for the same.

TAke the finest Aloes ẏ may be gotten, and of Cinamon & Mirh, of ech of them ẏ waight of iij. french Crownes (or ẏ waight of xxij. d. in siluer) & of Lignum aloes, Cloues, Maces, Masticke & Bole Oriental, of ech of them dj. an ounce, mingle them togither, & beat them into fine pouder: then take the waight of iiij. d. thereof, and delay it in whit Wine & faire Water and so drink it euery morning fasting. CHAP. 559.

¶ An excellent good Drinke to be taken euery Morning for a Preseruatiue against the Plague &c.

Take a good handful of winter Sauery, & boyle it in a quart of good wine Vinegar, wͤ a spooneful of Greines (being beaten & put into it) & put therto a good quãtitie of fine Suger & so take a good draught thereof euery morning fasting. Also if you must of necessitie come into any place where any infectious persons are, then it is good for you to smel to ẏ Root of Angelica, Gentian or Valerian, & to chewe any of these in your Mouth, & you shal finde much vertue in them. ꝓb. est; CHAP. 560.

¶ A maruellous good Medicine for the Plague.

TAke iij. or iiij. slips of Hearb grace, & vj. spoonefuls of Vinegar, & beat them both togither in a Morter, then straine out ẏ iuice of it cleane, & put thereto an ounce of pure Triacle, & an ounce of fine Suger, and set it on the fire, & stirre it wel togither, & make thereof a Sirop, and then put it into a close Box, and when you wil vse it,

take a Sage leafe and spread as much as a Beane of ỹ same vpon ỹ leafe, and so eat it euery Morning and Euening, and it will do you much good. Also if any one be infected, & vse this often, it will quite expel the plague from his heart: but if he be not infected, it will preserue him wᵗ in the space of 24. houres after the receipt thereof.

CHAP. 561.

¶ Another for the same.

TAke euery Morning fasting, a dry Fig, a Walnut, and fiue or vi. leaues of Hearb grace, and chop them altogether verie small and eat them, and afterward drinke a good draught of White or Claret Wine. But if it be a woman wᵗ child leaue out the Hearb Grace.

CHAP. 562.

¶ Another for the same.

TAke a pinte of Hony, a quarter of a lb. of Bole Armoniacke & as much Sanguis Dragonis, and as much of Terra Sigillata, halfe an oz. of Cloues, & a pint of Aquauita, & seeth them all together, vntill they be all as thicke as pap, when you will vse it, take ỹ quantity of a spoonfull thereof first & last, but take heed ỹ you do neither walke nor drinke for the space of an houre after the taking therof and this will do you meruelous much good. CHAP. 563.

¶ A good preseruetiue for a woman with child, or such as are delicat or tender, that cannot away with taking of medicines.

TAke a tosse of White or Wheaten Bread, and sprinkle thereon when ỹ tosse is hot, a little White Wine Vinegar, or else Vinegar made with Rose leaues, and spread it on with a little new Butter, & straw thereon a little pouder of Cinamon, & eate it in the morning fasting. But if Cinamon or Vinegar be not to be had: then you may eate Bread and Buter alone: for Butter is not onely a preseruatiue against the plague but also against all other venome and poisons.

CHAP. 564.

¶ An excellent good medicine to be drunke suspecting your selfe to be infected.

TAke a great Onion & take forth the Core, then fill it full againe with Traicle of Ien, and wrap the same in a peece of paper, and rost it vntill it be soft, and then straine it with a little White Wine Vinegar, and temper it with a prettie quantity of Suger, and giue ỹ patient vj. spoonfuls therof to drinke fasting, and if he be infected wᵗ the plague it will be perceiued within vj. houres after ỹ receipt of

the

the ſame drinke. CHAP. 565.

¶ An other for the ſame.

TAke an Oynion and make a hole into it, and take out the inner Core (as afore ſaid) then take Dragon water, Traicle and Pepper (bruiſed) and put them all together into the Onion, & roſt the in the imbers, and then bruiſe it, and ſtraine it with pure Malmeſy, & giue it the patient to drinke. This is a preſent remedie if it be taken before the heart be infected. pb. eſt. CHAP. 566.

¶ A good medicine to prouoke ſleepe to the ſicke perſon.

TAke a good quantity of Womans breaſt milke & put thereto a like quantity of aquauitæ, ſtir them well togither & moiſten the temples of the head of the patient, and the nole thils wel ther with & let it be laide on with ſome feather or with ſome fine linnen cloth, and this will do much good. pb. eſt. CHAP. 567.

¶ A maruelous good drinke for them that are infected with the plague.

TAke vj. handfulles of Sorrell, a handfull of Violet leaues and a bunch of ſower Grapes, and beat them all together (ſtalks and all) then ſtraine them with Buttermilke, and make a poſſet of ỹ ſame and let the ſicke perſon drinke as much thereof as he ſhall thinke good. CHAP. 568.

¶ An other good drinke for the ſame purpoſe.

TAke Leafe Gold and mingle it with the iuice of Lemmons, and a little Sugar candie, Cloues, Mace, and a little Cinamon, and a little quantity of Liquorice finely pared and ſliced, and let all theſe be ſteped in White wine, or elſe in good Claret wine, and put therein a good quantity of the powder of Angellica, or elſe of the Decoction of the ſame rote, and let the partie grieued drinke this warme, and it will do him maruelous much good. pb. eſt. CHAP. 569.

¶ An other excellent good drinke for the ſicke perſon.

TAke Cardus Benedictus, Red Sage, Hearb Grace, Elder leaues, & red Bramble leaues, of each of them a like quantity, and ſtampe them all together in a morter, & ſtraine them through a fine linen cloth, with a quart of White wine, and let the ſicke perſon drinke v. or vj. ſpoonfuls euery day, but if it be taken before infection it will preſerue one from the plague a long ſpace after. pb eſt.

CHAP. 570

¶ A ſouereigne drinke for any infected perſon.

TAke a peece of fine Gold or the leaues of pure beaten Gold and put it into the iuice of Lemons, & let it lie ther in for the ſpace of 24. houers, then take the ſame iuice and put to it a little pouder of Angellica rootes, and then mingle them with White Wine, & let the patient if he be neuer ſo ſicke drinke a good draught thereof. This is a moſt precious drinke, & it is greatly to be wondered at, what help & remedie ſome ỹ haue vſed this drinke haue had therby, although it was ſuppoſed by many learned Phiſitions ỹ the ſicke perſons were paſt all hope of remedie: yet by Gods help they haue recouered againe. CHAP. 571

¶ An other good drinke to be taken eyther before or after infection.

TAke Betony water, & Scabious Water, of ech of them a good quantitie, & a prety quantitie of fine Triackle, & temper them wel togither & let ỹ patient drinke it, and it wil expell ỹ Venome or poyſon cleane forth. Apb. eſt. CHAP. 572.

¶ An other good drinke for one infected.

TAke Cardus benedictus, & diſtil it, & Centorie, & diſtil it likewiſe, & mingle theſe ij. waters togither, & let the ſick perſon drinke a good draught thereof wᵗ Triackle, & it wil do him maruellous much good. CHAP. 573.

¶ an excellent good drinke for the Plague if it be taken in time.

TAke a dram of Methridatum, & giue it ỹ patient wᵗ Dragon Water, whit Wine, or other liquor, to drinke when he ſuppoſeth himſelfe infected firſt. CHAP. 574.

¶ an excellent good Medicine to Ripen & bring forth the ſore.

TAke a white Oynion & cut it in pieces, & iij. ounces of Butter ỹ is cleane wᵒᵘt ſalt, & the waight of xx. vj. of Garlicke cleane picked and ỹ quantity of an Eg of Leauen, & a little Otemeale ſmal beaten, then boyle theſe togither with a litle new Milke, or elſe faire water, & make a poultiſſe thereof & lay it very warme to ỹ ſore, and it wil ripen it. Apb. eſt, CHAP. 575.

✠ an other for the ſame.

YF the botch happen to appeare, then take a good quantity of Elder leaues, Red Bramble leaues, & Muſtard ſeede & ſtamp thē wel togither & make a plaiſter thereof & apply it to ỹ ſore, & it wil draw forth al ỹ Venome & corruption. CHAP. 576.

¶ an other for the ſame.

TAke a handful of Smalledge, or Louage, if you can get it, and two hand-

handfuls of Valerian, & ij. or iij. Rootes of Dane-wort, & ſeeth them al in faire running Water, & freſh Butter, & put thereto a few crums of wheaten Bread, & make a poulteſſe thereof & lay it warme to the ſore, and ſo let it remaine there vntill it breake.

CHAP. 577

✠ an other for the ſame.

TAke a new loafe of Bread, and lay it to ỳ ſore as hot as it may poſſiblie be ſuffered, (as it cometh forth of ỳ Oven) and afterwardes let it be burnt, (or elſe dryed in the Earth) or elſe take Leaues of Scabious. or Sorrell roſted, or elſe ij. or iij. Lilly Rootes, roſted vnder ỳ Embers & applyed to ỳ ſore al theſe are good to ripen the ſore. CHAP. 578.

¶ a very good plaiſter to draw ỳ Plague ſore to a head, to breake it.

TAke ỳ handfuls of Mallowes, one handful of Linſeed a handful Sowre Dewe, & ij. or iij Lilly Rootes, & ſtamp al theſe togither very ſmal, & boyle thē in a quart of wine Lies, vntill it be thick then take it & lay it an inch thicke or more vpon a peece of Leather, ỳ is ſomewhat broader then ỳ ſore, & let ỳ borders of the Leather be plaiſtered with ſhoemakers wax, and ỳ wil cauſe it to cleaue faſt & this wil both bring forth ỳ botch and breake it in a very ſhort ſpace. This hath bin truly proued. CHAP. 579.

¶ An other plaiſter to draw the ſore.

TAke a ſpooneful of Hunny, ij. or iij ſpooneſuls of ỳ iuice of Spurge, a ſpooneful of Turpentine, & a good quantitie of wheaten Flower, & temper them well togither without any fire & make thereof a plaiſter and lay it to ỳ ſore, at ỳ end of euery iij. houres renew ỳ plaiſter & this wil draw it wonderful much. CHAP 580.

¶ an other for the ſame.

TAke ij. handfuls of Scabious, & ſtamp it in a Morter and then temper it wel with ij. ounces of Swines greaſe ỳ is ſalted, and ỳ Yolke of an Egge, then ſtamp them altogither, and lay ſome parte of this warme to ỳ ſore and it will draw it exceeding well.

CHAP. 581.

A good Medicine to be taken againſt the Plague ſore.

TAke Betony Water, & white Wine Vinegar, of ech of thē iij ſpoonſuls & the quantitie of a Nutmeg of Triakle of Venice, or elſe ỳ quantitie of a ſmal Nut of Methridatum, & mingle them togither, & let ỳ ſick perſon take it in ỳ beginning of his ſickneſs, & this wil help him.

Pur-

¶ Purgations.

Chap. 582.

§ ¶ An excellent good Prepararine to be taken before that the Stommacke be purged.

TAke iij ounces of Sienie, iij. ounces of Polipody of the Oke (otherwise called Oke-fearne) & iij. ounces of Annis-seedes, and seeth them all togither in a quart of faire Running Water, and let them boyle vntil the one halfe be consumed, and then straine it through a fine cloth and put a little suger therein to make it sweete and pleasant, and so giue it to the patient. Chap. 583.

¶ Another good and easie Purgation.

TAke a pint of White Wine, and an oz. of Seiny, a good handfull of Reisons of ye sunne (the stones picked out) & halfe a spoonful of annisseeds, & then steepe these in ye white wine for the space of a night and then straine it well, and let the patient take a good draught thereof in the morning fasting luke warme, & if you thinke good you may put in it iij oz iij. rotes of Polipody of the oke (otherwise called Oake fearne) and it will be the better, and let the patient take heed that he do not catch cold vpon it. Chap. 584.

¶ another for the same.

TAke ij. lb. of Figs and put them into a gallon of strong woort (made of Barley mault) and put thereto ij. oz. of pure Liquorice beaten to ponder and an oz. of fine Suger, and when ye Figs are well boyled bray them small in a morter and them through a strayner, and then boyle the liquor againe, and put to it a pint of ye oyle Oliue that may be gotten, and an oz. of Reisons or currants, & let the patient eat this with light bread made of wheat & it will doe him meruellous much good. Chap. 585.

¶ another for the same.

TAke the waight of xx. d. of Seny, Ginger the weight of iiij. d. and annis-seeds the weight of viij. d. and beat them all to powder, & then

then put them into a pint of white wine and set it to stepe betweene two pewter dishes for the space of v. or vj. houres, and then seeth it vntill the one halfe be consumed and then straine it, and giue it the patient at night bedward, and it will cause him purge the next morning exceeding well.

CHAP. 586.

¶ an other for the same.

TAke xx. Reisons of the sunne (the stones picked out) and ij. or iij. rootes of polipodie cleane washed scraped & cut in peeces. ij. oz. of Rubarbe, ij. spoonfuls of of Seny, & ij. spoonefuls of Annis seed, and bruise them altogither & put them into a pot close stopped, and put to them a pint of whit Wine, & let them soke therein for the space of one Night, & then take it all forth togither, and seeth it vntill it be consumed to a quarter of a pint, & then straine it & drinke it in the morning fasting, and this will cause him to purge very well wout any daunger at all to the body.

¶ Small Pox.

CHAP 587.

¶ An experienced Medicine for the small Pox.

TAke the milke of a red Cow, and make a posset of Ale therewith, & scum the Curde of it cleane, then take ỹ quantity of a sponeful of red Fennel, & seeth in ỹ posset ale, and straine it, and then put to it the quantity of a Nutmeg, of fine Triackle, and a little Setwal, & a prety quantitie of English Saffron, & mingle them well togither, & so giue it ỹ patient warme, & this will bring them forth immediately.

CHAP. 588.

¶ another Medicine to driue out the small Pox.

TAke Milke Saffron, and English Hunny, & seeth them togither, & giue it the patient and let him be kept warme, & this will bring forth the pox in a short space. CHAP. 589.

¶ A very good Medicine to be vsed for the small Pox.

TAke Dragon Water, white Wine and Methridatum, or Triakle of Iene, of ech of them a prety quãtitie, & put some Vnicornes horne

therein, and seeth them togither, & giue the same to ỹ patient, & let him be kept warme, and this wil help him. ℞. est.

Ringwormes or Tetters.

CHAP. 590.

¶ A good medicine to kill any Ringworme or Tetter, or any other manner of Itch whatsoeuer.

TAKE a good quantitie of pure Sallet Oyle and Salte, and temper them very well togither, and then make them luke warme on the fire, and let the Patient anoynt the places where the sores are, very wel therewith, and in iiij. or v. times dressing it will help him without doubt. ℞. est. CHAP. 591.

¶ An other good medicine to destroy a Ringworme.

TAke a red docke roote, & pare it very cleane, and lay it in Vinegar to steepe, & when you thinke it is well steped rub ỹ Ringworme well therewith, but if it be very ranke, thē take brimstone beaten to powder and lay it in vinegar to soke a while, then temper and beat them well together, & then rub the Ringworme well therewith, and it will presently destroy it. ℞. est.

CHAP. 592.

¶ an other for the same.

TAke an oz. of verdigrease & oz. of wine vinegar and grinde them together in a morter, and put thereto iij. oz. of Hony, and seeth them all vpon ỹ fire vntil they be growne as thicke as hony it selfe, and so lay it to the Ringworme and it will destroy it immediately.

CHAP. 593.

¶ another for the same.

TAke earth wormes, and wash and slice them, & take out all that is within them, and then dry them either in an Ouen or else vpon a hote tile stone, and then make a powder thereof, and put it into ỹ. or iij. spoonfulls of the best white wine vinegar that may be gotten, and temper them well together, and let the partie grieued wash the soare place therewith, both morning and euening for the space of iij. or iiij. dayes together, and he shall be hole without all doubt. ℞. est.

CHAP.

Teeth, and Tooth-ach.

Chap. 594.

An excellent good Mediaine for the Tooth-ach.

TAke Ivy, Speare-Mint, and white Salt, of eth of them a handful and ſtamp them well togither and then put them into a pinte of Vinegar, and ſæth them wel ouer the fire, & then ſtrain them ſame and put it into a cloſe glaſſe, or ſtone pot, & when you wil vſe it, take a ſpoonful thereof, and put it into ỳ ſide of the Mouth where the paine is, & hold downe your cheeke that it may deſcend to the rootes of ỳ Aking Teeth, & it will take away both the ach and paine preſently. This hath bin truly proued. Chap. 595.

¶ an other for the ſame.

TAke a peece of the Roote of Crow-ſcote, & put it into the hollow Toth (if any be) or elſe apply it often to the Toth that Aketh & it will preſently eaſe it, and take away the paine. This hath bin truly proued. Chap. 596.

¶ An other for the ſame.

TAke Hiſop, and make a Decoction thereof, with Vineger, and make it hot, & waſh your Mouth often therewith, and the paine will ceaſe immediately. pb. eſt. Chap. 597.

¶ an other for the ſame.

TAke a good quantitie of the Rootes of Henbane, & ſæth it in white Wine Vineger, or Roſewater, and put the Decoction thereof in your Mouth and it wil help you. Chap. 598.

¶ A ſingular good Medicine to eaſe ỳ raging paine of the Teeth.

TAke a little Balme, and Baſſil, & rub them both togither in the palme of your hand, vntil they do come to a iuice, and put it into your Eare, on the ſame ſide that the paine is on, and this wil aſſwage the paine immediately. This hath holpen many.

Chap. 599.

+ an other for the ſame.

TAke powder of red Curral, and put it into the holes of the Teeth that do Ake, and it will cauſe them to fall out ſhortly after. pb. eſt.

Wartes.

¶ Wartes.

CHAP. 600.

¶ A good Medicine to take away warts in any place whereſoeuer.

TAKE a good quantitie of arſenicke, and put to it a Cloue of Girlicke, and beate them both togither in a Mortar & then lay the ſame moiſt vpon ỹ Wart (but let it touch no place elſe as neere as you can) & it will perish ỹ Wart & take it away in one Night: but if ỹ Wart be vpon ỹ face, then take a Beane leafe and couer your eyes therewith, ỹ no part of ỹ Medicin come into them, and if there be no Beane leaues to be had: then take a little peece of whit Leather and couer them.

CHAP. 601.

¶ an other for the ſame.

TAke the Heart or Pith of a Red Colewoorte, and ſtamp it well, and temper it wᵗ a little Hunny and Rub ỹ Wart oftentimes wel therewith, and it wil take it away.

CHAP. 602.

¶ An other for the ſame.

TAke the fat or iuice of a black Snaile, and anoynt the Wart wel often times therewᵗ, and it wil take it cleane away. ꝓb. eſt.

¶ Wormes.

CHAP. 603.

¶ A good Medicine to kil al maner of worms in Mans Body.

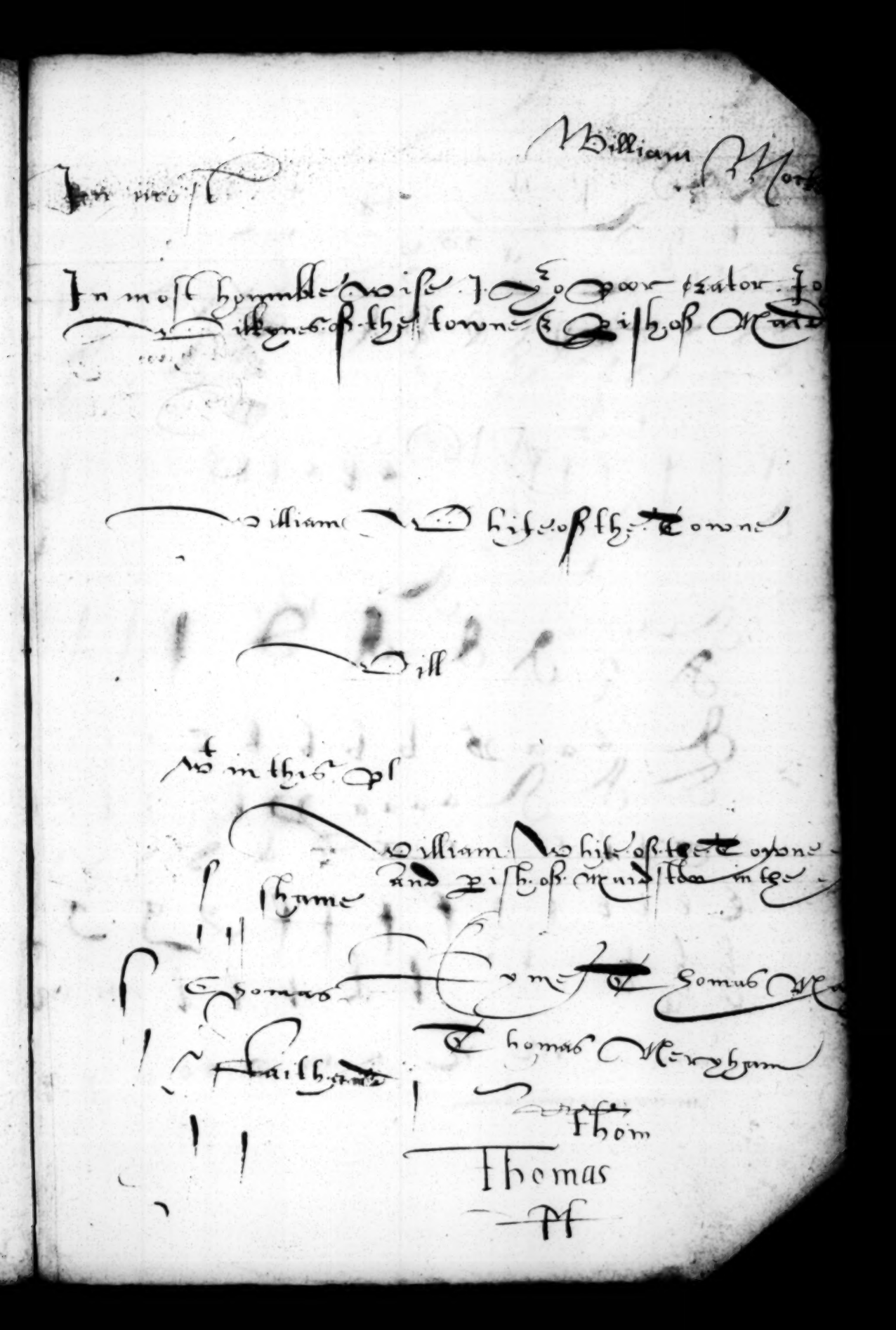
TAke Plantine leaues & roots & Grouncel, of ech of them a like quantitie, ſtamp and ſtraine them wᵗ a pint of good Malmeſie, and warme it, and giue it ỹ patient to drinke, for ỹ ſpace of iij dayes togither, and it wil ſlea both ỹ wormes in the Mawe, or elſe where. ꝓb. eſt.

CHAP. 604.

✝ an other for the ſame.

TAke ℥j. a pint of Malmſie, and put thereto a pretty quantitie of VVorme-ſeede, and giue it the Childe, or other perſon grieued to drinke, and it wil vtterly expel them. ꝓb. eſt.

FINIS.



[illegible]

[illegible]

[illegible]

[illegible]

[illegible]

[illegible]

[illegible]

[illegible]

[illegible]

[illegible]

[illegible]

[illegible]

[illegible]

[illegible]

[illegible]

[illegible]

[illegible]

[illegible]

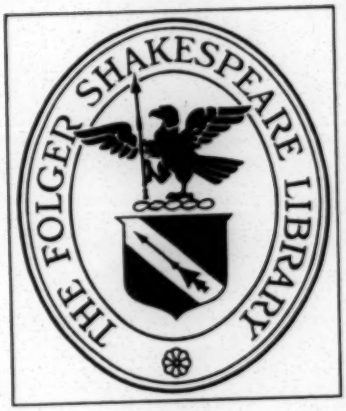
[illegible]

[illegible]

F202877

STC
23606.8

V5 Case [illegible]

THE FOLGER SHAKESPEARE LIBRARY

MHT/1-